

## WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



### SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Our district is fully compliant with federal requirements that regulate school meal nutrition standards as it pertains to foods that are able to be sold in various areas of the school property. We either no longer have vending machines, or where applicable, only sell approved food and beverages.

Our district also is compliant in taking measures to protect the privacy our students in regards to eligibility for free and reduced price meals.

Our district policy also strongly addresses qualifications for all Physical Education teachers and required recess standards.



### SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Through the process we were able to identify areas where our policy was lacking and implementation was severely lacking. We have determined that the underlying causes are predominately from the district not implementing and actively participating in a wellness committee that is fully represented.

We will address this with a new wellness committee being developed with as full representation and participation as possible including teachers, physical education teachers, administrators, parents and the Ansonia community.

We will also research best practices in place within other wellness committees to ensure measurable results moving forward.



### SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

We were able to identify through this evaluation there are significant number of areas, and specific policy items that are not part of our current written policy, however the district is already implementing with success.

These include but are not limited to:

- Language that identifies goals for nutrition education that are designed to promote student wellness.
- Language that states our district is in full compliance with USDA nutrition standards for reimbursable meals.
- Language that states that our district ensures the proper amount of annual training for food and nutrition service staff in accordance with the USDA's Professional Standards.
- Restricting marketing on the school campus to only approved areas and only for approved types of food and beverages.

There are also several areas in Physical Education and Physical Activity where our district is lacking the language in the policy itself, however is implementing these policies in our schools including areas such as curriculum, time allotted for physical education during the school, and approved substitutions for physical activity.



### SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired. Overall our Local School Wellness Policy did not compare favorable to model policies as established in the WellSAT 3.0 metrics. There are many areas where both our policy and our practices do not accurately detail polices that are both federally required or strongly suggested as best practices. An action will be developed to address the critical areas where we are not meeting federal requirements as well as any other applicable best practices from model polices.

The district and all responsible parties will work collectively to develop a functioning wellness policy that will be represented at each school, by a diverse population of participants including the public and community to constantly communicate ideas, areas of opportunity, strengths, and any other aspects of wellness in our district. This will critically include the development of measureable, achievable goals.

However, there are more instances where our district has implemented polices and is executing standards, where there is just no language in our policy stating these practices. The corrective action is to add these items to our policy.

Any federal requirements that are not currently being met will be provided for review to the Wellness Committee for review to determine action plans for the successful completion and implementation of.