



# Guiding Good Choices

## Evening Program

**Class 1** • Explore opportunities for family involvement and interaction.

**Class 2** • Discuss clear family expectations about substance use.

**Class 3** • Learn peer-refusal skills.

**Class 4** • Learn how to manage anger and family conflict.

**Class 5** • Explore sharing positive feelings and familial bonding.

### Dinner provided

To register please click [here](#) or call Student Services.

Free 10-hour life skills program for Salt Lake City School District students in 4<sup>th</sup> through 8<sup>th</sup> grades and their parents

2-hour classes held weekly on Tuesday evenings at Horizonte Instruction and Training Center 6:00 – 8:00 PM

Taught by a trained facilitator

Program offered April 4, 11, 18, 25 and May 2

**STUDENT SERVICES**

**801.578.8206**