



# November 2022



Pittsburg Community Schools USD 250

PHS

Mon	Tue	Wed	Thu	Fri
	<b>1</b> <b>Lunch:</b> <b>Chicken and Waffles,</b> Celery Sticks, Cherry Tomatoes, Orange	<b>2</b> <b>Lunch:</b> <b>Cheesy Pull Apart,</b> Tomato Salsa, Dark Green Leaf Lettuce, Black Beans, Fresh Banana, Tortilla Chips	<b>3</b> <b>Lunch:</b> <b>Southwest Cheddar Chicken,</b> Rice, Garden Salad, Apple, Chocolate Chip Cookie	<b>4</b> <b>Lunch:</b> <b>Macaroni and Cheese w/ Meatballs,</b> Fresh Veggies, Apple Salad, Whole Wheat Bread & Jelly
<b>7</b> <b>Lunch:</b> <b>Sweet and Sour Chicken Nuggets w/ Seasoned Brown Rice,</b> Asian Fresh Veggies, Cherry Tomatoes, Celery Sticks, Tropical Fruit	<b>8</b> <b>Lunch:</b> <b>Super Nachos,</b> Romaine Lettuce, Refried Beans, Tomato Salsa, Fresh Mixed Fruit	<b>9</b> <b>Lunch:</b> <b>Rigatonis w/ Meat Sauce,</b> Garden Salad, Steamed Broccoli, Mandarin Oranges	<b>10</b> <b>Lunch:</b> <b>Pulled Pork Sandwich,</b> Creamy Cole Slaw, Baked Beans, Fresh Strawberries	<b>11</b> <b>Lunch:</b> <b>Walking Frito Pie,</b> Steamed Carrots, Broccoli Florets, Fresh Pineapple, Cherry Crisp
<b>14</b> <b>Lunch:</b> <b>Hot Ham and Cheese on a Bun,</b> Potato Wedges, Broccoli Florets, Fruit Cocktail	<b>15</b> <b>Lunch:</b> <b>Chili,</b> Red Bell Pepper Strips, Sliced Cucumber, Peaches, Cinnamon Roll	<b>16</b> <b>Lunch:</b> <b>Chicken Alfredo w/ Garlic Breadstick,</b> Baby Bakers, Green Beans, Fresh Grapes	<b>17</b> <b>Lunch:</b> <b>Sliced Turkey,</b> Mashed Potatoes & Gravy, Green Beans, Hot Roll, Pumpkin Dessert 	<b>18</b> <b>Lunch:</b> <b>COOKS CHOICE,</b> Roasted Red Potatoes, Edamame, Fresh Apple
<b>21</b> <b>No School</b>	<b>22</b> <b>No School</b>	<b>23</b> <b>No School</b>	<b>24</b> <b>No School</b> 	<b>25</b> <b>No School</b>
<b>28</b> <b>Lunch:</b> <b>Burrito Bowl,</b> Tomato Salsa, Romaine Lettuce, Mexican Corn, Fresh Banana	<b>29</b> <b>Lunch:</b> <b>Turkey &amp; Cheese Sub Sandwich,</b> Dark Green Leaf Lettuce, Tomato Slice, Sweet Potato Fries, Fresh Kiwi	<b>30</b> <b>Lunch:</b> <b>BBQ Beef on a Bun,</b> Fresh Snow Peas, Baked Beans, Summer Fruit Salad, Royal Brownie	<b>This institution is an equal opportunity provider.</b>	<b>Everyday Choice:</b> Hamburger, Pizza, Popcorn Chicken, or PB&J, milk and fruit.