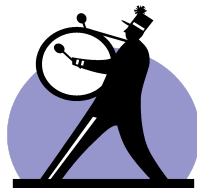


LONGWOOD HIGH SCHOOL

# CLUBS & ACTIVITIES

2022 - 2023



# *BE SUCCESSFUL - GET INVOLVED*

## ***AFRICAN AMERICAN CULTURE CLUB***

The purpose of the African American Culture Club is to help students of all races celebrate, embrace, and expand their knowledge of African American history and culture. Our goal is to explore cultural identity and provide social support while fostering student development and success through cultural awareness, leadership, philanthropy, and community service. The club is open to all students who are interested in learning more about the history, traditions, and customs of African Americans.

## ***ART CLUB***

The Art Club is for students who would like to demonstrate their creativity in an informal, fun environment. We are directing our efforts to beautify the school with original artworks created by club members, as well as giving students the opportunity to pursue individual artistic endeavors. All students are welcome at any time to join.

## ***BAND***

Band is offered as a music elective in grades 9 – 12. Students must be recommended by the previous year's Band Director. Band is separated into two groups – 9<sup>th</sup> and 10<sup>th</sup> grade Band and 11<sup>th</sup> and 12<sup>th</sup> grade Band.

## ***BEST BUDDIES CLUB***

Best Buddies High School Club promotes one-on-one friendships between students with intellectual and developmental disabilities and those without a disability, within the school. This program tries to break social barriers at a difficult time in a teenager's life, with or without a disability. Members spend time together during lunch break, before or after school. There are special events created which allow the students to be creative, share and contribute with one another. Best Buddies also sponsors "*Spread the Word Day*" (about inclusion) which is held on the first Wednesday of March..

## ***BRIDGE CLUB NJHS/NHS***

The purpose of this club would be to bridge the gap between the NJHS at the junior high school and the NHS at the senior high school. There is a gap between the time when students leave the junior high school in 8th grade and are eligible to join the NHS in 10th grade at the high school. In the Bridge Club we will work with the NJHS members and also other eligible students that have not yet been selected for membership of the NHS chapter at the high school. These students would greatly benefit from interaction with current NHS members and the NHS advisors who can work with them on the following:

- Service
- Scholarship
- Leadership
- Character

### ***BUTY*** ***Bringing Unity to Youth***

Our goal is to foster all understanding, thereby uniting the Longwood Community. We intend to carry out this task by educating our students in the areas of diversity and the reduction of barriers. Additional goals include increasing communication, developing community awareness of existing tensions, prejudices and stereotypes thus building new relationships among different groups. Events include BUTY Dance-Off, Relay for Life, MLK Walk, Safe Halloween and Anti-Bullying activities. Future goals are to incorporate more programs that focus on diversity.

### ***CARTOONING CLUB***

The Cartooning Club is an Art club designed for students wishing to expand their knowledge of, and/or ability to draw, various forms of animation. We will practice, discuss, and review art forms like Anime, Comic Book, Dragon Art, Comic Strips, and many more. All ranges of abilities are welcome to attend.

### ***CHAMBER ORCHESTRA***

Chamber Orchestra is an after school club that meets once a week. This ensemble is a select group of students who audition to perform for various school and community events. This club is offered to students in grades 9 through 12.

### ***CHESS CLUB***

Chess is a game of strategy where no two games are ever the same. Every single game of Chess will test a students cognitive ability, character, emotions, and so much more. The outcomes and variables combined with recognizing patterns and having fun make this game so significant for so many

students. Not only does the game promote mathematical skills, social skills, communication skills, and critical thinking skills, but Chess has also shown significant improvements in mental alertness and motivation to excel in all areas of life.

## ***CHORAL LIONS***

Choral Lions are a select group of chorus students in grades 9 -12 who rehearse after school one day per week and sing at various community and school events. Students who want to be a part of Choral Lions must be part of 9/10 or 11/12 Chorus.

Choral Lions is offered as a Club in grades 9-12. Students must audition to be in Choral Lions.

## ***CHORUS - 9<sup>TH</sup> & 10<sup>TH</sup>***

Chorus is offered as a music elective in grades 9 – 12. Students must be recommended by the previous year's Chorus Director. The Chorus is divided into two groups – 9<sup>th</sup> and 10<sup>th</sup> grade Chorus and 11<sup>th</sup> and 12<sup>th</sup> grade Chorus.

## ***CHORUS - 11<sup>TH</sup> & 12<sup>TH</sup>***

The 11<sup>th</sup> and 12<sup>th</sup> Grade Chorus is offered to students who are interested in singing advanced High School choral literature, as well as to improve their individual singing knowledge and technique. They perform at two evening concerts throughout the school year, and additional performance opportunities will be available to interested students.

No audition is required to enter the class; however, students must meet with the Chorus Director during a lunch or study hall, to be placed in the appropriate vocal section. Attendance at one weekly lesson and the two evening concerts are mandatory, and they comprise 75% of students' grades. The remaining 25% of the grade is determined by participation during daily rehearsals.

Students who are concurrently enrolled in band or orchestra may enroll in the A/B day option to participate in both groups.

## **Class of 2023**

The Class of 2023 meets every Tuesday afternoon to discuss and prepare for events throughout the year. Different fundraisers are organized throughout the year by individual

classes to help offset some of those costs. You do not need to be elected to attend meetings; only to be part of that class. All are welcome and are encouraged to attend.

### **Class of 2024**

The Class of 2024 meets every Tuesday afternoon to discuss and prepare for events throughout the year. Different fundraisers are organized throughout the year by individual classes to help offset some of those costs. You do not need to be elected to attend meetings; only to be part of that class. All are welcome and are encouraged to attend.

### **Class of 2025**

The Class of 2025 meets every Tuesday afternoon to discuss and prepare for events throughout the year. Different fundraisers are organized throughout the year by individual classes to help offset some of those costs. You do not need to be elected to attend meetings; only to be part of that class. All are welcome and are encouraged to attend.

### **Class of 2026**

The Class of 2026 meets every Tuesday afternoon to discuss and prepare for events throughout the year. Different fundraisers are organized throughout the year by individual classes to help offset some of those costs. You do not need to be elected to attend meetings; only to be part of that class. All are welcome and are encouraged to attend.

### ***CODING CLUB***

In Longwood's Coding club students will complete projects that teach programming skills and introduce students to the world of coding. Programming will be taught for all levels from beginner to expert, with a focus on Scratch, Python, Java, and C++. Students will learn about application development and learn to develop their own apps. Particular attention will be spent on collaborative programming where students will work together on a team to write algorithms and code through their use of the iterative development process.

### ***DEBATE CLUB***

The Debate Club is a club for students who wish to engage in vigorous discussions with their peers about important issues in today's world. Students will learn to create factual/logical, ethical, and emotional argumetns to persuade others that their "position" is correct. This club uses a traditional debate style format. Anyone who wishes to learn from others while also deepening their own understanding of topics is encouraged to join. Particular emphasis will be placed on creating a Debate Team and entering into competitions in the Spring of 2023.

## **ENVIRONMENTAL CLUB**

The Environmental Club is a club for students who wish to explore, enjoy and protect the environment. Students are engaged in activities that enrich appreciation for the environment, that demonstrate the link between environmental and social issues, and that enhance environmental sustainability within the school, the community and beyond. The Environmental Club works to implement environmentally friendly initiatives within the district to create better changes for all; for example, the water bottle refilling stations.

## **MANUFACTURING & FABRICATION TECH. ED. CLUB**

*Manufacturing and Fabrication*

The Fab Lab/Manufacturing and Fabrication Club is meant to give technology students an opportunity to be creative in the school community and give students an opportunity to work and learn about CNC (Computer Numerical Control) technology. Through projects that would be more in depth and less constraint for time, while bettering the school community.

## **FBLA**

*Future Business Leaders of America*

FBLA is the largest career and technical student organization in the world. FBLA inspires and prepares students to become community-minded business leaders in a global society through relevant career preparation and leadership experiences. Longwood FBLA members compete at the Regional, State and National levels to demonstrate their proficiency in the areas of public speaking, business concepts and leadership. Members actively participate in National and New York State activities throughout the year.

## **GAMERS' GUILD**

The Gamers' Guild meets every Friday after 9<sup>th</sup> period. At our meetings, students play games and enjoy each other's company. New students are always welcome. We play board games, card games, role-playing games, and video games. If you have a favorite game, bring it with you to a meeting, if not, play one of ours!

## **HERO formerly GSA**

## **Gay-Straight Alliance**

Longwood's HERO unites LGBTQIA+ students, straight allies, and members of the school community who are committed to making our school safer and more accepting for all students. We focus on education as a tool to break down barriers and eradicate oppression and discrimination. Because our club is open to LGBTQIA+ students and their allies, those who are grappling with their own gender identity or sexual orientation will have a safe haven to provide support, without forcing a student to be "out" during what can be an incredibly tumultuous and delicate time in their lives. HERO meets after school on Thursday.

## ***HERITAGE STUDENT ALLIANCE CLUB***

Designed to support Longwood High School, ENL's, newcomers and bilingual students, club members will participate in school and community events and have the opportunity to talk about their culture and its impact on their education.

## ***JAM SESSION CLUB***

Open to all high school students. The club will provide an opportunity for beginner to advanced musicians to form bands, perform at events and develop their musicianship without judgment in a relaxed no-pressure environment.

## ***JAZZ BAND***

The Longwood High School Jazz Band is a group of 25 - 30 players on saxophones, trumpets, trombones and rhythm sections (piano, guitar, bass and drums) instruments. The band performs throughout the community as well at high school events. They will interpret The Great American Art Form of Jazz in styles ranging from swing era to modern idioms. Players will be chosen in September by audition only.

## ***JV STEP SQUAD***

The STEP Squad is a performance dance group whose members make music through song and dance with their hands and feet. Our elaborate routines are characterized by original dances, precision in movement and sharp beats. To be a successful stepper, a student needs a combination of concentration, hand-eye coordination, rhythm and teamwork. Our Longwood STEP Squad is open to both boys and girls. We practice two times weekly for one hour each day starting in November and running through March (Basketball Season). The STEP Squad performs during halftime at basketball games, at competitions and other school functions. Our primary goal is to promote school spirit by performing rhythmic dance accompanied by enthusiastic cheers while encouraging crowd participation.

## ***LEO CLUB***

The Leo Club is a community service organization. We promote service that will develop the individual qualities of leadership, experience, and opportunity among students. Some of the activities the club is involved in throughout the year include Food Drives, Toy Drives, Adopt-a-Family Fundraisers, Relay for Life and projects to benefit the community.

## ***LITERARY CLUB***

The Literary Club is a group of students who enjoy reading and writing poetry, stories, music, and other creative writing. We have members in grades 9-12, who spend time writing and creating original pieces. Literary Club hosts our annual Poetry Slam, open to all types of original writing. All are welcome.

## ***MARCHING BAND***

The Marching Band performs at home football games and the Newsday Marching Band Festival. Membership is only open to those enrolled in one of our school music ensembles. Rehearsals include a summer band camp at Longwood High School. Rehearsals continue twice a week after school in the months of September and October. Rehearsals include learning and reviewing marching fundamentals, music and “life lessons” such as respect, unity, pride, and leadership skills. The Marching Band continues to evolve and creates leadership positions for our students. Be a part from the start!

## ***MATH CLUB***

The Math Club meets weekly to explore ways to solve challenging, upper level, out-of-the-box math problems. The club participates in **weekly** online competitions against other schools throughout the United States. Students who love math have an opportunity to expand their horizons and test their skills against the best “mathletes” around.

## ***MEDIA AND DESIGN CLUB***

The Media and Design Club explores many aspects of filming, editing, producing and broadcasting as well as designing and creating professional quality visuals and signage through the use of printing and vinyl application. Students will be introduced to the technical side of media and graphic design and are given the opportunity to express their creativity through different mediums.

## ***MILITARY DISCOVERY CLUB***



The Military Discovery Club is for all students interested in learning about military opportunities, culture and service. The club brings students together with faculty advisors with military backgrounds. The club invites guest speakers and plans activities to expose students to military life. Trips include visits to local military facilities, rappelling, and touring Fleet Week.

### ***MOOT COURT CLUB***

The Longwood High School Moot Court Club is a group comprised of students interested in law who have taken or are enrolled in the requisite Personal & Business Law class through the CTE Department. Students in the Moot Court Club attend after-school practices to perfect their court presentation skills. Cases are analyzed, dissected, written up, and presented in a courtroom setting. Students analyze legal situations, apply appropriate laws, and present opening statements, direct examinations, cross examinations, and closing arguments. Towards the end of the season, which runs January through April, auditions are held during club practices which ultimately lead to team court performances at various local Long Island high school mock trial tournaments.

### ***NATIONAL ART HONOR SOCIETY***

Longwood's Chapter of the National Art Honor Society is a visual arts community service organization. Membership is based on achievement in art, teacher recommendation, commitment to our community service activities in the arts, attendance at meetings and participation in planned school based art service activities. Applications are accepted in April of each school year from Freshmen, Sophomores, and Juniors for inclusion for the following school year. Those who fulfill requirements will be notified early in May of their acceptance. Members fulfilling and required service hours will be officially inducted into the NAHS.

We are looking for students with an ambitious desire to serve both the school and our larger community by using their creativity and visual arts skills. We as a society work cooperatively to raise interest in the visual arts create permanent art works and bring attention to art in general. If you're interested in joining the National Art Honor Society, please inquire with your art teacher (past or present). Applications begin with teacher recommendations. The NAHS program's mission is to inspire and recognize students who have shown an outstanding ability and interest in art and a desire to serve in a creative way. The program supports members in their efforts to attain the highest standards in art scholarship, character, and service and to bring art education to the attention of the school and community.

### ***NATIONAL HONOR SOCIETY***

Students are selected for membership in the Longwood Chapter of the National Honor Society based on their outstanding qualities of scholarship, character and service to school

and community. In accordance with the policy of the national organization and our chapter's charter, scholarship criterion for admission to the Longwood High School Chapter is a cumulative unweighted grade point average of 90 or better. Sophomores, Juniors and Seniors achieving this standard are invited to complete an application to join the National Honor Society after the second marking period. The application asks for character recommendations, extracurricular activities, personal essay and service documentation(s) and must be completed and submitted by the student in order to be considered for admission to the National Honor Society.

All potential members must have served their school and/or community in some way. They need to be active participants of at least TWO clubs, teams, and/or organizations. At least one of the two extracurricular activities must be a club or athletic activity at Longwood High School; the other activity may be either a school activity or a community activity. To assess the leadership, character and service qualities of all applicants, recommendations from two extracurricular activity advisors must be submitted with the student's Candidate Information Packet.

All potential members must have completed 10 hours of community service through an organization between the start of the current school year and the due date of the Candidate Information Packet. NOTE: A job does not qualify as school or community service. A one day event does NOT qualify as an active club, team and/or organization.

Students are also evaluated on the following:

**LEADERSHIP:** All candidates should exhibit leadership qualities in and out of the classroom.

**CHARACTER:** Character is defined as follows.

**Integrity** - No recorded incident of cheating or intentional dishonesty. No incidents of insubordination.

**Positive Behavior** - No record of cutting, insubordination or of knowingly violating school regulations. No improper behavior in or out of class.

**Cooperation** - Willing to assist classmates, faculty, members, etc.

**Ethics** - Wanting to do the "right" thing in all situations.

A faculty committee will make the final selection of members based on applications, activity advisor recommendations, as well as the recommendation of the applicant's high school teachers. Once selected, all members must maintain a grade point average of 90 as well as character and community service standards to continue membership in the National Honor Society.

## **NEWSPAPER/JOURNALISM CLUB**

The Newspaper/Journalism Club is a select group of student photographers and writers with an interest in photography, journalism and public media. Students are required to have an understanding of photography and/or journalism as they will be working independently in the field. Therefore,

membership is only open to those students who have successfully completed or are currently enrolled in these courses.

This club is responsible for covering school events both during and outside of the school day. Students will submit photographs, press releases, and articles for digital publication. In return, they will gain experience and build upon their knowledge and skills.

The frequency of meetings is dictated by the needs of the school. Our normal meetings will be held on Wednesday. However, students might need to stay after on other days in large or small groups for skill building, task organization and editing purposes.

## ***ORCHESTRA***

This is a music elective for string players who wish to perform various works ranging from the Baroque era to contemporary pieces. The ensemble is divided into a 9/10 Orchestra and 11/12 Orchestra to meet student needs and abilities. Students are required to attend a daily rehearsal, weekly lesson through a rotating lesson schedule and perform two concerts a year. Through this class, students have the opportunity to perform a NYSSMA solo, attend county and state events as well as workshops to further their performing experience. Students must be recommended by the previous year's orchestra director.

## ***OUTDOOR EDUCATION CLUB***

The Outdoor Education Club will concentrate on a sequence of activities involving physical, mental and social components. The club will introduce cooperative and collaborative games, trust activities, low and high climbing elements. Activities will also include Fly Fishing, Mountain Biking, Canoeing/Kayaking, Camping/Survival Skills, Entomology (science of insects), Skiing and Outdoor Snow Activities. All of the activities are for students to develop an environment of honesty and trust; we will attempt to develop fundraising activities to try to perpetuate the club. Club meetings are twice a month.

## ***PAWSITIVITY PBIS CLUB***

Our Pawsitivity Club promotes positive student interactions inside and outside our Longwood school community. Our goal is to create an inclusive school environment where all students feel welcomed and valued. As a member, you will get to participate in team building activities, plan school-wide events, and discuss ways to continue to make Longwood a great place to be. All students are invited to join the Pawsitivity Club. We are looking for students who want to build relationships with their peers, teachers, improve school culture, and take pride in the Longwood School community. If you have ideas of events you want to see at Longwood, are a creative student, or are looking for a fun place to hang out with other Lions, then the Pawsitivity Club is for you!

## **QUIZ BOWL**

The Quiz Bowl teams compete against other Long Island High Schools in Jeopardy-style meets that match groups of four students against each other. The Varsity and Junior Varsity teams are selected by tryouts, and students who excel in knowledge about such areas as the humanities, sciences, arts, mathematics, history, geography, and current events. We play five season games from November to March, and often qualify for the Long Island finals tournament in April. All students from grades 9 through 12 are eligible to try out for either team.

We meet for practice games on Tuesdays. Tryouts are held in November of each school year.

## **ROBOTICS PROGRAM AT LONGWOOD**

The purpose of the Longwood Robotics Program is to establish a school-based program to overall enhance our members' knowledge of scientific, mathematical, and technical areas through practical application. The team website is [www.longwoodrobotics.weebly.com](http://www.longwoodrobotics.weebly.com).

Under strict rules and limited resources, students are challenged to raise funds, design a team "brand", hone teamwork skills, where they build and program industrial-size robots to compete in a field game against like-minded competitors. It's as close to real-world engineering as a student can get.

## **ROTARY INTERACT CLUB**

The object of the Rotary Interact Club is to encourage and foster the idea of service as a basis of worthy enterprise and, in particular, to encourage and foster each member's service to their community both locally and internationally. Students will take action to make a difference in our school and community by involving themselves with different service oriented projects throughout the year.

## **SCIENCE BOWL**

The U.S. Department of Energy (DOE) National Science Bowl is a nationwide academic competition that tests students' knowledge in all areas of science and mathematics. Teams face-off in a fast paced question-and-answer format, being tested on a range of science disciplines including Biology, Chemistry, Earth Science, Physics, Energy and Math. Teams from all over Long Island compete. Students tryout for the competitive team and practice in a jeopardy style question and answer period.

## **SCIENCE CLUB**

The Science Club is a club for students to explore local and global scientific issues. Through their exploration, students will have the opportunity to develop projects to solve problems and develop answers to student driven questions. Students are mentored through the scientific process of project development, including the approval process as well as finding sources of funding. All grade levels of students are welcome to join.

## **SEWING AND CRAFTS CLUB**

The Sewing and Crafts Club meets weekly to provide an opportunity for students to work on craft projects. All crafters welcome with or without experience, we make pillows, holiday items and more. Ms. LoRusso and Mrs. Carr welcome you to join them in room 1713.

## **STUDENT COUNCIL**

Student Council is the umbrella organization for Student Government. Student Government is part of Student Council. Student Government focuses on class activities; Student Council focuses on events and activities benefiting the entire school. Students are automatically in both. We meet every Monday. Everyone is welcome to join Student Council at any time during the year. Monday meetings are mandatory for all class officers and official representatives. Anyone not elected is definitely encouraged to come and join in with any discussion. Student Council has an executive board that oversees all activities.

Student Council activities are school and community related. Student Council is involved in the following events: Organize and run Open House in September/October; Plan Sprit Week and organize Olympic Night; Run two student blood drives through the year; Organize and coordinate the adopt-a-child program for the holiday season and make sure the gifts are wrapped and delivered to the various schools and social workers. Students meet with the Principal on a monthly basis to discuss the concerns of the student body. The Board of Education has created a Board of Ed Advisory Committee that is comprised of students from Student Council.

## **TRI-M MUSIC HONOR SOCIETY**

Tri-M honors our finest choral and instrumental students in grades 9 -12. To be a member, students must currently be an active member in one of our school music organizations. Students must also maintain specific grade point averages in their music ensembles, as well as overall gpa. Members will work to support the music department through fundraisers and service opportunities, as well as perform in various chamber ensembles throughout the year.

## **STRENGTH & CONDITIONING CLUB**

*FKA. WEIGHT LIFTING CLUB*

This club will give students the opportunity to learn weight training concepts and techniques used for obtaining optimal physical fitness. Students will benefit from comprehensive weight training and cardiorespiratory endurance activities. Students will learn the fundamentals of weight training, strength training, aerobic training, and overall fitness training and conditioning. Students will be empowered to make wise choices, meet challenges, and develop positive behaviors in fitness, wellness, and movement activity for a lifetime.

## **WELLNESS CLUB**

Students will work to gain a more in-depth understanding of what wellness means and how it can be applied to their individualized lifestyles. Topics will include mindfulness, healthy eating and specialty diets. Ms. LoRusso and Mrs. Carr welcome you to join them in Room 1713

## **WOMEN'S EMPOWERMENT CLUB**

Generation Girl, the Women's Empowerment Club, is a club for students interested in supporting women by discussing and bringing community awareness to women's rights and issues affecting girls and women here at school and within our community. We meet every other week in room 1301. All are welcome to attend.

## **WORLD CULTURE AND LANGUAGE CLUB NATIONAL FOREIGN LANGUAGE HONOR SOCIETY**

The World Culture and Language Club in collaboration with National Foreign Language Honor Society dedicates itself to broadening student's appreciation of world cultures, as well as celebrating the diversity of the Longwood community. The students have participated in various fundraisers such as LOTE Scholarship, Disaster Relief Fund and the Soccer Tournament. The World Language Club is also in charge of painting "the world" in the 1300 hallway at Longwood High School, Peer Tutoring, World Language Week and Multicultural Night. Some of the World Culture and Language Club students have been inducted or will be inducted into the National Foreign Language Honor Society at the end of their junior year.

## **YEARBOOK**

The Yearbook Club is a great club to get involved in. The group meets throughout the week as needed. Every year, the staff creates the next edition of the Yearbook, with a few students from each grade working to create their individual pages. Photographers take candid pictures for use in the class pages, artists make their creations and decorate the book in and out, and writers can use their words to help us all remember each year that passes. Those interested in the business aspect of the Yearbook can use their skills to keep track of sales, information records, and advertising. All are welcome.

## **YOGA/PILATES EXERCISE CLUB**

The Yoga/Pilates Club is a safe relaxing place for students to work on improving their overall wellness. We work on strength, flexibility and posture. Students should wear comfortable clothes they can move in. Yoga mats, straps and blocks will be provided.