



Emerson High School

2022-2023

Session 2 Newsletter

Special points of interest:

- **HOLIDAY FUNDRAISER**— runs 11/1-14
- **NO SCHOOL**, Veterans Day, Fri., 11/11
- **EARLY RELEASE**, Wed., 11/23
- **NO SCHOOL**, Thanksgiving Break, Thurs. 11/24 & Fri. 11/25
- Summatives for Session 3, DUE Wed., 12/7
- Summative Workshops Thurs., 12/8 & Fri., 12/9

SESSION 3

Starts: November 9

Ends: December 9

Emerson High School
10903 NE 53rd Street
Kirkland, WA 98033

Phone:
 425-936-2300

Fax:
 425-576-0567

Attendance Line:
 425-936-2306

Website:
www.lwsd.org/EmHs



From the Principal

It's hard to believe we're a quarter of the way through the year. Most students ended Session 2 making good progress and earning credits and are starting to work hard on Session 3 classes.

Teachers continue to work on developing coursework that is engaging, challenging, and tied to clear and specific standards. If you have questions about student work and/or progress, please do not hesitate to contact teachers directly; they're here to help. The last page of the newsletter has all staff emails.

As always, if you have any questions or concerns, feel free to contact me directly.

Have a great Thanksgiving!

Nell

SCHEDULE CHANGES FOR UPCOMING HOLIDAY WEEKS

SCHEDULE FOR WEEK OF VETERANS DAY NOVEMBER 7-11

Monday, Tuesday,
 Wednesday, and
 Thursday Nov. 7-10
 regular schedule.

NO SCHOOL —
 Friday,
 November 11.

SCHEDULE FOR WEEK OF THANKSGIVING

NOVEMBER 21-24

Monday and Tuesday,
 Nov. 21 and 22
 regular schedule.

Wednesday, November 23

**Early Release for
 students at 11:00**

NO SCHOOL — Thursday &
 Friday, November 24 & 25.

DAILY SCHEDULE 2022-23

8:00-8:55	1st Period
9:00-9:50	2nd Period
9:55-10:40	3rd Period
10:45-11:35	4th Period
11:35-12:05	LUNCH
12:10-1:00	5th Period
1:05-1:55	6th Period
2:00-2:50	7th Period

Wednesday Schedule

8:00-8:45	1st Period
8:50-9:35	2nd Period
9:40-10:25	4th Period
10:30-11:15	5th Period
11:15-11:40	LUNCH
11:45-12:30	6th Period
12:35-1:20	7th Period

LEARNING CENTER

Day Learning Center

8:00-9:55 AM Mon-Fri

Evening Learning Center

4:00-7:00 PM Tues & Thurs





TOO SICK FOR SCHOOL?



Flu season is in full swing, accompanied by colds and other illnesses. If a student feels perfectly fine or totally awful, it's a pretty easy decision to make whether or not they should go to school on a given day.

However, on some days, it's more of a judgment call. Is that cough or runny nose a problem? Has your child recovered sufficiently from the flu to go back to school? Can they still spread their illness to other students?

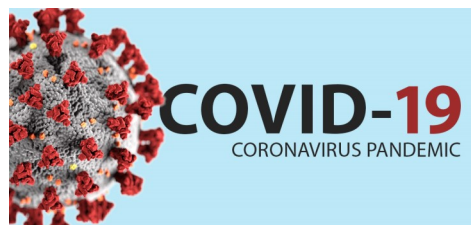
DEPARTMENT OF HEALTH UPDATES COVID-19 GUIDANCE FOR K-12 SCHOOLS

November 1 marked the end of the remaining Washington State emergency orders for COVID-19. The Washington State Department of Health has issued new guidance to schools about continuing to take precautions to stay healthy.

While the emergency order have ended, students and staff must still stay home for five (5) days after testing positive for COVID-19. A person who tests positive can come back on day six (6) while wearing a mask until day 10 if they have no symptoms.

It is important to remember that keeping students home when they are too sick for school protects other students and staff from potential illness. If a student becomes ill at school, families will be called to take the student home. This includes all illnesses, not just COVID-19.

Make sure your emergency contact information is updates. Families can update their emergency contacts in Skyward Family Access throughout the year through the Student Info tab and the "request changes" link.



If you student will be missing school, remember to call that absence in on the EMHS attendance line or make a note in ParentSquare within 48 hours:

425-936-2306

Halloween Fun at Emerson!



We've already sold
XX items!

Don't forget to
purchase yours
prior to Nov. 14!!

School News

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Classroom Door Decorating!



Staff having some fun!

HOLIDAY WREATH FUNDRAISER

Emerson High School is once again holding our holiday fundraiser selling wreaths and other fresh holiday items. **The fundraiser runs November 1st through November 14th.**

Check out the attached flyer to see what products are available and their cost. We have wreaths, swags, candle rings, and garland for sale! Could be a great pre-holiday gift.

Checks can be mailed or handed in to Mary in the main office (made payable to Emerson High School) by NOON November 14th or you can order and pay online at: <https://wa-lakewashington-lite.intouchrecepting.com/AlpineFarmsWreathFundraiser>

If ordering online, MUST ORDER AND PAY PRIOR TO MIDNIGHT NOVEMBER 13th.

The items should be ready for pick up the week of Dec. 5th-9th. You will be called when they are ready.

Proceeds from the fundraiser will go to future EMHS ASB activities.

Thank you for supporting EMHS ASB!!

**YEARBOOK
YEARBOOK
YEARBOOK
YEAR
YEAR**



**Emerson
Attendance Line
425-936-2306**

2022-23 YEARBOOKS Went on sale starting 10/17

Emerson High School yearbooks **can only be purchased in the EMHS main office** (cash or check written to EMHS) or by mailing in a check.

No purchasing directly on the TreeRing Website.

Soft Cover \$25 Hard Cover \$30

REGISTRATION PACKETS

Registration packets will be handed out to your students the first week of school. We need to have current information each year including current residency address, parent emails, emergency contact information, etc.

If you have not seen and/or signed the required forms in the packet, please ask your student or call us to obtain another packet. Please return the required forms from the packet as soon as possible so your student's record will be up to date.

Your student is NOT considered registered at EMHS until this registration packet is returned complete.

STUDENT CLASS FEES

Don't forget that If your child is taking an Art or Foods course, there are fees which are due each semester!

Please make checks payable to Emerson High School. You are also able to pay fees with a credit card online through Family Access for a small fee.

Art 1 or Studio Art	\$25.00	Art Independent Study	\$25.00
	Culinary Arts 1 & 2	\$10.00	

Scholarships for paying class fees are available. Contact your child's teacher, Wendy the counselor, or Mary in the main office at mosness@lwsd.org

ATTENDANCE LINE

Remember, students and parents/guardians are responsible for school attendance. The parent or legal guardian of any student living with them, even if over 18 years old, who is absent from class is requested to leave a phone message on the **Emerson Attendance Line at 425-936-2306 within 48 hours of** the absence to explain the circumstances of an absence.

Please call or email (Sally at sjenkins@lwsd.org) to notify the school in advance of pre-planned absences. **For vacation or extended absences, the student must pick up a form in the office for teachers and parent to sign prior to the absence.**

If your student was absent from any classes during a particular day, you will receive an automated attendance call after 6:45 PM on that day. If that absence needs to be excused, please call and leave a message on the EMHS attendance line, via email to the Attendance Secretary at sjenkins@lwsd.org, or supply a parent or physician note.



**You can reach
Wendy:**

wsimmons@lwsd.org

**Mondays through
Fridays
7:45-4:15 pm**

**Please feel free to
contact me to
schedule a meeting
to talk with you
and/or your
student at
(425) 936-2300 or
wsimmons@lwsd.org**

**You can reach
Crysta:**

c-ccady@lwsd.org

Mondays 9:30-2:30

Tuesdays 9:30-3:00

**Thursdays 10:00-
2:30**

Fridays 9:30-3:00

**I can be reached
at (425) 517-1375
where a message
can be left or
c-ccady@lwsd.org or
crystac@youtheastside.org**

Counselor Corner

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Words from Wendy & Crysta

Hello Emerson Students and Families! Happy November!

Here are some highlights of awareness weeks going on this month, resources for families to manage stress during the upcoming holiday season, as well as supporting your child with their mental health and for supporting adults in the home. As always we are happy to support in any way we can and highlight some resources.

LWSD has a page on their website dedicated to community resources that benefit students and families: <https://www.lwsd.org/pathway-forward/community-resources>

Awareness Weeks coming up this month:

Anti-Bullying Awareness Week November 15-19th: <https://www.stopbullying.gov/>

Hunger and Homelessness Awareness Week November 14th-23rd: <https://hhweek.org/>

Information on taking care of mental health during the holiday season:

<https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/stress/art-20047544>

<https://mhanational.org/blog/5-things-do-when-holidays-arent-exactly-uplifting>

<https://www.nami.org/blogs/nami-blog/november-2015/tips-for-managing-the-holiday-blues>

Wonderful articles on supporting your child's mental health at home:

<https://www.mhanational.org/helping-home-tips-parents>

<https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/development/mental-health-resources/>

<https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Mental-Health/Mental-Health-Resources-For-Parents-of-Adolescents.aspx>

Resource Highlight: Washington Weather, Daylight Savings, and Mental Health:

<https://www.washington.edu/counseling/the-winter-blues/>

Financial & Mixed/Multi-Support:

Catholic Community Services - Catholic Community Services offers assistance to those in need who qualify when funds are available. Among these services are Eviction prevention and move-in assistance, Rental Assistance with case management and Utility assistance. To apply or receive more information please call for intake times. "

Washington Connection - One online form to fill out to determine what, if any, federal, state, and local benefits the family qualifies for. This may include cash, food, and medical benefits. The hard part about this process is providing verification documentation such as paystubs, lease agreements, etc. through the online portal

Financial Assistance through **Hopelink** is done via phone interviews: (425) 869-6000 (Hopelink Redmond Market and Service Center)

Muslim Community Resource Center - Provides multiple services including food, legal resources, and healthcare. You do not have to be a part of the Muslim community to receive assistance

Sound Generations Meals on Wheels

Legal:[Solid Ground](#)[Tenants Union of Washington State](#)[Eastside Legal Assistance \(ELAP\)](#)[Team Child](#)[Northwest Justice Project](#)**Immigration:**[Washington COVID-19 Immigrant Relief Fund](#)[NW Immigrant Rights Project](#)[Washington New Americans](#)[Refugee and Immigrant Services Northwest](#)**Protecting Immigrant Students' Rights to a Public Education**[Protecting Immigrant Students' Rights to a Public Education: A Resource for Parents and Advocates](#)

The pamphlet that can be downloaded provides a summary of U.S. federal laws that protect students and their families. After reading, you will understand what services schools and school district *must provide* to students and families who are learning English, who are immigrants, who have disabilities, or who are experiences homelessness. You will also learn some ways to push back if a school or district is violating your rights.

Seattle Children's School Avoidance Group

Seattle Children's Hospital is offering an 8-week support group for parents and caregivers to address school avoidance in their youth. See the attached flyer for more information on costs and how to pursue entry into the group. There is also a link to other resources through Seattle Children's.

<https://www.seattlechildrens.org/clinics/psychiatry-and-behavioral-medicine/patient-family-resources/> - Other resources through Seattle Children's

Also see other attached flyers:

Maverick Cares Fall Harvest Charity Event—Thanksgiving holiday support for families who are struggling with food insecurity.

The Center for People of All Races Flyer—Information for our Latinx families who members are seeking their GED.

King County Immigration Fee Support Program—Financial support for families who are undocumented and could use assistance paying for the fees associated with immigrating.

Please don't hesitate to reach out to us for any more information. We love supporting your students and families. Also see the attached for more family resources.

Take Care,

Wendy & Crysta



Job Opportunity Bel-Red Kumon Center

Are you available to work one or two days a week after school?

Are you a positive person who is interested in being on a Team that helps children learn?

Our learning center is looking for Staff to support our afterschool program. We specialize in helping students learn math and reading. This is not seasonal work. Applicants must be available to commit to a regular work schedule for 1 day, 2 days, or 3 days per week. Must be responsible, detail oriented and organized. If interested, please contact Mrs. Julie at belred_wa@ikumon.com

Current open positions: Receptionist, Paper Graders, or Teaching Assistants (for elementary aged children)

Julie Liu

Director, Bel-Red Kumon Center

14904 Bel-Red Rd

Bellevue, WA 98007

belred_wa@ikumon.com

(425) 747-5916

Community News



FIND MONEY FOR COLLEGE: SCHOLARSHIP MARKET

Online Event

Tuesday, November 15, 2022

7:00-8:30 p.m.

Presented by The College Planning Network. Identify scholarship opportunities and learn how to apply for them!

Please register at [Find Money for College: Scholarship Market | Events | King County Library System \(bibliocommons.com\)](#). You will be emailed a link no later than one hour before start time. If you do not see an email, check your Junk or Spam folder.

Contact Info:

Catherine

425-486-7811

The only medications that can be self-carried by students are epipens and emergency inhalers.

We must have proper documentation for students to self-carry these meds.

New process for 2022-23!

The LWSD is no longer involved with issuing Orca Cards. Metro began implementing Free Youth Transit cards beginning the 2022-23 school year.



MEDICATION AT SCHOOL

Students are NOT allowed to have medication at school, this includes non-prescription medication like Advil, Tylenol, etc. All medication must be cleared through the Emerson Office, contact Sally Jenkins, our Health Room Office Professional.

Parents/guardians are responsible for:

- ◆ Supplying all medications/transporting medication to and from school.
- ◆ Completing required medication authorization forms. **An authorization to administer medication form must be turned in for each medication - whether prescription or non-prescription. The form must be signed by the health care provider and parent and/or guardian. Medication cannot be given without the completed form.**
- ◆ All prescribed medication must be in the original, labeled prescription bottle, container or package.
- ◆ All non-prescription medication must be in original container and labeled by the parent, including: Student Name, Medication Name, Dosage, Date Issued, Name of Health Care Provider, and Time medication is to be given.

Scheduled medications are given between 11:00 AM - 1:00 PM only.

ORCA CARDS

Youth, ages 18 and younger can ride transit for free starting September 1st throughout King, Snohomish, Pierce, and Kitsap counties. Participating transit agencies are Community Transit, Everett Transit, King Country Metro, Kitsap Transit, Pierce Transit, Sound Transit, City of Seattle, Seattle Streetcar, and Washington State Ferries.

Students with existing LWSD Orca cards will keep them and will need to get a sticker from the office as part of the registration process. This sticker can be affixed to the back of the card. The sticker will instruct students to register their card with FreeYouthTransitPass.com. Students will have until June 30, 2023 to complete registrations.

Students who need/want a new Orca card will be able to pick up a new black Orca card in the main office and will need to register their card as well with FreeYouthTransitPass.com.

INCLEMENT WEATHER CLOSURE INFORMATION



FlashAlert.net—This service was designed for school districts to notify local media about changes to school schedules. As an added benefit, you can sign up for an account and get emails or text messages with emergency information. It is the first place notices are posted.



SchoolMessenger—LWSD will call employees by 5 a.m. and parents by 6 a.m. In some instances, decisions are delayed. In that case, the calls are made as soon as information is available. **Please note:** Human Resources must have the correct phone number on file for each employee. Otherwise, you will not get this courtesy call.



LWSD.org—The district website will be updated with the latest information. It will appear in a red text box on the front page of the district site and all of the school websites as well.



Local media—Local radio and TV stations will also have school closure/delay information available. They get their information from FlashAlert.net.



Senior News

WWW.NWGRAD.COM.



SENIOR MEETING

We will be having our virtual senior meeting on **November 9**. Senior advisors Tracy and Dan K. will go over graduation deadlines and requirements to help seniors stay on track.

The Jostens rep will also be available to talk about preserving the memories of this milestone year for seniors. Students will learn about the products they offer including, caps & gowns, announcements, class rings, and much more. Student will take home order forms which can be returned to the main office.



SCHOLARSHIPS

THIEL HIGH SCHOOL FELLOWSHIP

30 Awards—\$100,000

Founded by technology entrepreneur and investor Peter Thiel in 2011, the Thiel Fellowship is a two-year program for young people who want to build new things. Thiel Fellows skip or stop out of college to receive a \$100,000 grant and support from the Thiel Foundation's network of founders, investors, and scientists.

To be eligible for the scholarship a student must:

- ⇒ Be under the age of 22
- ⇒ Be interested in designing and building things instead of sitting in a classroom

More information can be found at: <https://thielfellowship.org/>

DEADLINE: December 31, 2022

JFK PROFILE IN COURAGE ESSAY

1 Winner of \$10,000/1 2nd place winner \$3,000/5 finalists receive \$1,000 each

The JFK Profile in Courage Essay Contest is currently available to high school students. The winner of this competitive annual contest receives a **\$10,000 prize** and an invite to accept the award at the Profile in Courage Award ceremony held each May at the Kennedy Presidential Library and Museum in Boston.

The contest is open to:

- United States high school students in grades nine through twelve attending public, private, parochial, or home schools
- U.S. students under the age of twenty enrolled in a high school correspondence/GED program in any of the fifty states, the District of Columbia, or the U.S. territories, U.S. citizens attending schools overseas

Essays must describe an act of political courage by a U.S. elected official who served during or after 1917, the year John F. Kennedy was born. The official may have addressed an issue at the local, state, or national level.

More information can be found at: <https://www.jfklibrary.org/learn/education/profile-in-courage-essay-contest/eligibility-and-requirements>

DEADLINE: January 14, 2022

THIEL Fellowship

JOHN F. KENNEDY
PRESIDENTIAL LIBRARY AND MUSEUM



JET FUTURE BUSINESS LEADERS SCHOLARSHIPS

\$1 Award \$1,000

Jet Insurance Company invests in the future business leaders of America. This scholarship is for graduating high school seniors and currently enrolled college students who are interested in pursuing a career in business.

Prompt:

How has the development of technology affected your decision (if at all) in your chosen study and education? How is the future landscape of technological advancement shaping your future career? Length: 250-500 words

More information can be found at: <https://jetsurety.com/scholarship>

DEADLINE: January 31, 2023



LWPTSA COUNCIL SCHOLARESHIP

The Lake Washington PTSA Council is accepting applications for its annual scholarship awards. These scholarships will be awarded to selected graduating seniors from LWSD high Schools. These scholarships can be used to pay for anything billed by the university, including tuition, room and board, and other fees. It also includes payment for books and computers, with a receipt. All student scholarships are \$1,000. Students may apply for multiple scholarships, however a maximum of one scholarship will be awarded per student.

The find out about the available scholarships and how to apply, visit:

<https://www.lwptsa.net/scholarships/>



CELEBRATE THE WEST HIGH SCHOOL ART COMPETITION

The Western Governors' Association is proud to announce "Celebrate the West," a regional art competition scholarship that challenges high school students to create works inspired by their state. The competition is open exclusively to high school students.

WESTERN GOVERNORS' ASSOCIATION
1700 BROADWAY, SUITE 500, DENVER, CO 80290, U.S.
P: 303.623.9378 | F: 303.534.7309

Three \$1,500 awards available. Visit this website for more information: <https://westgov.org/celebrate-the-west>.

DEADLINE: Opens January 9 and closes April 30, 2023

Staff Emails

Nell Ballard-Jones Principal nballard-jones@lwsd.org	Dan Kaufman CTE/ASB Leadership dakaufman@lwsd.org	Mary Osness Office Manager/Bookkeeper mosness@lwsd.org
Tracy Bumgarner CTE/Child Lab tbumgarner@lwsd.org	Timothy Lee Security tilee@lwsd.org	Courtney Rayburn Infant Daycare Specialist IA crayburn@lwsd.org
Crysta Cady EMHS Behavioral Health Support Specialist c-ccady@lwsd.org	Kelly Marth Psychologist kmarth@lwsd.org	Chelstin Ross Art cross@lwsd.org
Annette Fechenbach School Nurse afechenbach@lwsd.org	Emily Mitchell Social Studies/English/Night School emitchell@lwsd.org	Wendy Simmons School Counselor wsimmons@lwsd.org
Andrea Frankenfeld English/Social Studies/Morning LC afrankenfeld@lwsd.org	Stephanie Monaghan English /Social Studies/Psychology stmonaghan@lwsd.org	Lorrie Thomas Infant Daycare Supervisor IA lthomas@lwsd.org
Michelle Fraley Math/Morning LC & Night School mfraley@lwsd.org	Andrew Nisargand Library IA/Webmaster anisargand@lwsd.org	Daniel Weiss Science/CTE dweiss@lwsd.org
Will Gardner IEP & 504 Case Manager wgardner@lwsd.org	Justin Ochsner Math/CTE jochsner@lwsd.org	Daniel Whitaker Student Teacher dwhitaker@lwsd.org
Sally Jenkins Registrar/Secretary sjenkins@lwsd.org		Sarah Wiegand Associate Principal sawiegand@lwsd.org

**Emerson High School's
main office number is:**

425-936-2300

**with office hours of
7:30 AM – 4:00 PM
daily.**

**If you are calling
before or after office
hours, you may leave a
message for the main
office by pressing 2.**

**Please communicate
late arrivals and
absences on the
EMHS**

**Attendance Line at:
425-936-2306**



The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: