



Parent Bulletin Friday 4th November 2022

Dear Parents and Carers

I hope you and your children enjoyed the half term break.

Next week marks Anti-Bullying Week and these ideas come from The Anti-Bullying Alliance <https://anti-bullyingalliance.org.uk/>

If your child is being bullied or you think they might be, here are some tips on how to talk to them and prevent further bullying.

If your child is being bullied, **don't panic**. Explain to your child that the bullying is not their fault and together you will sort this out.

Bullying is never acceptable; and should always be taken seriously. It is never your child's fault if they've been bullied.

Try and **establish the facts**. It can be helpful to keep a diary of events. If the bullying is online, save or copy images and text.

Find out what your child wants to happen. Help to identify steps you can take; and the skills they have to help sort out the situation. Make sure you always keep them informed about any actions you decide to take.

You may be tempted to tell your child to retaliate but this can have unpredictable results. Your child might get into trouble or get even more hurt. Rather – role play non-violent ways they can respond to children that are bullying them (e.g. "I don't like it when you say that to me / do that to me. Stop it."); show them how to block or unfriend people if the bullying is online and help them identify other friends or adults that can support them.

Encourage your child to get involved in activities that build their confidence and esteem, and help them to form friendships outside of wherever the bullying is taking place.

Speak to the school (if the bullying is happening in school). Tell your child's Form Tutor or Head of Year. If you think your child is at immediate risk of suffering significant harm, treat this as a safeguarding concern and contact safeguarding@slougheton.com or call one of the Safeguarding Team 01753 520824.

Get some advice. There are many organisations that can give you advice. Contact them if you are worried about bullying and want to talk to someone.

<http://www.kidscape.org.uk/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/>

safeguarding@slougheton.com

Mrs McCulloch



Mrs Goodyear



Mrs Holland



Mrs Hussain



Miss Kumar



Miss Shallow



Mr Thatcher



Have a good weekend.

Yours sincerely

Peter Collins
Headteacher

News and Information

Year 11 Study Room – Mrs Shaw

From the middle of next week, we will be opening a Year 11 Study Room in the Sixth Form Centre. This will enable Year 11 students to stay in school in a quiet environment to complete revision in readiness for their mock exams. The study room will be open 3-4pm throughout the Mock Exams, please encourage your child to attend.

We will confirm the opening day and time with students on Monday.

This week's **Collective Worship** reflection is:

"Dear Lord,

Help us to be honest in all aspects of our lives, to be truthful to others and give us the strength to be honest to ourselves. Inspire us to accept our weaknesses, our flaws and aid us to improve on these.

Allow us to understand that you see and know all things and it is a grave offence to you when we are dishonest. Let us be self reflective in order to please you and make a more honest world for us all to live

Amen

I have come in order that you might have life – life in all its fullness (John 10:10)