

Start Time Task Force

Meeting Agenda

October 27, 2022

4:00 PM – 7:00 PM

Time	Topic - Responsibility	Description / Materials / Notes - <i>Notes on discussion including focus questions and any materials needed.</i>
10 Min 4:00 – 4:10	Welcome and Agenda Overview - Spencer	
15 Min 4:10-4:25	Updates from the School Board, What Ifs - Scott	Scott Beebe, Deputy Superintendent, shared information generated from the discussion with the Board of Directors and interests members shared in the discussion.
10 Min 4:25-4:35	Discussion, Questions and Comments – Task Force	<p>Members asked questions based on the board feedback:</p> <ul style="list-style-type: none"> Idea about partnering with business partners is intriguing. Potential benefit for district and business. Would it help to have families ask for transportation when registering? We already do this, but families are not required to register annually, so we don't get great information back. About 50% of families complete the registration in any given year. Ridership is based on average. Drivers do counts daily and we do a count day three times per year that generates the funding for transportation. Thinking about Metro, have we considered transporting to Metro transit centers and would that create some efficiency? Will look at this a little more, and we don't want to create such long bus rides as to defeat the purpose of the later start time. Maybe families transport to Metro hubs and catch the bus from there? If we have a hard cutoff, like moving the radius for transportation, but an appeal process, would that result in benefit and make that less impactful for families? Would doing additional work on staggering start times or having specific schools early release / late start on different days create some efficiency? Could have some impact and also would have other unintended consequences like district collaborative work on those days currently.
20 Min 4:35-4:55	Report on Information Gathered from the Community Thought Exchange – Shannon Parthemer	<p>Small groups had conversations about the presentation about board interests – Report Out</p> <p>Group 1 Board didn't seem to have firm stance except later than 8:30 start time. ThoughtExchange had similar thoughts without the context of the impacts. Clarify for the next time the impacts and clarify that the change is going to come. Recognize getting more participation will occur when we get an actual proposal out for feedback.</p> <p>Group 2 Covered some in the previous comments. Wording the ThoughtExchange to be more clear. Having specific questions to help with categorization. Offering the open-ended feedback was the purpose of ThoughtExchange. Consider if we need to expand to other groups or cohorts to reach out to for feedback. Are we missing anyone? Impact categories can select if it will impact schedule, inequity, extracurricular, financial.</p> <p>Group 3 Mathematically minded people. Conversation around the pros and cons of ThoughtExchange and how ratings are done. Statistical questions around how that impacts the data. Pros were open ended response. Need to get the message out there that this is going to impact everyone. Not clear to the system that you can't change one without the other. Offer the research on adolescent sleep so undecided can read and understand that research. ParentSquare has allowed us to translate, so</p>

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		<p>how do we encourage those communities to respond in greater numbers. Feedback on messaging that rationale in our next communication.</p> <p>Group 4</p> <p>Some things already mentioned. Generated awareness and advocacy. Having a specific plan to react to next time is important. Calling people and having conversations and making sure all communities are heard. Focusing on elementary school parents. High school understands that struggle of early start times, but elementary may not be considering that yet. Extracurricular activities and childcare centers at what point do we let those outside opportunities know the change is coming, so their schedules can adapt and they have time to plan.</p> <p>General Feedback</p> <p>Worried about going back to the well too many times and causing survey fatigue. Can also help with engagement though if we reinforce this is happening. Also communicate back on what we heard in the survey to help raise awareness. Some questions were raised in the survey, and how should we be answering those, so the people who thought they were communicating with the committee know they're being heard too. In the past we've made videos, and have an animated info thing designed to be catchy. Animated to show the complexity, some of those can really tell that story fast. Might be something to do for the next round of feedback on proposals.</p> <p>Mr. Beebe shared he will do some work on communication with the Director of Communications on options to communicate the survey information and communicate with the committee via email between now and the next meeting on some ideas.</p>
5 Min 4:55-5:00	Break	
30 Min 5:00-5:30	Discussion, Questions and Comments, Effect on Guiding Considerations Ideas – Task Force	The previous agenda items ran long, so this topic will be moved to a future meeting.
20 Min 5:30-5:50	Report on New Start Time Proposals – Barbara / Dana	<p>Transportation director shared work that has been done since the last meeting to create some starting options for the committee to consider. Presentation started with a review of how tiered transportation systems function.</p> <p>What is the first student pickup of the day? Early route 6:20 AM is the first pickup, roughly.</p> <p>What is transition? Two programs for students with special needs, 18-21 program.</p> <p>Committee will be given time to give feedback on the scenarios at the end in the form of a handout.</p> <p>Is there a reason specific schools are locked into times? No, it really is all about how the tiers are created and how many busses and moving busses between schools in as efficient a manner as possible. The placement is about how many busses in any tier and where we can put an individual school.</p>

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		<p>All of these shown tonight would require additional busses, and my mind goes to cost. What is the cost? Approximately \$60,000 per bus in additional operating costs for each bus added to the need. That cost would need to come out of existing local levy funds.</p> <p>What is the context? Transportation operating budget is currently around 14.6 million, 83% of which is covered by the state. 17% comes from local levy funds. Any addition operating costs would come from the existing budget, which would mean we wouldn't be doing something else. Not possible to generate additional revenue for this purpose even to offset increased potential cost.</p> <p><i>Handouts were passed out with scenarios to each committee member. These will not be shared until the committee is able to make a recommendation, as they are meant as rough drafts of ideas.</i></p> <p>Were these numbers based on existing ridership, and will those numbers change? They are based on current ridership, and that is one of the unintended consequences we are not able to predict. Our current high school ridership is around 10%, and if that jumped to 20%, that would be an impact, and we would have to revisit routing likely to address capacity issues.</p> <p>Are there any proposals that have high school later in the day? Elementary to middle to high?</p> <p>Very first presentation there was an elementary, middle, high scenario. Preschool stayed at 10 though in that scenario, and that is the difference. When we move preschool that creates additional transportation needs in whatever tier we move it to that wasn't present in the original scenarios from 2018.</p> <p><i>Dr. Welch moved the committee into small groups and asked them to look at opportunities and challenges with each scenario.</i></p> <p>5 minutes on your own, then have a conversation about the opportunities and challenges, and see if you're in agreement. That will be part of the conversations too. Some of you will see things differently, and that is important as we consider the impacts on the broader community to surface those in the discussion.</p>
5 Min 5:50-5:55	Break	
50 Min 5:55-6:45	Discussion, Questions and Comments – Task Force	<p>Prefaced this next section with a shorter conversation. Not going to take the opportunity to have a big conversation this time, but we will in the next session. This little 5-minute segment is to report out some general thoughts about challenges and opportunities with each of the scenarios. Next time we will come back, and the goal would be to select one or possibly two that we want to get feedback from the community about. There may be things we talk about at that next meeting on the basis of our conversation that we make adjustments to that 1 or 2 that would make it more acceptable. Just hear where people are now.</p> <p>Cost was expressed by several groups. All of these add cost. Not likely possible to move times without incurring some cost. Would like to see if changes in service might get closer to cost neutral?</p> <p>Group 1 – didn't have as much detail, opportunity athletics' second. PreK is misaligned with the elementary school hosting that program.</p>

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		<p>Group 2 – Actually didn't click with any of these yet. Opportunities and challenges that apply to all of them. Lack of staggered start times. Could that take some pressure off? PreK in every option is the earliest start. Is it possible to move that to a transition time to take pressure off the bus routing.</p> <p>Staggering start times don't help our bus routes at all. Makes it more difficult or as timely with our routing.</p> <p>Some of the challenges we pointed out when you have elementary and middle starting at the same time, for example, you have challenges as a parent dropping off. Are there options for elementary, middle, then high school? Middle school has some of the same sleep pattern needs as high school, so feel that might be punitive to move them to the early start times.</p> <p>Group 3 - Elementary and preschool are starting early and might be traveling in the dark to get to school. Questions and concerns about breakfast and ability to fuel themselves up in the morning. Had the same question about middle starting late and getting out of the house. Anomaly of ICS transportation is strange to us. All the scenarios there are a couple of schools that are lumped into levels. Renaissance currently starts at 7:30, so do they change to whatever the other level schools are? ICS is being picked up and across the district, longest riders. Is ICS part of the parameters since it is a high school or is it different? Can we really just say that one school starts earlier?</p> <p>Other concerns or questions expressed:</p> <ul style="list-style-type: none">• Impact on middle school sports• Childcare before or after school• Middle schoolers getting to school last or home early, is that ok?• HS sports for students at choice schools (STEM) and getting to home schools to participate in sports• Can we outsource ICS or elementary band/orchestra?
5 Min 6:45 – 6:50	Next Steps – Scott and Barbara	Mr. Beebe will send notes out early next week. Collecting the notes from this evening and will communicate that information back to the committee. Facilitator asked that the specific scenarios stay in committee until we have better information on the viability of each.
10 Min 6:50 – 7:00	Closure and Session Reflection – Spencer and Task Force	Dr. Welch thanked the group for their work and asked for feedback forms.

Next Meeting Items:

- Guiding principles
- Refining and attempting to narrow options
- Request for elementary, middle, high school ordered
- Does change in service area make much difference?

Future Meeting Dates:

Start Time Task Force

Meeting Agenda

October 27, 2022

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November 10

December 1

December 15

January 12 – possible make-up date if needed

Scope of Work

High School Start
Time \geq 8:00 AM

Preschool Start
Time Earlier

Meeting Schedule and Agenda Topics

- Sept 22 – Purpose, Scope of Work, Building Background
- Oct 6 – Guiding Principles, Community Engagement, What If
- **Oct 27 – Developing Options, Impact / Interest Data**
- Nov 10 – Developing Options, Data Collection
- Dec 1 – Evaluating Options, Data Review
- Dec 15 – Evaluating Options, Consensus
- Jan 12 – Makeup / Implementation Planning



Mixing the Variables

- Tiers and Routes
- School Start and End Times
- Length of Student Day
- Alternative Transportation
- Change of Service Model



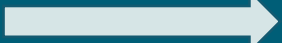
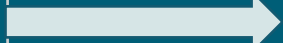

Comparison of Transportation Systems *(2019)*

District	Total Riders	18-19 OSPI Enrollment	% Ridership	# of Buses
LWSD	8908	31264	29%	94
Bellevue	7263	21748	33%	100
Issaquah	8943	20961	43%	131
Northshore	9177	23067	40%	120
Edmonds	7791	21364	37%	137
Kent	9617	27215	35%	131
Renton	4517	16334	28%	89

LWSD – 4.5-Tiered System

Total Routes = Largest Tier + Special Education

***93 Routes Needed**

	6:30-7:00	7:00-8:00	8:00-9:00	9:00-9:20
High School/ICS/MS <i>45 minutes</i>	67 Buses – 1 Tier 			
Middle School <i>45 minutes</i>		63 buses- 1 Tier 		
Elementary School <i>15 minutes X 2</i>			63 Buses- 1 Tiers 	28 Buses- 1 Tier 
Special Education	26 Buses 			
<i>* Current routing is actually using 98 busses.</i>				

Board Interests

- Efficiency within our current system?
- Are there ways to add or split tiers to create capacity?
- Is adding routes a realistic option?
 - Driver shortage?
 - Busses?

Current Start and End Time Limits

Level	Mon., Tues., Thurs., Fri.		Wed.	
	Start Time	End Time	Start Time	End Time
Preschool	10:00 & 1:30	12:30 & 4:00	n/a	n/a
Head Start	9:00 & 12:30	12:30 & 4:00	n/a	n/a
Elementary	8:50 – 9:20	3:20 – 3:50	8:50 – 9:20	1:50 – 2:20
Middle	7:30 – 8:35	2:05 – 3:05	7:30 – 8:35	12:30 – 1:35
High	7:30 – 8:00	2:20 – 2:50	7:30 – 8:00	12:50 – 1:20

Start Times - Neighboring Districts *Elementary*

	Lake Washington	Bellevue	Issaquah	Northshore
Start	8:50 a.m. (11) 9:05 (2) 9:20 a.m. (19)	8:00 a.m. (6) 8:05 a.m. (2) 8:40 a.m. (2) 9:00 a.m. (5) 9:05 a.m. (4)	9:15 a.m. (16)	9:00 a.m. (1) 9:05 a.m. (2) 9:10 a.m. (4) 9:15 a.m. (2) 9:20 a.m. (1) 9:25 a.m. (3) 9:30 a.m. (7)
Dismissal	3:20 p.m. (11) 3:35 (2) 3:50 p.m. (19)	2:30 p.m. (6) 2:35 p.m. (2) 3:10 p.m. (2) 3:30 p.m. (5) 3:35 p.m. (4)	3:40 p.m. (16)	3:30 p.m. (1) 3:35 p.m. (2) 3:40 p.m. (4) 3:45 p.m. (2) 3:50 p.m. (1) 3:55 p.m. (3) 4:00 p.m. (7)

Start Times - Neighboring Districts *Middle School*

	Lake Washington	Bellevue	Issaquah	Northshore
Start	7:30 a.m. (2) 7:50 a.m. (1) 8:00 a.m. (2) 8:10 a.m. (2) 8:25 a.m. (1) 8:30 a.m. (1) 8:35 a.m. (3)	7:45 a.m. (2) 8:15 a.m. (1) 8:30 a.m. (1) 8:38 a.m. (1) 8:45 a.m. (1)	8:10 a.m. (5) 9:15 a.m. (1)	8:00 a.m. (6)
Dismissal	2:05 p.m. (2) 2:20 p.m. (1) 2:30 p.m. (2) 2:40 p.m. (2) 2:55 p.m. (1) 3:05 p.m. (4)	2:30 p.m. (2) 3:00 p.m. (1) 3:30 p.m. (3)	2:35 p.m. (5) 3:40 p.m. (1)	2:35 p.m. (6)

Start Times - Neighboring Districts *High School*

	Lake Washington	Bellevue	Issaquah	Northshore
Start	7:30 a.m. (4) 7:50 a.m. (2) 8:00 a.m. (2)	8:00 a.m. (5) 8:15 a.m. (1)	8:00 a.m. (3) 8:50 a.m. (1)	8:10 a.m. (1) 8:15 a.m. (3) 8:20 a.m. (2)
Dismissal	2:05 p.m. (1) 2:20 p.m. (3) 2:40 p.m. (2) 2:50 p.m. (2)	3:00 p.m. (5) 3:15 p.m. (1)	2:55 p.m. (2) 2:52 p.m. (1) 3:50 p.m. (1)	2:55 p.m. (1) 3:00 p.m. (1) 3:15 p.m. (3) 3:20 p.m. (1)

Start Times - Neighboring Districts *Preschool*

	Lake Washington	Bellevue	Issaquah	Northshore
Start	9:00 a.m. (HS) 10:00 a.m. (PS) 12:30 p.m. (HS) 1:30 p.m. (PS)	8:00 a.m. 9:00 a.m. 11:30 a.m. 12:30 p.m.	9:15 a.m. 12:45 p.m.	8:00 a.m. 11:45 a.m.
Dismissal	12:30 p.m. (HS+PS) 4:00 p.m. (HS+PS)	11:00 a.m. 12:00 p.m. 2:30 p.m. 3:30 p.m.	12:15 p.m. 3:40 p.m.	10:30 a.m. 2:15 p.m.

Board Interests

What is too early?

- No consensus on too early
- More consensus on 8:00 for high school is not late enough.
 - 8:30?
 - 8:45?

What is too late?

- Not consensus on upper limit
- Understanding of later start time equates to later dismissal
- Traffic?

Required Instructional Days and Hours

State Minimum Requirements

180-day School Year

Instructional Hours (*Can be met with 1,027 hour average for grades 1-12*)

- Kindergarten – 1,000 hours
- Grade 1-8 – 1,000 hours
- Grades 9-12 – 1,080 hours

Determined by student start and end times

- - lunch time
- - early release time
- - half days
- - late starts

References: RCWs 28A.150.203, 28A.150.205, 28A.150.220

Neighboring Districts Length of School Day

District	Elem	Middle	High
Lake Washington	6 hr 30 min	6 hr 30 min	6 hr 50 min
Bellevue	6 hr 30 min	6 hr 50 min	7 hr
Issaquah	6 hr 25 min	6 hr 25 min	6 hr 55 min
Northshore	6 hr 30 min	6 hr 35 min	7 hr

Represents Full day including lunch. Does not include early release schedule which many districts have one day per week

Board Interests

- Shared interest with committee
 - No reduction in instructional time
- Questions around 7 period day

Lake Washington District Current Practice

Qualifying for Bus Service

Outside one-mile
radius

- Or unless no suggested walk routes exist
- And Students receiving Special Education services with need

Exceeding limits
eligible for bus service.

- Elementary may walk up to one and a half miles
- Middle and high may walk up to two miles.

Hazardous criteria for
determination of
ridership

- Looked at annually, and if met, qualifies for funding through the state.

Board Interest: Service Levels

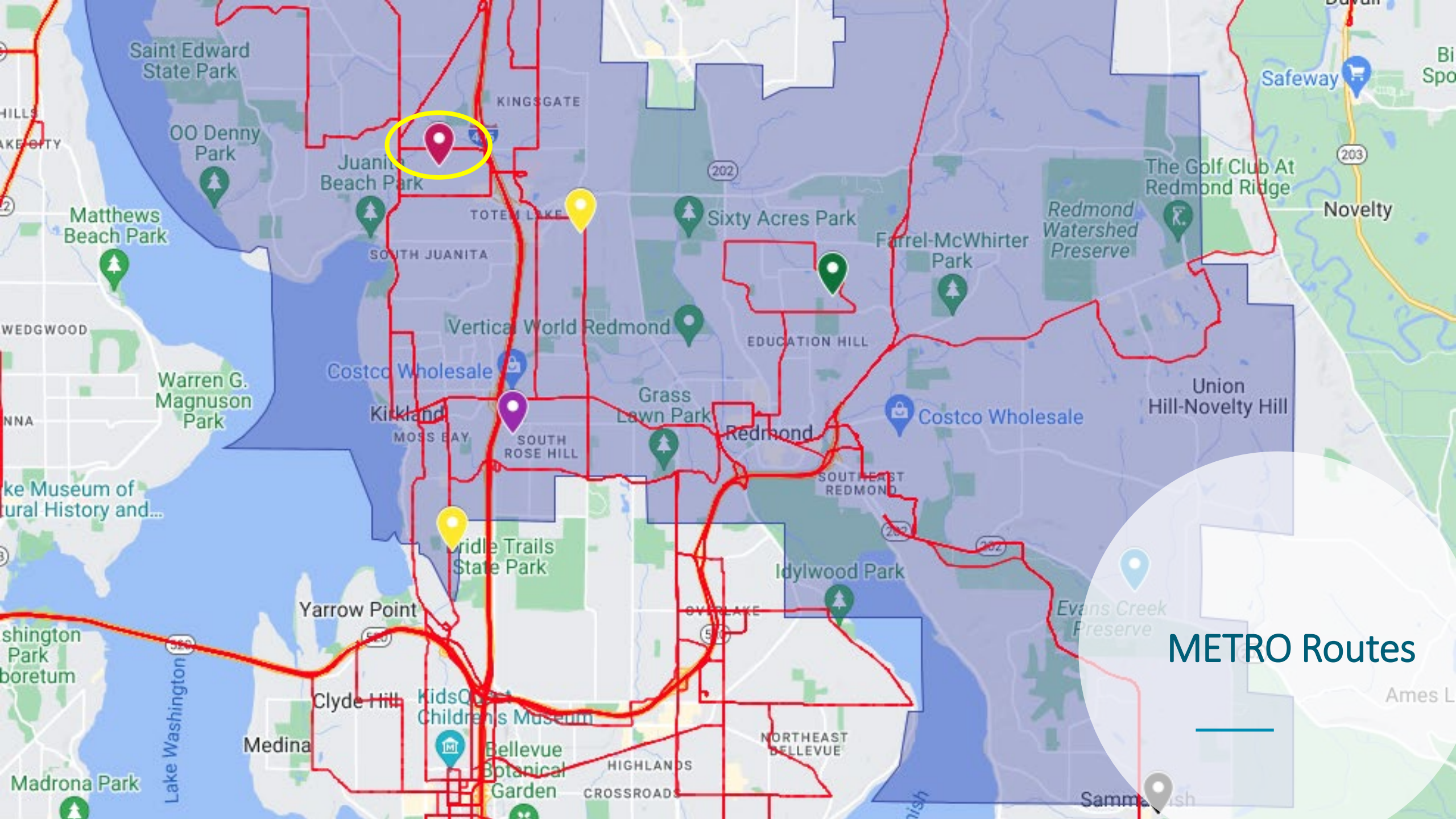
- Not consensus on changing or not changing
- Understand the complexity
- Understand changes have consequences
- Equity considerations

Alternate Providers — *Specialized Transportation Outsourced*

- Approximately **278** students daily
 - Students with special needs – *American Logistics Company (ALC)*
 - Students with McKinney Vento status - *Hop, Skip and Drive*
- Annual Cost Approximately:
 - Students w/ special needs- \$825,000
 - McKinney Vento- \$871,500

Metro Options Providers – *Metro*

- Board has an interest in developing advocacy and relationship with Metro
- Metro ORCA cards free for all students across the district
- Met w/ Metro representatives October 20
 - Juanita – Route 230 and 225
 - Redmond – Route 221, 250, 224
 - Eastlake – Route 269 (Sahalee Way)
 - Review existing routing
 - Start time alignment
 - Routes to serve schools
 - Late November
 - Decision Making – equity (lower income service)
 - Metro does have an interest in generating ridership with HS students
 - Light rail will likely initiate some service changes



METRO Routes

Alternate Providers — *Board Interests*

- Incentivize carpooling?
- Walking?
- Cycling?
- Charter?
- Vans for preschool transportation?
- Outsource a Tier? Preschool?
- Business partners?
- Other?

ThoughtExchange — *Early Community Input*

What potential impacts of a change in school start times do you want to share with the committee to consider in this process?

How was it communicated?

- **ParentSquare** – post and reminder
 - 53,011 contacts notified (116 appreciated)
- **Social Media**
 - Facebook – 10 shares, 1,623 reaches
 - Instagram - 716 impressions
- **Other**
 - Website front page graphic with link
 - Focus – All Staff Newsletter
 - Connections – parent / community newsletter - 51,427 contacts
 - Peachjar eFlyer – 35,559 emails w/ 23,681 impressions
- **Noticias** (Spanish Language Video) – Monday, Oct 24

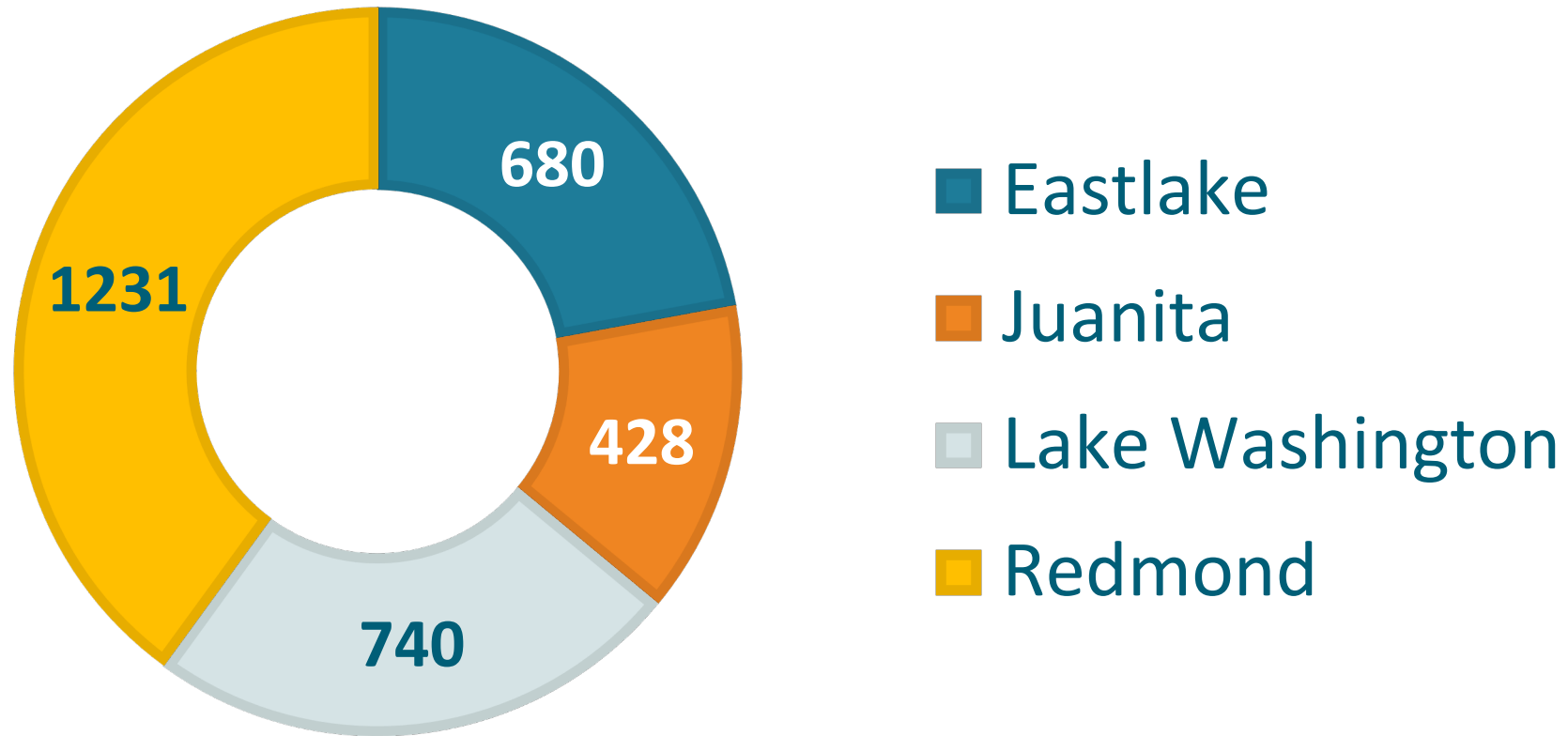
Who responded?

%	Number	Who
74%	2321	Parent / Family Member
15%	482	Staff Member
14%	441	Student
2%	80	Community Member

Who responded?

%	Number	Who
4%	144	Preschool
41%	1290	Elementary (K-5)
31%	977	Middle School (6-8)
50%	1557	High School (9-12)
2%	70	N/A

Who responded?



Languages Represented in the Sample

- English
- Spanish
- Korean
- Russian
- Arabic
- Japanese
- Chinese Simplified
- Chinese Traditional
- Persian
- Khmer
- Unknown...

Small numbers suggest we need additional strategies to reach multilingual families.

Communication Strategies – *Committee Input*



Outreach to
specific
communities



Utilize in person
and asynchronous
modes



Multiple
languages



Short, focused,
targeted directly



Focus on creating
awareness



Long timeline and
early notice to
families when
change is made

What can we learn?

- Appears to be wider spread support than 2018
- Prompt raised awareness and some impacts were shared
- Prompt didn't generate exactly the anticipated response
- Data collection with actual proposals will yield different results
- Translation options worked, but not widespread
- Data collection will include focus groups, online, and in-person



What if...

Ideating