



*Discover Your Excellence*

LOWER & MIDDLE SCHOOL  
Pre-K — 8th Grade



ACADEMY OF THE  
HOLY NAMES

# OUR Vision

The Academy's mission reflects the core values of the Sisters of the Holy Names of Jesus and Mary and calls students to develop their full potential. Our motto, "To be, rather than to seem," is clearly understood and acted upon. Students are encouraged to be...

## Faith-filled



An Academy student has a personal and active relationship with God. Learning in an environment rich in Catholic values, students are responsible to self and others.

## Inquisitive



An Academy student is a seeker of truth: always learning, always questioning, always exploring.

## Innovative



An Academy student is an "out-of-the-box" thinker who utilizes creativity and intellect to find new approaches to solving problems.

## Independent



An Academy student is a self-reliant, confident leader who is able to think and act autonomously. While not afraid of taking risks, Academy students pursue a balanced and healthy lifestyle.

## Just



An Academy student is a catalyst for positive change. Guided by integrity, reason, and fairness, Academy students build community—internally, locally, and globally—by reaching out in service to others.

## PRE-K Academics



Our program builds on the excitement and curiosity that children bring to their school experience. With an emphasis on community, our Early Childhood program is designed to strengthen a young child's developing independence and social skills by fostering a love of learning.

## LOWER SCHOOL Academics

Through teaching and modeling our strong Catholic values, we will infuse a foundation of faith into our classroom communities that promote kindness, respectfulness, and compassion among all individuals. We aim to equip our students by fostering their independence and ability to advocate for themselves academically, socially, emotionally, and spiritually. As a team, we will work toward this common goal through consistent communication and collaboration to enhance our students' journey at the Academy through the intermediate grades.





# PERFORMING & VISUAL Arts

The Academy believes the arts are an inherent form of human expression—a voice given to the human spirit—that contributes to our culture and way of living. We honor the artistic tradition set by the Sisters of the Holy Names by nurturing a life-long passion for the arts and empowering personal creative voice and confidence.



## MIDDLE SCHOOL Academics

We believe that learning and education does not just occur inside our building. The Academy is a community based on a partnership between students, teachers, families and administration. In the pursuit of academic excellence, the Academy challenges its graduates to be life-long learners who will serve others with integrity and compassion as stewards of the mission. The Academy is committed to educating 21st century students who are effective communicators and collaborators; globally aware, independent, confident and responsible learners and citizens; and critical and creative thinkers, innovators and problem solvers.



## ATHLETICS

### SPORTS OFFERED



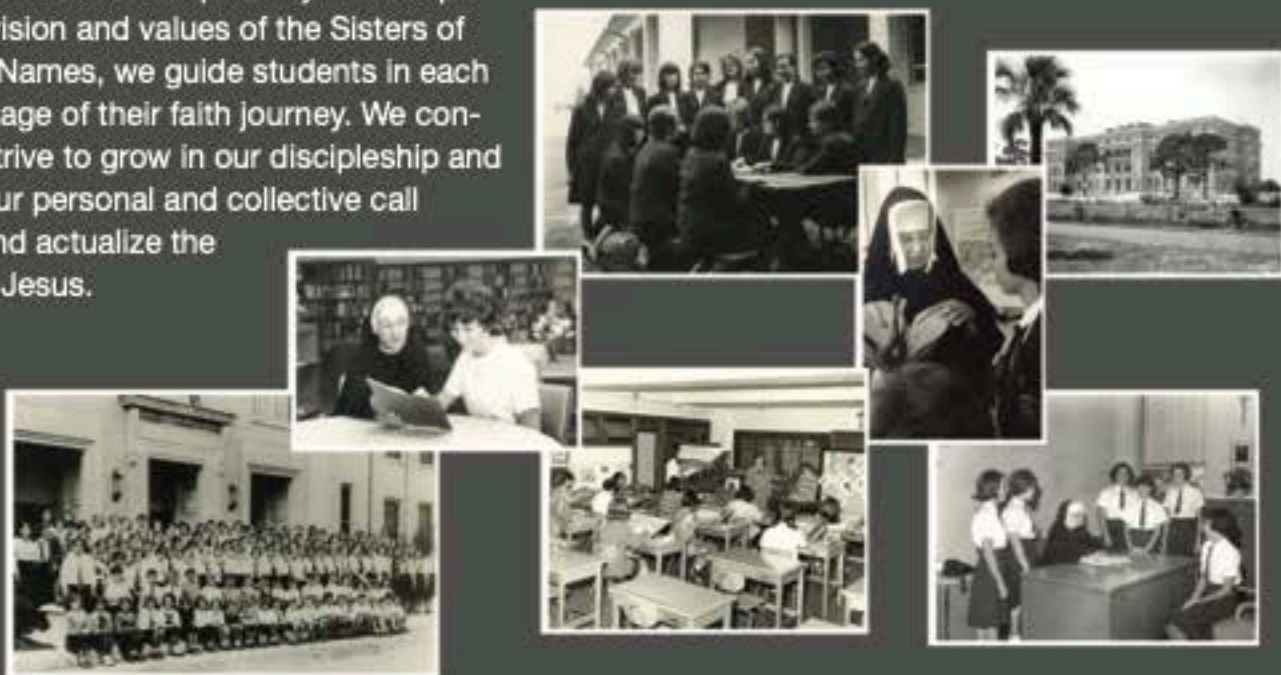
- Boys & Girls Basketball
- Boys & Girls Cross Country
- Boys Lacrosse
- Girls Softball
- Boys & Girls Soccer
- Boys & Girls Tennis
- Boys & Girls Track & Field

# OUR *Mission*

The Academy of the Holy Names is a Catholic, independent school founded and guided by the Sisters of the Holy Names of Jesus and Mary. In a *faith community* of exceptional love, the Academy empowers students to be *authentic* individuals who, in pursuing their highest academic potential, engage in *critical thinking*, are inspired by *creativity*, and lead culturally aware, *spiritually rich lives*.

# OUR *Tradition*

In a Catholic school inspired by the Gospel and the vision and values of the Sisters of the Holy Names, we guide students in each unique stage of their faith journey. We continually strive to grow in our discipleship and in both our personal and collective call to love and actualize the words of Jesus.



# WHAT MAKES US *Different*

As a community, **we work together and support each other** to help our students become the conscientious thinkers that the 21st century demands.

Students leave the Academy with a **sense of purpose** and a belief that they can achieve their goals.




The Academy has educated boys for 60 years since opening an all-boys Academy in 1962.

The Academy offers a curriculum that **integrates technology**, promotes creativity, encourages artistic expression and **actively engages students in exploration** and inquiry.

Our lower and middle school programs are rooted in social-emotional learning skills. Each day, our students practice skills to establish and maintain **positive relationships**, manage their emotions and accept responsibility.

In a **Catholic school inspired by the Gospel** and the charism of the Sisters of the Holy Names, we are an inclusive community of faith, guiding students in each unique stage of their faith journey.

## CONTACT US

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