

Nov. 7, 2022

Nov. 7, 2022

This week at NCAL, I was joined by Sofia Turner Amaya, Max Hiltz, and Lily Sealey. They worked hard to help keep the shelter lobby spic and span by sweeping and mopping followed by some quality time with four, friendly kittens. Go Wildcats!



PreK-6 Instructional Assistants

Cambridge Elementary School is seeking one, full time K-6 Special Education instructional assistant and one part time preschool Special Education instructional assistant to work one to one or in small groups with students. Hours for the K-6 position are 7:30-2:30 five days a week. The preschool assistant hours are 7:30-1:00, five days a week. We are seeking applicants with experience in supporting elementary school aged students with their academic and social and emotional growth. These are school year positions with excellent benefits. You can apply at the link below or via the CES job application which is also linked below.

[Preschool-Sixth Grade Instructional Assistant Openings](#)

After School Program Behavior Specialist

CES is seeking a part time behavior specialist After School Behavior Specialist Opening to work one on one with an elementary school aged student in our after school program. This position requires training and experience with delivering instruction to students with emotional, behavioral, or neurologically based disabilities. M-F 2:30 to 5:00 p.m. You can apply at the link below or via the CES job application which is also linked below.

[After School Behavior Specialist Opening](#)

CES Bus Driver

We are in need of a bus driver for a 5.5 hour contracted day. These hours follow the school calendar and could potentially have additional hours, outside of the contract, for field trips, late runs, etc..... If you are interested in a position at CES as a bus driver or know someone that might be, please give us a call or complete the job application at the link below and return to Kelly Shortlseeve, CES Transportation Coordinator. We pay all fees that are associated with obtaining a license to drive a bus. Cambridge offers excellent benefits and a great community atmosphere. You can apply at the link below or via the CES job application which is also linked below.

[Bus Driver Opening](#)

[CES Job Application](#)

HAPPENINGS AT CES

Enjoying COL
with Buddies
on Crazy hair
day



I spy a Pikachu
dancing to
Halloween
music!



The Reading
Dogs are
back!





Ronald McDonald Care Mobile

In Partnership with The Health Center

157 Towne Ave, Plainfield VT 05667

802-454-1047

Exciting News!!!!

The Mobile Dental Van is Coming to Town! This van, sponsored by Ronald McDonald House Charities in partnership with the Community Health Centers of Vermont is a modern, fully equipped dental office on wheels. The goal is to bring dental services to Vermont children who live in areas that are underserved or have no dentist. Services include cleaning teeth, fillings, x-rays, extractions, exams and sealants. The evidence is strong that good dental care prevents many diseases including diabetes, fewer missed days from school and a better chance of success in school and work.

WHERE: _____

WHEN: _____

DOES YOUR CHILD NEED A DENTAL VISIT? _____ YES _____ NO

If no, then keep brushing and flossing, keep your regular dental visits, skip the soda and sweetened beverages and keep smiling ☺

If yes, give us a little information and then we can get started and help your child get one step closer to a healthy smile!

-----cut here-----

Child's Name _____

Does your child have a dentist? _____ YES _____ NO

Does your child have dental insurance? _____ YES _____ NO

Do you need help with signing up for insurance? _____ YES _____ NO

Address _____

Telephone number (H) _____ (cell) _____

Parent(s)/Guardian name _____

Signature: _____

Once you sign this and tell us you are interested in getting dental care for your child, we can help you with the application process. **Give this slip to your school nurse or send to the dental van administrative assistant-**

Staci Ford

157 Towne Avenue

Plainfield, Vermont 05667

· Phone: 802-322-6622 · Fax: 802-322-6602 · Email: dentalmobile@the-health-center.org

Covid-19 on site testing can no longer be provided
Yesterday, the Vermont State School Nurse Association
(VSSNA) verified that administering diagnostic tests (including
Covid-19) without a medical provider's order is outside the
scope of practice of school nurses.

So, I will no longer be able to administer testing at school.
Rapid tests will still be available to take home
Since I only have a finite supply, the tests will be limited to
those with symptoms.

KEEPING CES HEALTHY

If your child is sick please keep them home.

The CES "sick kids stay home criteria" is:

fever within the last 24 hours

significant cold symptoms including a cough and runny nose

Any kind of rash

Antibiotics within the last 24 hours

If your child has a mild residual cough, it is helpful to all if they wear a mask

Masking is not required but we support anyone that chooses to wear one to protect themselves or others

If your child has Covid like symptoms, testing can prevent transmission to others

If they test positive, isolation for at least 5 days is required.

Notify the school. We are still required to report cases to the Department of Health

Day 0 is the first day of symptoms or positive test, whichever happens first

Isolation can end after day 5 if fever free for 24 hours without fever reducing medication and feeling better.

It is highly recommended to mask through day 10.

Please notify the school if your child has Covid-19.

Interested in a Covid vaccine for your child?

<https://experience.arcgis.com/experience/cdf6b5c920a54a5f960ca73bda5943c2/>

Questions about all things Covid-19:

<https://www.healthvermont.gov/covid-19>

CAN YOU VOLUNTEER YOUR TIME TO HELP AT THE SWAP?

Dear CES Families,

Please consider signing up to help the Rotary at the Ski/Ride Swap. Many hands make light work! Follow this [link](#) to help volunteer your time.

Consignment tags can be found in the CES lobby if you are looking sell gear. Additionally, check out the sale to score great winter gear and buy more student-created jewelry!

Did you know that the funds raised help our CES Wildcats to receive FREE Ski/Ride Lessons at Smugglers' Notch this winter?

Let's help the Rotary make this event a success!

Thank you,
4th, 5th & 6th Grade Teachers



SKI, RIDE & WINTER SPORTS SALE

Cambridge Community Center | 22 Old Main Street, Jeffersonville

Fri. Nov. 11
7 pm - 9 pm

Sat. Nov. 12
9 am - 3 pm

Consignment information is available at the Varnum, CES, CCC and Cambridge Town Clerk's Office from Oct. 31 - Nov. 11

Drop Off your items on: Fri. 11/11, 4-7pm.
Pick Up: Sat. 11/12, 2:30 - 4:30 pm

RotaryCambridge.org

Proceeds benefit the CES "Winter Wellness" program and other Rotary activities.



You're invited! To the

thanks Giving feast

**Cambridge
Elementary**
Date

Thursday, Nov. 10, 2022

PreK and K 10:45 to 11:15

3rd and 4th 11:30 to 12:05

1st and 2nd 12:15 to 12:50

5th and 6th 1:00 to 1:35

menu

- Roast Turkey
- Chef's Mashed Potatoes
- Gravy
- Traditional Stuffing
- Chilled Cranberry Sauce
- Dinner Rolls/With Cabot Butter
- Maple Glazed Carrots
- Holiday Dessert
- Milk



Please return this portion of the form to school before 11/07

Name: _____

Grade: _____

Class: _____ # Attending _____



FREE for children under 18 \$5.00 for Adults

The Abbey Group

This institution is an equal opportunity provider.



SAVE THE DATES: CES WINTER CONCERTS

SNOWFLAKES

FALL

- Wednesday,
December 7, 2022
- 6 PM
- CES Gym


Students in grades k-3
with CES preschoolers,
will present a concert all
about snow based on
the picture book:
Snowflakes Fall."

PAINT THE TOWN

DECEMBER

- Tuesday,
December 13, 2022
- 6:15 PM
- CES Gym
-

Students in grades 4-5
along with, chorus and
2nd year band students
will present a
multicultural skit about
December celebrations.



WWW.CESVT.NET

LUNCH MENU next week

November 11: NO SCHOOL

Monday: Grilled cheese and chicken
noodle soup

November 23-25: NO SCHOOL

Tuesday: General Tso chicken

December 23-Jan 1: NO SCHOOL

Wednesday: Cheesy breadsticks

Thursday: Holiday Meal, please RSVP

Friday: NO SCHOOL-Veterans Day

BANKING CONTINUES EVERY TUESDAY

UnionBank SaveforSuccess

Saving Money & Getting Rewards

What: School Banking Day
When: October 11th
Where: Stairway to the Gym
Who: Cambridge Elementary School

Tuesday's are Banking Day!

Monica Wood
Coordinator
Save for Success
802.888.0448

mwood@ublocal.com
UBLOCAL.COM

Your School banking day will be on Tuesday at 7:30 – 7:50, through-out the school year! Dig out those bank pouches, get your money and join Union Bank at Banking Day! Learn what a savings account is, the advantages of having one, and how it earns interest.

New to the program? Welcome! Pick up your new account packet from Union Bank or a volunteer at the banking table. Open an account any time during the year and Union Bank will give you \$1 to start! Deposit any weekly amount and gain small prizes as a reward.

We hope to see you there!

SEUSSICAL AT LAMOILLE UNION



The Lamoille Union Theater Program will present "Seussical - The Musical" on

November 3, 4, and 5 at the school auditorium on Route 15 in Hyde Park.

"Seussical" is a fantastical, magical, musical extravaganza! It brings our favorite Dr. Seuss characters to the stage, including Horton the Elephant (Sam Goodell), Cat in the Hat (Syd Moser), Gertrude McFuzz (Julia Rose Daley), Lazy Mayzie (Ella Kinney), and Jojo - a little boy with a big imagination (Sterling Nelle). The colorful characters transport us from the Jungle of Nool to the Circus McGurkus to the invisible world of the Whos. The powers of friendship, loyalty, and imagination emerge triumphant in a story that will make you laugh and cry.

There are two more chances to see "Seussical:" Friday night at 7 PM on November 4; and a 2 PM matinee performance on Saturday, November 5. The show is suitable for audiences of all ages. All tickets are \$10. Purchase yours online through the Lamoille Union Theater Program website. Tickets will also be available at the door.

Happenings at the Varnum Library

The Varnum continues to offer weekly **StoryTime** and a craft every Wednesday at 10. ***Dungeons and Dragons** group meets every other Wednesday from 4-6pm; the dates for D&D in November are: 11/2, 11/16 and 11/30.

***Crafternoon** is back on Tuesdays 11/8 and 11/15 from 3-5 pm.

***As a reminder, all children 12 and younger must be accompanied by a guardian or responsible adult. ***

Coffee and Conversations is a new program on Thursdays from 10-11 aimed at providing socializing opportunities for retirees and those wanting to find more connection within their community. Coffee and facilitator provided.

Tai-Chi for Fall Prevention will be offered every Saturday from 9:30-10:30. This course is led by a certified instructor and is designed for retirees and those wishing to improve their balance. Please call to register.

Please call the Varnum with any questions!

Varnum Memorial Library
194 Main Street
Jeffersonville, VT 05464
802.644.2117



MOUNT MANSFIELD MARTIAL ARTS

STOWE WATERBURY MORRISVILLE CAMBRIDGE

www.MountMansfieldMartialArts.com

Cambridge Karate - New Session Starting



**LEARN ABOUT ALL OUR CLASSES!
(802) 760-7094 : SDGDRAGON@AOL.COM
WWW.MOUNTMANSFIELDMARTIALARTS.COM**

Karate Kids (ages 5-10)

The Karate Kids Program is designed specifically for children ages 5 through 10. The emphasis is on gross motor skills and activities that are developmentally and age appropriate. Students engage in physical activities that work on balance, coordination, fitness, flexibility, speed, timing, and power skills, along with traditional martial arts movements. Mount Mansfield Martial Arts students understand that the goal of self-defense is to prevent harm, not hurt others. We emphasize that our program uses martial arts techniques to teach social skills such as cooperation, taking turns, sharing, listening, and teamwork. Through training, students work on goal setting and achievement by progressing through our curriculum and obtaining colored belts and stripes. We also integrate a character development program into our classes that reinforces respect, self-control, self-discipline, focus, courtesy, integrity and confidence. Through positive feedback, overcoming challenges, mastering responsibilities and achieving goals, students at Mount Mansfield Martial Arts can become the leaders of tomorrow.

Jr. / Adult Class (All Ranks – ages 10+)

This class follows the Adult Solid Belt system. The class is faster paced and more technically and physically challenging than our Karate Kids program. While the emphasis is primarily traditional martial arts students also delve into Wude (Martial Ethics), modern Self-Defense and physical conditioning. Most importantly, it is still fun. This class is also a great opportunity for the whole family to train together.

Wednesdays - At Cambridge Community Center

- Karate Kids (stripe belts) 3:00 - 3:45 P.M.
- Jr. / Adult (solid belts) 4:00 - 4:45 P.M.

Visit our website to see our full schedule



The weather is getting colder.... soccer season is coming to a close.... there is no better time than NOW to start training taekwondo!

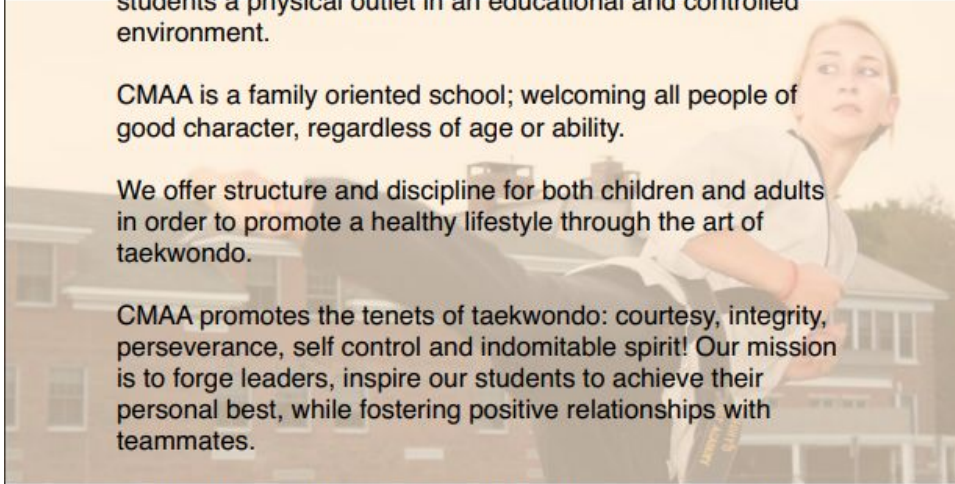
Cambridge Martial Arts Academy (CMAA) is an independent school training in the traditional Korean martial art of taekwondo. CMAA promotes self-esteem, self-confidence, character development and provides students a physical outlet in an educational and controlled environment.

CMAA is a family oriented school; welcoming all people of good character, regardless of age or ability.

We offer structure and discipline for both children and adults in order to promote a healthy lifestyle through the art of taekwondo.

CMAA promotes the tenets of taekwondo: courtesy, integrity, perseverance, self control and indomitable spirit! Our mission is to forge leaders, inspire our students to achieve their personal best, while fostering positive relationships with teammates.

Training is every Tuesday and Thursday 6-pm - 7pm at the Cambridge Elementary School gymnasium. For more information email: cmaatkd@hotmail.com or visit <https://www.facebook.com/cmaavt>





**American
Red Cross**

**The need is constant.
The gratification is instant.
Give blood.™**

redcrossblood.org | 1-800-RED CROSS



America's Family Resort™

Fall Blood Drive

Smugglers' Notch Resort
4323 Route 108 South
Jeffersonville, Vt. 05464
Lower level of the Meeting House

November 8th, 10:00 am - 3:00 pm

Sign up at redcrossblood.org



9TH ANNUAL FAMILY FUN RUN

TURKEY TROT



**5K RUN & WALK
+ FOOD DRIVE!**

FREE

REGISTRATION
WITH DONATION OF A
NON-PERISHABLE
FOOD ITEM

SATURDAY, NOVEMBER 19TH, 2022 @ 10:00 AM



Location

Start and finish at Cambridge Elementary School
186 School St, Jeffersonville, VT 05464



Registration

Online pre-registration is available at our MemberHub site. See our Facebook/Instagram page for a link or scan the QR code with your phone. Race day registration will open at 9:30 am.

SCAN ME



Entry Fee

Suggested donation of \$5 and/or one non-perishable food item per person. All proceeds will benefit the Cambridge Community Food Shelf. Donation not required to participate.

MEDALS FOR
YOUTH
1st, 2nd, 3rd

EVENT WILL BE HELD IN RAIN, SNOW OR SHINE! PLEASE DRESS ACCORDINGLY. IN THE CASE OF EXTREME WEATHER, WE MAY CANCEL OR POSTPONE FOR THE SAFETY OF OUR PARTICIPANTS AND VOLUNTEERS. SEE OUR FACEBOOK OR INSTAGRAM PAGE FOR COURSE MAP AND MORE INFORMATION. QUESTIONS? EMAIL: PTA@CESVT.NET

<https://forms.gle/r91GxoaiVTvekxxPA>

The Vermont Master Naturalist Program will be offered in Cambridge for the first time in 2022-2023.

Program dates:

September 24, 2022

November 5, 2022

February 18, 2023

April 8, 2023

May 13, 2023

Questions? Contact local program coordinator Sophie Mazowita: sophie.mazowita@gmail.com.



The following items are regularly needed to care for our animals:

**Please note: We are not accepting donations of towels/bedding or other used items at this time and only unopened bags or cans of pet food are accepted. Thank you for understanding.*

Dog food (both dry and canned)

Cat food (both dry and canned)

Dog and cat treats

Plain canned pumpkin (for dog toys)

Dog poop bags

Dog pee pads

Gift cards to Pet Food Warehouse, Guy's Farm & Yard or Menard's Family True Value

Laundry detergent (HE only)

Bleach (HE only)

Paper towels

15 and 30 gallon trash bags

Liquid hand soap

Windex

Postage stamps (Forever)

8 1/2" x 11" white copy paper

To donate online: Please see our Amazon Wish List or Chewy Wish List by searching for North Country Animal League and deliver to: 16 Mountain View Meadow Road, Morrisville, VT.