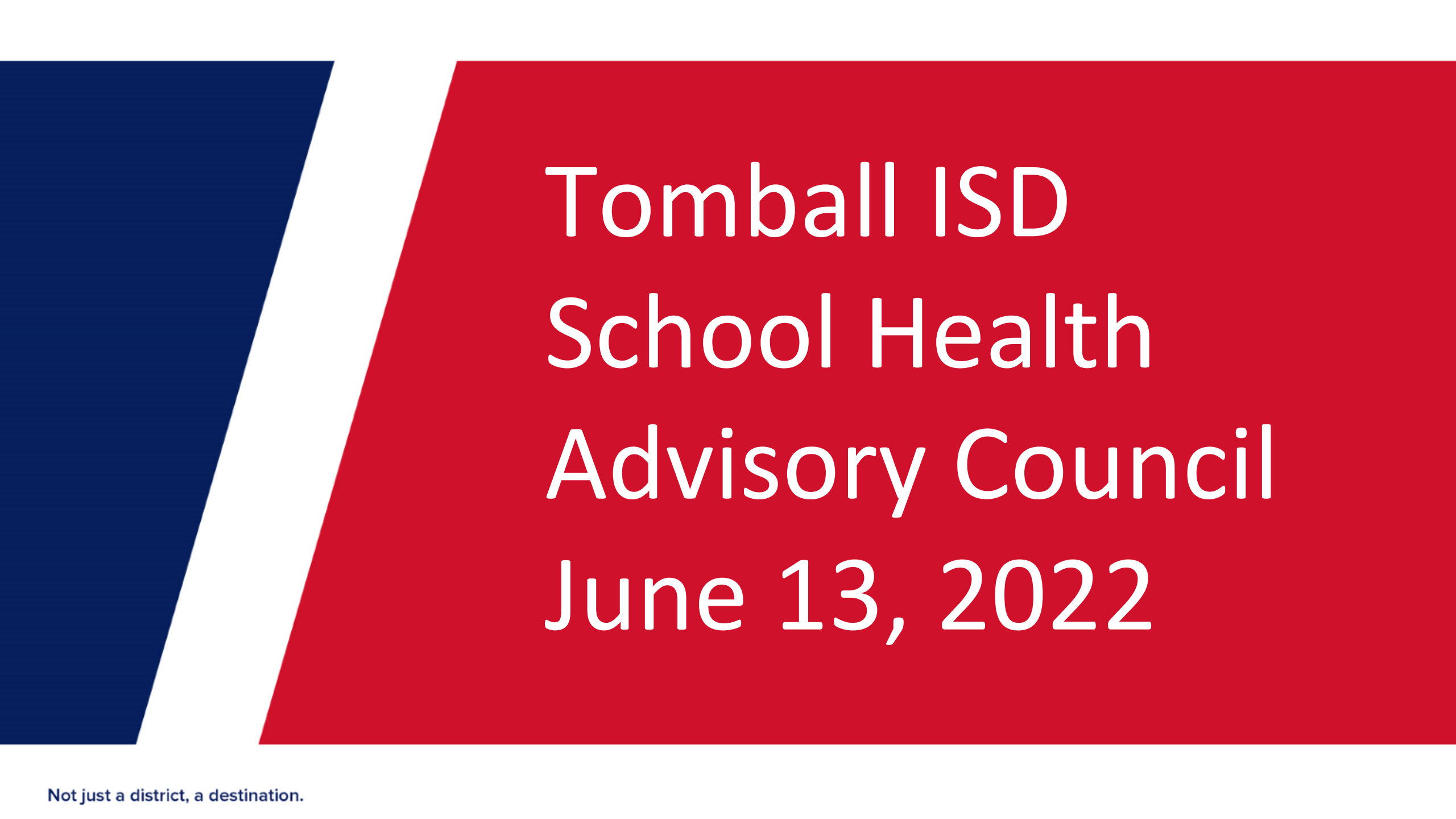




TOMBALL

INDEPENDENT SCHOOL DISTRICT



Tomball ISD
School Health
Advisory Council
June 13, 2022

Meeting Dates



October 12, 2021	3:30 P.M. – 4:30 P.M.
December 14, 2021	3:30 P.M. – 4:30 P.M.
February 8, 2022	3:30 P.M. – 4:30 P.M.
April 12, 2022	3:30 P.M. – 4:30 P.M.
May 10, 2022	3:30 P.M. – 4:30 P.M.



SHAC Members 2021-2022

Parents

Melissa Brown
Craig Doherty
Jacquelyn Estrada
Julia Farmer
Virginia Gasparini
Alex Grafton
Staci Gullingsrud
Beth Isernhagen
Adria Keeney
Jennifer Kratky
Rebecca Masciola
Rachel Scott
Melizza Mendoza

Staff

Karen Graves
Whitney Johnson
Cathy Pool
Kevin White
Vince Sebo
Trisha Smith
Bob Thompson
Susanne Whitley

Community

Marina Montemayor- NAM



BDF(LEGAL)



In addition to its other duties, the SHAC shall submit to the board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board;
2. Any suggested modification to a SHAC recommendation previously submitted to the board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee
5. The manner of communicating to the public applicable information about the District's wellness policy and plan.

Education Code 28.004(m)



SHAC Meetings 2021-2022



- Listened to presentation from Alex Hurst with MD Anderson's End Tobacco Program
- Received review of ASPIRE program from Shumeka Johnson with Greater Houston Public Health Association
- Cathy Pool, Director of Health Services, discussed Strategic Plan 2025 Priority 3 Goal 3.2:
 - Tomball ISD will prioritize educator health through coordinated campaigns of stress reduction, anxiety management and physical health*
 - SHAC discussed ways to support the Employee Wellness Committee
- Review of the new Goodheart-Wilcox Health Textbook and Companion Text:
 - Texas Health Skills for High School



New Health Textbook and Companion Text



EHAA(LOCAL):

The following process shall apply regarding the adoption of curriculum materials for the district's human sexuality instruction:

1. The Board shall adopt a resolution convening the District's school health advisory council (SHAC) to recommend curriculum materials for the instruction. *Adopted March, 2022*
2. The SHAC shall hold at least two public meetings on the curriculum materials before adopting recommendations to present to the Board. *Meetings held April 12, 2022, and May 10, 2022*
3. The SHAC recommendations must comply with the instructional content requirements in law, be suitable for the subject and grade level for which the materials are intended, and be reviewed by academic experts in the subject and grade level for which the materials are intended. *Reviewed and discussed by Health teachers and administrators in February, 2022*
4. The SHAC shall present its recommendation to the Board at a public meeting. *June 13, 2022*
5. After the Board ensures the recommendations from the SHAC meet the standards in law, the Board shall take action on the recommendations by a record vote at a public meeting.



Goodheart-Wilcox

Texas Health Skills for High School



Why do we need a new health textbook?

- New Health/PE TEKS effective 2022-2023 school year
- Current textbook was adopted in 2004
- Goodheart-Wilcox textbook is currently the only textbook approved by the State Board of Education and placed on the Commissioner's List
- Separate Companion Text was required by the SBOE as a condition for approval and is only for “opt-in” students



Varying Concerns Expressed by Members

- Relevance of Identity Chapter
- Multiple examples of advocacy in the public sphere
- Terminology: “Pregnant Person” (instead of “Pregnant Mother,” “Pregnant Woman,” or “Pregnant Female”)
- Companion Text surveys and group discussion topics might be inappropriate for a classroom setting
- Other resources to explore



Member Concerns (Continued)



- Not enough information relating to topics of Human Sexuality, Dating Violence and Opioid Use and Abuse Prevention
- No mention of LGBTQ individuals
- New textbook is needed since teen pregnancy rates in Texas are way above average compared to other states- but this textbook may fall short with preventative information



SHAC Vote on Textbook and Companion Text



Goodheart-Wilcox Textbook (Majority of Health TEKS including Opioid Abuse Instruction)

Yes: 10

No: 3

Goodheart-Wilcox Companion Text (Health TEKS relating to Human Sexuality, Child Abuse, Family Violence, Dating Violence, and Sex Trafficking)

Yes: 10

No: 3



Physical Activity and Fitness Planning Subcommittee



Recommendation from SHAC 20-21 Presentation:

- Elementary Campuses will schedule at least twenty minutes of daily outside recess time when feasible
- At least one secondary campus will schedule daily time for students to be outside

Timber Creek Elementary implemented two recesses for K and 1st Grade

Oakcrest Intermediate School Recess:

- Incorporated into lunch - outside time
- Very positive feedback from staff and students



SHAC Recommendations



The 2021-2022 SHAC recommends that the Tomball ISD Board of Trustees should:

- Adopt the Goodheart-Wilcox Company textbook and Companion Text Texas Health Skills for High School for use in the high school Health course.
- Continue to explore opportunities for elementary campuses to increase time for recess and secondary campuses to incorporate unstructured outdoor time into schedule.



Questions?
Comments?

