Volume 11 Week of November 7, 2022

PARENT NEWSLETTER

SCHOOL PLEDGE

Right now, today, this very moment, I am capable of giving myself,

the gift of absolute self-assurance, self-belief, and powerful non-stop confidence in myself.



"TO THROUGH AND BEYOND COLLEGE"

MESSAGE FROM PRINCIPAL DUNGEY

Please remember masks are required each and every day as it is a part of their uniform.

Attendance Matters Everyday

Our goal this year is to ensure that every student attends school regularly. Our goal is to reduce our chronic absenteeism from 45% to 30%!

We realize some absences are unavoidable due to health problems or other circumstances. But, we also know that when students miss too much school — regardless of the reason — it can cause them to fall behind academically. Research shows:

- Children chronically absent in kindergarten and 1st grade are much less likely to read at grade level by the end of 3rd grade.
- By 6th grade, chronic absence is a proven early warning sign for students at risk for dropping out of school.
- By 9th grade, good attendance can predict graduation rates even better than 8th grade test scores.

Absences can add up quickly. A child is chronically absent if he or she misses just two days every month!!

Clearly going to school regularly matters!

Here are a few practical tips to help support regular attendance:

- Make sure your children keep a regular bedtime and establish a morning routine.
- Lay out clothes and pack backpacks the night before.
- Ensure your children go to school every day unless they are sick.
- Avoid scheduling vacations or doctor's appointments when school is in session.
- Talk to teachers and counselors for advice if your children feel anxious about going to school.
- Develop back up plans for getting to school or logging in if something comes up. Call on a family member, neighbor, or another parent to take your child to school or help them log in to class.

Let us know how we can best support you and your children so that they can show up for school on time every day. If you have any questions or need more information, please contact your child's school at 313-852-1500 or Ms Merrill at cmerrill@npfeshools.org.

Mrs. J Dungey New Paradigm Glazer Principal (313) 852-1500 jdungey@npfeschools.org



DAY **ANNOUNCEMENTS** C3 / Read & Respond Homework go home! **Quarter 2 Begins** Monday SFA Cooperative Challenge Help and Encourage Others 11/7 Tutoring begins next Tuesday! Please look ANET Make-Ups for the letter for your child. Tuesday Students should bring daily to be checked. 11/8 Check C3/Read & Respond Wednesday Check C3/Read & Respond 11/9 Thursday **Update Member Center** 11/10 Check C3/Read & Respond Read and Respond Homework Due Friday - POST on signs & Spreadsheets 11/11 Class Council **UPCOMING** Week of 11/14 Report Cards Come out Week of 11/15-11/19 U of D Mercy Dental Program FREE All School Trip to Circus 11/16 ½ day 11:30 dismissal 11/18

When Do Absences Become a Problem?

School Teacher PD

Thanksgiving Break



Reading Resource Support for K-2 Readers

11/23-11/25

Reading Support https://vimeo.com/channels/kchomelink Kindergarten - 1st and 2nd https://vimeo.com/channels/rrhomelink

Quick Stress Busters

1. Calming music: Music has been used for centuries to calm nerves and improve health. As a teacher, I regularly played calming music in the background at a low volume level while my students worked. But listening to certain songs can have more of an effect than others.

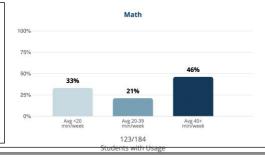
The British Academy of Sound Therapy created what has been hailed as the most relaxing song ever, called "Weightless." It was found to reduce anxiety in a staggering 65 percent of people who listened to it. You can <u>find "Weightless" here</u>, as well as a playlist of other songs that have also been shown to be effective.

2. Breathing: Focused breathing not only activates your parasympathetic nervous system but also is a mindfulness technique to bring you back to the moment and distract you from the thoughts that may be causing the anxiety. A common technique is called box breathing, a type of intentional breathing, where you inhale for four seconds, hold for four seconds, exhale through your mouth for four seconds, and repeat the process until you feel calm. There are <u>many variations on intentional breathing</u>, so if box breathing doesn't work for you, there are others that are worth a try.

Read & Respond	K - Brooks	Hall	Baker	Johnson	Holmes	5 - Taylor	6 - Taylor	7 - Taylor	8 - Taylor
10/31-11/4	38%	100%	40%	68%	88%	100%	88%	100%	100%
С3	K - Brooks	1 - Hall	2 Dungey	3 - Hand	4 - Holmes	5 - Williams	6 - Williams	7 - Williams	8 - Williams
10/25-10/29	46%	76%	82%	76%	56%	79%	36%	38%	73%

Exact Path Data

Students are expected to be on Exact Path daily for at least 30 minutes daily in class.





Exact Path

We will begin to utilize exact path for some of our intervention with students. Parents will be shared on logins and passwords to support closing the Covid Gap that came from being out of school for the last 18 months.

Login.edmentum.com Exact Path Letter

DEAN'S LIST

We are now using DeansList, which is an essential program to track student behavior and improve school culture, by identifying students who need help, and designing interventions to ensure they arrive on-time, and everyday.

Furthermore, DeansList notifies parents with phone calls, emails, text messages, sends home absence letters, uniform violations and more. DeansList will be taking the place Of Class Dojo.

Glazer 22-23 Goals

Daily Average Attendance 96%

Decrease Chronic Absenteeism from 45% to 30%

60% of students will meet NWEA Individual Goals

20% increase in MSTEP and PSAT scores from 21-22 SY

School Wide Cooperative Challenge

The school wide Getting Along Together Challenge for the week is use stop and stay cool strategies. 1. Identify that they are in danger of losing control 2. Tell themselves to stop and stay calm 3. Practice regulating their breathing as a way of defusing their anger.

Dean's List overview FAMILY PORTAL OVERVIEW

https://youtu.be/LJWdExKmw7Q

You should have received a link to join Dean's List. Please ensure that you sign up.