

## **Student Health Advisory Council meeting minutes – Oct 20, 2022**

### **1. Introduction and welcome of attendees**

Kathy Riojas called the SHAC meeting to order on Oct 20, 2022 at the ESDC Building B Texas room at 7:08 pm with quorum met and secretary in attendance. Catherine Carlin was appointed Parliamentarian for the meeting. The following SHAC members attended the meeting: Kathy Riojas, April Hooper-Christenson, Caleb Rosier, Lacey Tomanek, Pooja Shah, Catherine Carlin, Victoria Whitley, Sandra Lieck, Jonathan Wilk, Linda Villemarette, Elizabeth McKinney, Sylvia Mazuera, Kim Graham and Sally Derrick. The following guests attended the meeting: Elizabeth Banda, Saima Malik, Tammy Jones, Lyn Torres, and Melanie Williams.

Kathy welcomed everyone, and reminded attendees to sign-in. Printed agenda and minutes of the previous meeting were available for attendees to pick up.

### **2. Approve minutes from last meeting – September 29<sup>th</sup>**

The minutes from the September 29, 2022 SHAC were approved with no corrections by general consent.

### **3. SHAC Introduction**

- a) **Review of Mission, Vision and Purpose of SHAC**
- b) **Introduction of members**

After a round of introductions from all attendees, Kathy reminded the audience who is a voting member of SHAC. She invited guests who wish to speak to fill and submit an audience for guest form to the secretary. Mission and vision of SHAC were stated.

### **4. Old Business**

There is no old business.

### **5. New Business**

- a) **Presentation on E-cigarettes, Vaping, Tobacco Use in School Aged Children and Adolescents- Elizabeth Banda, DCHHS Chronic Disease Prevention**

Elizabeth Banda from Dallas County Health and Human Services presented on Chronic Disease Prevention and specifically a tobacco cessation program for teens in middle and high school in Dallas County. She talked about tobacco and vaping, the harmful substances they contain, the effects on the brain, the lack of communication about e-cigarettes to adolescents and the easy access they have to these devices. She talked about how some of these devices are hard to spot, what leads children to try them, and the consequences of vaping. Some tips on how to prevent adolescents from vaping are talking with children, setting a good example, asking doctors to bring up this topic with children, and providing information at school. The website [Teen.smokefree.gov](http://Teen.smokefree.gov) provides good information on this topic.

Dallas County Health and Human Services offers an e-cigarette and vaping cessation program from American Lung Association for students ages 14-19. They work in small groups led by a facilitator to help participants lead a healthier life. They are also working on an Asthma control program. These programs are for students that live in Dallas County but can possibly include students in other counties.

April Hooper-Christenson chaired the meeting from this point forward.

b) Presentation of SEL curriculum subject to opt-in provisions of SB9- Lyn Torres and Melanie Williams

Lyn Torres, CFB Mental Health and Behavior Coordinator, and Melanie Williams, CFB School Counseling and AVID Coordinator presented on SEL Curriculum subject to opt-in provisions of SB9. The SB9 legislation now requires that prevention of child abuse, family violence, dating violence and sex trafficking curriculum be opt-in. It also requires SHAC to approve the curriculum and make recommendations to the school board. They presented the curriculum to SHAC for review and approval including some copyright curriculum. A chart lists the curriculum, grade levels and estimated time for review.

April opened nominations for a special committee to review the public-school instruction and materials regarding the prevention of child abuse, family violence, dating violence and sex trafficking, that are subject to opt-in according to SB9. This committee will meet to review the following curriculum:

- Texas School Procedures, Guidance lessons for students (Copyright)
- CFBISD created condensed guidance lessons for students
- NEST curriculum used in high school Health classes (Copyright)
- Texas Tech University curriculum used in 2 CTE courses (Copyright): Human Growth and Development course and Counseling and Mental Health course
- Mental Health America's WHO guidance lessons and videos (Copyright)

The committee will propose a recommendation to the full SHAC at the February 9, 2023 meeting. The SHAC will review the recommendations from the committee and submit a recommendation to the CFBISD School Board.

The committee meetings will not be open to the public. The committee members will receive access to the curriculum for review.

The following people were appointed to the committee: Jonathan Wilk, Kathy Riojas, Victoria Whitley, Betsy McKinney, April Hooper-Christenson, and Sylvia Mazuera.

6. Audience for guest

There were no requests for audience for guests.

7. Questions/Discussion

April reminded everyone that the next SHAC meeting will take place on Feb 9, 2023 at 7pm. Speakers are being planned based on topics brought forward at the last SHAC meeting.

8. Adjourn

There being no further business, the meeting was adjourned at 7:42pm

Sylvia Mazuera, SHAC Secretary