



NBISD Parent Advisory Board Agenda/Minutes

Every student. Every day.
Engage, Empower, Learn

October 12, 2022 @ 12:00 PM

- Welcome and Introductions
 - Members in attendance: Nina Pugh, Elva Luna, Jena McKinzie, Lyndsey Tarvin, Heather Jarboe, Malinda Eckert, Stephanie Gain, Casie Schott, Leticia Gonzales, Catherine Archer, Anissa Moore, Nicole DeOuch, Liz Rochin, Sharon Carlson, Alexis, Rose Zamora, Stacy Welch, Jared Escalante
- Review Agenda
 - Introductions: SPED team leadership
 - 22-23 SEPAC Chairperson Sharon Carlson
 - Professional learning for parents with Anissa Moore- topic:Behavior
 - Parentsquare is used to share meeting information
 - Please submit comments/questions in the chat
- SEPAC dates reviewed
 - December 14th
- Review of meeting norms
- SEPAC Training
 - As campus representatives, parents please share this information with fellow parents on your campus.
- Upcoming District Events/Resources
 - National Unity Day- October 19th (wear orange)
 - NB Kidsfest - coming in November (will be posted on social media)
- Parents: get to know your child's Case Manager, ARD Facilitator, SLP or Life Skills Teacher
- Facebook Page
 - Please join if you haven't already done so. We are currently at 105 members. A great resource for information and upcoming events.

- **Behavior Bites**- lunch and learn (with Anissa Moore, M.Ed. BCBA)
 - **Behavior 102: Proactive and Preventative Strategies before the Behavior**
 - Visual Supports (redirection, schedule, calendar, choice boards)
 - First/Then Language and Visuals
 - Help cards or word strips
 - Be specific and clear with expectations
 - Avoid abstract concepts
 - Don't wait to redirect the "bad" behavior
 - Use positive reinforcement and praise for compliant behavior
 - Upcoming change in weather or full moons can also affect our student's behavior
 - Biggest idea for today is VISUAL SUPPORT- this works with every student.
 - These things can empower your child to do more and free up some of your time. This will make things clearer for your student. Positive reinforcement is just as important as when we tell our students that they did something wrong. Praise your child.
 - Gift with purchase: When you are praising your child, be specific. Don't leave it at "good job"... finish that phrase by letting the child know what that job was.
 - Google images–Clean time for screen time – will teach some responsibility and address the First/Then.
 - Homework: Catch yourself if you are being too general. Are you assuming too quickly? Are you praising your child enough? Are you using visual supports?
 - **Behavior Bites** for December will cover "Surviving the Holidays"

- Nina shared her email in the chat and asked that parents contact her for questions specific to their child.

- New Co-Chair is: Rose Zamora. Thank you for volunteering to help!

Meeting adjourned at 12:44 PM