

LUNCH MENU

EC - GRADE 2

Week 3: January 9th - 13th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with tomato sauce	Pasta with ragù bolognese	Saffron risotto	Pasta al pesto	Pasta tomato and ricotta cheese
	Grilled chicken	Mini cheese omelette	Mini veal meatballs	Chicken strips	Mozzarella bites
	Mashed potatoes	Julienne carrots	Green beans	Broccoli	Tomatoes salad
Week 4: January 16th - 20th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Gnocchi al pomodoro	Risotto al pesto	Lasagna pmodoro e mozzarella	Pasta with cream of pumpkin	Pasta al pomodoro
	Chicken cutlets	Baked turkey breast	Zucchini mini flan	Grilled burger	Fish and chips
	Zucchini	Lettuce	Green beans	Steamed spinach	Fries
Week 5: January 23rd - 27th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with white meat sauce and carrots	Vegetables Soup	Baked pasta with cheese	Pasta al ragù alla bolognese	Pizza margherita
	Chicken bites	Turkey nuggets	Mini grilled burger	Chicken and spinach burger	Egg flan
	Mashed carrots	Lettuce	Broccoli	Mashed cauliflowers	Lettuce
Week 1: January 30th - February 3rd	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with ragù bolognese	Pumpkin risotto	Pasta with tomato sauce	Pasta al pesto	Pasta with tomato sauce
	Chicken strips	Spinach omelette	Mini grilled burger	Chicken strips	Ricotta
	Green beans	Salad	Roasted Potatoes	Chard	Tomato salad
Week 2 : February 6th - 10th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with tomoato and ricotta	Tomato risotto	Pasta with butter and Parmesan cheese	Pasta al ragù alla bolognese	Pizza margherita
	Veggie bites	Chicken bites	Mini grilled burger	Chicken cutlets and fries	Fish sticks
	Steamed spinach	Tomatoes salad	Zucchini sticks	Salad	Chard

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Week 3: February 13th - 17th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with tomato sauce	Pasta with ragù bolognese	Saffron risotto	Pasta al pesto	Pasta tomato and ricotta cheese
	Grilled chicken	Mini cheese omelette	Mini veal meatballs	Chicken strips	Mozzarella bites
	Mashed potatoes	Julienne carrots	Green beans	Broccoli	Tomatoes salad
Week 4: February 20th - 24th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Gnocchi al pomodoro	Risotto al pesto	Lasagna pomodoro e mozzarella	Pasta with cream of pumpkin	Pasta al pomodoro
	Chicken cutlets	Baked turkey breast	Zucchini mini flan	Grilled burger	Fish and chips
	Zucchini	Lettuce	Green beans	Steamed spinach	Fries
Week 5: February 27th - March 3rd	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with white meat sauce and carrots	Vegetables Soup	Baked pasta with cheese	Pasta al ragù alla bolognese	Pizza margherita
	Chicken bites	Turkey nuggets	Mini grilled burger	Chicken and spinach burger	Egg flan
	Mashed carrots	Lettuce	Broccoli	Mashed cauliflowers	Lettuce
Week 1: March 6th - 10th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with ragù bolognese	Pumpkin risotto	Pasta with tomato sauce	Pasta al pesto	Pasta with tomato sauce
	Chicken strips	Spinach omelette	Mini grilled burger	Chicken strips	Ricotta
	Green beans	Salad	Roasted Potatoes	Chard	Tomato salad
Week 2 : March 13th - 17th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta with tomoato and ricotta	Tomato risotto	Pasta with butter and Parmesan cheese	Pasta al ragù alla bolognese	Pizza margherita
	Veggie bites	Chicken bites	Mini grilled burger	Chicken cutlets and fries	Fish sticks
	Steamed spinach	Tomatoes salad	Zucchini sticks	Salad	Chard