

DECEMBER 2022

MCLAURIN HIGH, RICHLAND HIGH, LC, PELA, PIS, PUC

Monday



Tuesday

Wednesday

Thursday

Friday

Ham and Cheese Croissant **5**
Tuna Salad Croissant
Field Peas
Cheesy Broccoli
Fruit Cocktail
Fresh Apples
Chocolate Milk
Low Fat Milk
Vanilla Pudding

Spaghetti/Meat Sauce **6**
Whole Wheat Garlic Toast
Chef Salad, cracker, croutons
Southern Turnip Greens
Summer Squash
Fresh Grapes, Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Brownies

Buffalo Hot Wings **7**
Southern Biscuit
Corn Dog
Whole Kernel Corn
Celery Sticks with Dip
Fresh Fruit Bowl, Sliced Strawberries
Chocolate Milk
Low Fat Milk
Peach Dump Cake

Chili w/o beans & chips **1**
Whole Kernel Corn
Glazed Carrots
Yogurt/Cheese/Cinnamon Goldfish
Fresh Fruit Bowl
Pineapple Tidbits
Chocolate Milk
Low Fat Milk
Sugar Cookie

Cheeseburger **2**
Hot Dogs
Green Beans
Crinkle Cut Fries
Applesauce, Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Gelatins

Southern Chicken Sandwich **12**
Yogurt/Brkfst Bread Plate
Peas and Carrots
Assorted Vegetable Juice
Fresh Fruit Bowl, Pineapple Tidbits
Chocolate Milk
Low Fat Milk
Chocolate Chip Cookie

Sloppy Joe on Bun **13**
Chef Salad, Croutons, Crackers
Baked Beans
Creamy Coleslaw
Fresh Fruit Bowl, Chilled Peach Slices
Chocolate Milk
Low Fat Milk
Assorted Gelatins

Ham & Turkey Subsandwich **14**
Ham Lunch Bite
Assorted Vegetable Juice
Lima Beans
Mandarin Oranges, Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Brownies

Vegetable Beef Soup **8**
Grilled Cheese w/string cheese
Ranch Club Wrap
Lima Beans
Baby Carrots w/ Dressing
Fresh Fruit Bowl, Pineapple Tidbits
Chocolate Milk
Low Fat Milk
Sugar Cookie

Cheeseburger **9**
Pimento Cheese Sandwich
Crinkle Cut Fries
Tomatoes & Carrots w/Dip
Mandarin Oranges
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Assorted Gelatins

Turkey and Dressing
Cranberry Sauce, Yeast Roll
Mashed Potatoes, Brown Gravy
Green Peas
Stuffed Crust Pizza
Sliced Strawberries, Fresh Fruit Bowl
Variety Milk
Christmas Dessert

Cheeseburger **16**
Cheesy Breadsticks
Mixed Vegetables
Crinkle Cut Fries
Chilled Pear Halves
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Sugar Cookie

Mexican Pizza **19**
Green Beans
Whole Kernel Corn
Applesauce
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Vanilla Pudding

Country Fried Steak Sandwich **20**
French Fries
Glazed Carrots
Fresh Fruit Bowl
Mandarin Oranges
Chocolate Milk
Low Fat Milk
Sugar Cookie

Brunch for Lunch

Early Release Day

22

23

Christmas Holiday

26

27

28

29

30

Christmas Holiday

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup
Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."