

Rankin County School District

Dec 1, 2024 thru Dec 31, 2024

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 12/02/2024			
9-12 High School Self Serv	Total	1800	
Pizza, Variety	slice	900	32.25
Italian Dunkers #1101	2 breadsticks	900	28.0
California Vegetables M5785	1/2 cup	900	5.15
Whole Kernel Corn, FRZ M6015	1/2 cup	900	16.24
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Fruit Cocktail M6735	1/2 cup	900	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Sauce, Marinara PC M8195	1 packet	1	3.71
Rice Krispie Bars M7500	Bars	1000	22.23
Weighted Daily Average			86.49
% of Calories			56.2%
Nutrient Guideline			

Tue - 12/03/2024			
9-12 High School Self Serv	Total	1800	
Chicken & Sausage Gumbo M4610	2/3 cup w/rice	1200	34.79
Grilled Cheese & String Cheese	portions	900	30.96
Tossed Salad with Drsg M5660	1/2 cup	900	6.36
Green Peas, Canned M6035	1/2 cup	900	14.34
Orange Smiles M6770	1/2 cup	900	19.19
Applesauce, M6555	1/2 cup	900	15.62
Saltine Crackers, 2 grain	4-count packs	1	9.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Cookie Brookie #1428	1 Brookie	900	19.22
Weighted Daily Average			91.04
% of Calories			52.3%
Nutrient Guideline			

Wed - 12/04/2024			
9-12 High School Self Serv	Total	1800	
Spicy Chicken BreastSand M4160	1 each	450	44.15
Steak Fingers, Baked M1045	4 each	1350	17.9
Cheesy Macaroni M5135	2/3 cup	1	32.12
Green Beans, Cut, CND M5750	1/2 cup	450	4.86
Carrots Baby w/dip RCSD	3 oz. bag	1	8.93
Chilled Peach Slices M6815	1/2 cup	900	17.49
Fresh Apple M6510	1 each	900	25.13
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	1000	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	450	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	450	19.0
Strawberry Short Cake RCSD	Serving	1350	33.05
Weighted Daily Average			94.30
% of Calories			60.7%
Nutrient Guideline			

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Thu - 12/05/2024			
9-12 High School Self Serv	Total	1800	
Beef Taco Soft Shell M1155	1 taco	1350	21.63
Ham and Cheese Wrap Mer MS772	2 halves	450	32.08
Pinto Beans Legumes M5550	1/2 cup	900	26.44
Broccoli Florets, FRZ M5610	1/2 cup	900	3.61
Chilled Blushing Pears M6845	1/2 cup	900	18.91
Fresh Grapes M6665	1/2 cup	900	14.97
Saltine Crackers, ENR,CR M7020	2 4-count packs	900	18.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Southern Mud M7620	1 square	1350	45.09
Weighted Daily Average			114.03
% of Calories			57.9%
Nutrient Guideline			

Fri - 12/06/2024			
9-12 High School Self Serv	Total	1800	
Cheeseburger 2 oz Patty M4100	1 each	450	32.68
Hot Dog WG M4230	1 each	1350	28.0
Glazed Carrots M5865	1/2 cup	1350	8.91
Crinkle Cut Fries Baked M6110	1/2 cup	1350	12.12
Applesauce, M6555	1/2 cup	900	15.62
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	500	0.61
Mustard, PC M8015	1 packet	500	0.29
Ketchup PC M8000	1 packet	1500	3.0
Brownies, Mix, ENR, CR M7510	1 piece	1350	25.01
Weighted Daily Average			100.12
% of Calories			58.0%
Nutrient Guideline			

Mon - 12/09/2024			
9-12 High School Self Serv	Total	1800	
Mexican Pizza M2010	1 slice	900	30.0
Beef and Broccoli Rice Bowl	Servings	900	42.93
Cabbage, Seasoned M5700	1/2 cup	900	5.95
Carrots Baby w/dip RCSD	3 oz. bag	900	8.93
Fruit Cocktail M6735	1/2 cup	900	14.91
Fresh Bananas M6590	1 each	900	26.95
Cornbread 1 ENR M7050	1 piece	1	18.07
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Cookie, Sugar, Purch WGR M7560	1 cookie	1350	18.12
Weighted Daily Average			93.43
% of Calories			59.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 12/10/2024			
9-12 High School Self Serv	Total	1800	
Chicken Tenders Breaded M3190	3 tenders	900	15.0
Shepherd's Pie RCSD	2/3 cup	900	18.76
Glazed Carrots M5865	1/2 cup	1350	8.91
Tossed Salad with Drsg M5660	1/2 cup	900	6.36
Applesauce, M6555	1/2 cup	900	15.62
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	900	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Ketchup PC M8000	1 each	1200	3.0
Funnel Cake, 2 WGR M8860	servings	1350	45.39
Weighted Daily Average			109.95
% of Calories			54.4%
Nutrient Guideline			

Wed - 12/11/2024			
9-12 High School Self Serv	Total	1800	
BBQ Pork Sandwich Pur M4210	1 each	1350	31.02
White Chicken Chili M4600	1 cup	450	6.11
Potato Salad RCSD	1/2 cup	900	24.72
Baked Beans RCSD	1/2 cup	450	38.23
Apple and Orange Wedges M6545	1/2 cup	900	13.98
Chilled Pear Halves M6855	1/2 cup	900	18.23
Roll, Enriched, 2 oz. M7145	Roll - 2 oz.	1	31.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Cookie, Choc Chip 1.5 oz M7543	1 cookie	1350	27.0
Weighted Daily Average			98.09
% of Calories			61.3%
Nutrient Guideline			

Thu - 12/12/2024			
9-12 High School Self Serv	Total	1800	
Baked Ham M2500	2 ounces	1	15.49
Turkey & Dressing Supreme M3325	1 Piece	1350	36.62
Cranberry Sauce Portion M6630	1 ounce	500	13.45
Roll, Enriched Mer 2oz MS13	Roll - 2 oz.	1350	31.0
Southern Chicken Sandwich	1	450	45.0
Potato Casserole	1/2 cup	900	48.17
Green Beans, Savory, CND M5745	1/2 cup	900	4.45
Chilled Peach Slices M6815	1/2 cup	900	17.49
Waldorf Fruit Salad RCSD	1/2 cup	900	16.53
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Christmas Dessert	1	1350	*N/A*
Weighted Daily Average			124.03
% of Calories			57.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 12/13/2024			
9-12 High School Self Serv	Total	1800	
Cheeseburger 2 oz Patty M4100	1 each	900	32.68
Fish Sticks, Baked M1540.1	4 nuggets	900	22.0
Season BKD Potato Wedges M6145	1/2 cup	900	17.0
California Vegetables M5785	1/2 cup	900	5.15
Applesauce, M6555	1/2 cup	900	15.62
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	500	0.61
Mustard, PC M8015	1 packet	500	0.29
Ketchup PC M8000	1 packet	1500	3.0
Cookie, Red Velvet, IW M7557	1 cookie	1350	25.0
Weighted Daily Average			93.59
% of Calories			54.1%
Nutrient Guideline			

Mon - 12/16/2024			
9-12 High School Self Serv	Total	1800	
Pizza, Variety	slice	900	32.25
Corn Dog Nuggets M3165	6 nuggets	900	29.46
Crinkle Cut Fries Baked M6110	1/2 cup	900	12.12
Black-Eyed Peas Dry M5515	1/2 cup	900	23.77
Applesauce, M6555	1/2 cup	900	15.62
Orange Smiles M6770	1/2 cup	900	19.19
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Ketchup PC	1 packet	1350	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	500	0.61
Mustard, PC M8015	1 pouch	500	0.29
Rice Krispie Bars M7500	Bars	1350	22.23
Weighted Daily Average			100.38
% of Calories			58.3%
Nutrient Guideline			

Tue - 12/17/2024			
9-12 High School Self Serv	Total	1800	
Quesadillas Beef	1 each	900	24.07
Guacamole, 1/4 Cup M5675	2 oz.	900	5.93
Chips and Salsa	1 serving	900	24.05
Chicken Tenders Breaded M3190	3 tenders	900	15.0
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	900	27.0
Carrots Baby w/dip RCSD	3 oz. bag	900	8.93
Pinto Beans Legumes M5550	1/2 cup	900	26.44
Chilled Blushing Pears M6845	1/2 cup	900	18.91
Fresh Bananas M6590	1 each	900	26.95
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Cookie Brookie #1428	1 Brookie	1350	19.22

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			118.06
% of Calories			50.9%
Nutrient Guideline			

Wed - 12/18/2024			
9-12 High School Self Serv	Total	1800	
Chicken and Waffle (1) RCSD	3 tenders	1350	27.0
Southern Cheese Grits	1/2 cup	1350	15.56
All American Sub Sandwich RCSD	1 sandwich	450	37.3
Cucumber Slices w/Ra Dip M5725	1/2 cup	900	4.72
Broccoli Florets, FRZ M5610	1/2 cup	900	3.61
Chilled Peach Slices M6815	1/2 cup	900	17.49
Fresh Apple M6510	1 each	900	25.13
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Ketchup PC M8000	1 each	1000	3.0
Mayonnaise PC Reduce Fat M8010	PC Packet	450	0.61
Mustard, PC M8015	1 pouch	450	0.29
Syrup, Pancake, PC RCSD	1 packet	1350	30.2
Strawberry Cake w/Glaze RCSD	Serving	1350	36.15
Weighted Daily Average			133.37
% of Calories			59.8%
Nutrient Guideline			

Thu - 12/19/2024			
9-12 High School Self Serv	Total	1800	
Cheesy Chicken Over/RiceCMS516	1 serving	1350	30.13
BBQ Rib Sandwich Brush M4205	1 each	450	41.67
Green Beans, Savory,CND M5745	1/2 cup	900	4.45
Glazed Carrots M5865	1/2 cup	900	8.91
Toast, Garlic WW M7115	1 slice	900	15.0
Fresh Fruit Bowl Variety M6715	1 each	900	21.72
Mandarin Oranges	1/2 cup	900	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	900	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	900	11.0
Southern Mud M7620	1 square	1350	45.09
Weighted Daily Average			117.60
% of Calories			57.0%
Nutrient Guideline			

Fri - 12/20/2024			
9-12 High School Self Serv	Total	1800	
Brunch 1/2 Day	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 12/23/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Tue - 12/24/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Wed - 12/25/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Thu - 12/26/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Fri - 12/27/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Mon - 12/30/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Tue - 12/31/2024			
9-12 High School Self Serv HOLIDAY	Total 1	1 1	*N/A*
Weighted Daily Average % of Calories			*N/A* *N/A%*
Nutrient Guideline			

Weighted Average			66.66 56.6%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	66.66	56.58%						

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