

**2022-2023**  
**INTERMEDIATE CROSS COUNTRY**

- Wed. November 9th** 1<sup>st</sup> OFFICIAL PRACTICE
- Tues. December 6th** **McA** - KJH, LCIS, VLIS  
**BYIS** - SCIS, CCIS, SIS  
**at Friendswood JH** **BIS/FJH** - WBIS, CIS, CLIS, *CMS*
- Tues. December 13th** SCIS - WBIS, SIS, CIS  
CCIS - KJH, LCIS, FJH, BIS  
BYIS - McA, CLIS, VLIS, *CMS*
- Tues. January 17th** **FJH** - SCIS, BIS, CLIS, *CMS*  
CIS - WBIS, BYIS, VLIS  
Kranz - McA, LCIS, CCIS, SIS
- Tues. January 24th** SIS - CIS, KJH, WBIS, SCIS, *CMS*  
LCIS - CCIS, BYIS, BIS  
VLIS - McA, CLIS, FJH
- Wed. February 1st** **District Preview Meet - Challenger Columbia Stadium**  
**Girls 7th then 8th**
- Tues. January 31st** **District Preview Meet - Challenger Columbia Stadium**  
**Boys 7th then 8th**  
BIS, BYIS, CCIS, CLIS. CIS, LCIS, SCIS, SIS, VLIS, WBIS, McA, KJH, FJH
- Tues. February 7th** **DISTRICT MEET – @ CHALLENGER COLUMBIA**  
**7th Girls Elite, 8th Girls Elite, 7th Girls Masters, 8th Girls Masters**
- Wed. February 8th** **DISTRICT MEET – @ CHALLENGER COLUMBIA**  
**7th Boys Elite, 8th Boys Elite, 7th Boys Masters, 8th Boys Masters**  
  
BIS, BYIS, CCIS, CLIS. CIS, LCIS, SCIS, SIS, VLIS, WBIS, McA, KJH

**Host school is listed first and in BOLD**

*Italic is Central Middle School, Glaveston ISD - CMS*

**Inform host school if you are dropping out of the meet**