

# Menu Calendar Report - November, 2022

Generated on: 9/21/2022 10:51:15 AM by Emily House

Site: ALL  
 Meal Type: Breakfast  
 Site Group: Elementary School  
 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
31 Oct		1 Nov		2 Nov		3 Nov		4 Nov	
Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Banana Mini Pancakes (37.00 g) Maple Mini Pancakes (35.00 g) Confetti Mini Pancakes (36.00 g) Blueberry Mini Waffles (37.00 g) Cinnamon Mini Waffles (35.00 g) Maple Mini Eggo Waffles (35.00 g) Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)		French Toast Sticks (26.00 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)		Chicken Biscuit (37.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	
7 Nov		8 Nov		9 Nov		10 Nov		11 Nov	
Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Breakfast Pizza (24.00 g) Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Dutch Waffle (45.81 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Steak Biscuit (37.00 g) Fresh Pear (25.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	
14 Nov		15 Nov		16 Nov		17 Nov		18 Nov	
Cinnamon Toast Crunch Cereal Cup (44.00 g)		Pancake Wrapped Sausage on a Stick (17.00 g)		Blueberry Muffin (30.00 g)		Chicken Biscuit (37.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)	

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Site: ALL  
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14 Nov	15 Nov	16 Nov	17 Nov	18 Nov
Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)	Yogurt, Cherry or Raspberry (14.00 g) Yogurt, Strawberry Banana Danimals (14.00 g) Yogurt, Strawberry Danimals (14.00 g) Yogurt, Vanilla Danimals (14.00 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)	Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)
21 Nov	22 Nov	23 Nov	24 Nov	25 Nov
28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Breakfast Bun (39.00 g) Cinnamon Bun (30.00 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Chicken Sausage Pancake Slider (17.00 g) Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Steak Biscuit (37.00 g) Fresh Pear (25.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)

Carbohydrate values in grams follow the Menu Item name

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:43:55 PM by Emily House

Site: ALL  
 Meal Type: Lunch  
 Site Group: Elementary School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
<b>31 Oct</b>	<b>1 Nov</b>	<b>2 Nov</b>	<b>3 Nov</b>	<b>4 Nov</b>
Chicken Sandwich (39.00 g) Served With: - Ketchup Packet - Mayonnaise Packets Green Beans (4.68 g) Potato Smiles (30.00 g) Served With: - Ketchup Packet Potato Smiles Emoji Shapes (27.07 g) Served With: - Ketchup Packet Spinach & Arugula Salad (5.36 g) Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cherry Blossom Chicken (27.00 g) Served With: - Fried Rice Asian Frozen - Sweet & Sour Packets 250ct Baby Carrots (4.50 g) Steamed Cabbage (5.86 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Mozzarella Breadstick Twists (34.00 g) Corn (17.96 g) Marinara Dunk Cups (7.00 g) Steamed Broccoli (3.70 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Beefy Nachos White Cheese (5.01 g) Served With: - Chips, Tortilla Chips Single Bags 1W 1oz - Sour Cream Low Fat Packets 100ct Cherry or Grape Tomatoes (2.90 g) Pinto Beans (18.25 g) Salsa Dunk Cup (5.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Cheese Puffs Whole Grain - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Served With: - Chips, Cheese Puffs Whole Grain - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Cheese Puffs Whole Grain - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Baby Carrots (4.50 g) Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g) Mango Flavored Vegetable Juice 4 oz. Box (14.00 g) Fresh Apple Slices in Bags (8.50 g) Fresh Strawberries (6.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)
		<b>9 Nov</b>		
		Pepperoni Pizza (34.00 g) Baby Carrots (4.50 g) Cheesy Broccoli (6.87 g) Corn (17.96 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)		

# Menu Calendar Report - November, 2022

Site: ALL  
 Meal Type: Lunch  
 Site Group: Elementary School  
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7 Nov	8 Nov	10 Nov	11 Nov
<p>Cheeseburger (32.00 g)                      Served With:                      - Ketchup Packet                      - Mustard Packets</p> <p>Baked Beans (30.00 g)</p> <p>Garden Salad with Ranch (4.22 g)</p> <p>Tater Tots (14.00 g)                      Served With:                      - Ketchup Packet</p> <p>Applesauce Cup (14.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>	<p>Crunchy Chicken Tacos (6.06 g)                      Served With:                      - Sour Cream Low Fat Packets 100ct                      - Taco Shells, Crunchy</p> <p>Black Beans (19.00 g)</p> <p>Salsa Dunk Cup (5.00 g)</p> <p>Shredded Lettuce &amp; Diced Tomato (2.85 g)</p> <p>Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)</p> <p>Fruit Punch Juice 4 oz. Box (15.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>	<p>Chicken Nuggets (16.00 g)                      Served With:                      - Grain, Roll Frozen Sweet Yeast 1.5oz WG                      - Honey Mustard Dunk Cup                      - Ketchup Packet</p> <p>Green Beans (4.68 g)</p> <p>Whipped Potatoes (14.86 g)</p> <p>Peach Cup (13.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>	<p>Turkey &amp; Cheese Munchable Kit (41.00 g)                      Served With:                      - Dairy, Yogurt                      Cherry/Rasp SS Cups                      - Dairy, Yogurt Strawberry &amp; Banana SS Cups                      - Dairy, Yogurt Strawberry SS Cups                      - Dairy, Yogurt Vanilla SS Cups</p> <p>Baby Carrots (4.50 g)</p> <p>Cucumber slices (1.90 g)</p> <p>Fresh Apple Slices in Bags (8.50 g)</p> <p>Fresh Strawberries (6.50 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>
	<p data-bbox="479 1444 578 1480"><b>15 Nov</b></p> <p>Beef Hotdog (33.00 g)                      Served With:                      - Ketchup Packet                      - Mustard Packets</p> <p>Baked Beans (30.00 g)</p> <p>Cole Slaw (14.59 g)</p> <p>Curly Fries (17.00 g)                      Served With:                      - Ketchup Packet</p> <p>Fresh Pear (25.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>	<p data-bbox="743 1444 842 1480"><b>16 Nov</b></p> <p>Spaghetti with Meat Sauce (31.59 g)                      Served With:                      - Grain, Garlic Toast WG                      Heat And Serve</p> <p>Cheesy Broccoli (6.87 g)</p> <p>Corn (17.96 g)</p> <p>Mandarin Orange Cup (16.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>	<p data-bbox="1003 1444 1109 1480"><b>17 Nov</b></p> <p>Breaded Chicken Drumstick (6.00 g)                      Served With:                      - Grain, Roll Frozen Sweet Yeast 1.5oz WG</p> <p>Glazed Sweet Potatoes (29.87 g)</p> <p>Green Beans (4.68 g)</p> <p>Peach Cup (13.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>

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 Menu Line: Main

14 Nov				18 Nov
<p>Chicken Sandwich (39.00 g)                      Served With:                      - Ketchup Packet                      - Mayonnaise Packets</p> <p>Potato Smiles (30.00 g)                      Served With:                      - Ketchup Packet</p> <p>Potato Smiles Emoji Shapes (27.07 g)                      Served With:                      - Ketchup Packet</p> <p>Spinach &amp; Arugula Salad (5.36 g)</p> <p>Steamed Squash (4.00 g)</p> <p>Applesauce Cup (14.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>				<p>Peanut Butter and Grape Jelly Sandwich (32.00 g)                      Served With:                      - Chips, Nacho Chips, Cheese Flavor RF 1oz                      - Chips, Nacho Chips, Ranch Flavor WG</p> <p>Peanut Butter and Strawberry Jelly Sandwich (32.00 g)                      Served With:                      - Chips, Nacho Chips, Cheese Flavor RF 1oz                      - Chips, Nacho Chips, Ranch Flavor WG</p> <p>Soybutter &amp; Grape Jelly Sandwich (28.00 g)                      Served With:                      - Chips, Nacho Chips, Cheese Flavor RF 1oz                      - Chips, Nacho Chips, Ranch Flavor WG</p> <p>Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g)</p> <p>Mango Flavored Vegetable Juice 4 oz. Box (14.00 g)</p> <p>Salsa Dunk Cup (5.00 g)</p> <p>Flavored Sour Raisins (36.00 g)</p> <p>1% White Milk (13.00 g)</p> <p>Fat Free Chocolate Milk (20.00 g)</p> <p>Fat Free Strawberry Milk (19.00 g)</p> <p>Skim Milk (13.00 g)</p> <p>Soy Milk (20.10 g)</p>
21 Nov	22 Nov	23 Nov	24 Nov	25 Nov

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Site: ALL  
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Mon	Tue	Wed	Thu	Fri
28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
Cheesy French Bread (30.00 g) Corn (17.96 g) Marinara Dunk Cups (7.00 g) Steamed Broccoli (3.70 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Nuggets (16.00 g) Served With: - Grain, Roll Frozen Sweet Yeast 1.5oz WG - Honey Mustard Dunk Cup - Ketchup Packet Green Beans (4.68 g) Whipped Potatoes (14.86 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cheeseburger (32.00 g) Served With: - Ketchup Packet - Mustard Packets Baked Beans (30.00 g) Garden Salad with Ranch (4.22 g) Sweet Potato Waffle Fries (23.00 g) Served With: - Ketchup Packet Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Nachos with White Cheese (5.49 g) Served With: - Chips, Tortilla Chips Single Bags IW 1oz - Sour Cream Low Fat Packets 100ct Black Beans (19.00 g) Romaine Salad with Ranch (3.25 g) Salsa Dunk Cup (5.00 g) Blue Raspberry Slushy (15.00 g) Cherry Lemonade Slushy Cup (20.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Cheese Puffs Whole Grain - Chips, Nacho Chips, Cheese Flavor RF 1oz Baby Carrots (4.50 g) Cucumber slices (1.90 g) Fresh Apple Slices in Bags (8.50 g) Fresh Strawberries (6.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Light Mayonnaise (1.00 g) Mustard

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Site: ALL  
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 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
	<b>31 Oct</b>		<b>1 Nov</b>		<b>2 Nov</b>		<b>3 Nov</b>		<b>4 Nov</b>
Cinnamon Toast Crunch Cereal Cup (44.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		French Toast Sticks (26.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		Breakfast Bun (39.00 g)	
Cocoa Puffs Cereal Cup (47.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)	
Honey Nut Cheerios Cereal Cup (45.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Cocoa Puffs Cereal Cup (47.00 g)	
Lucky Charms Cereal Cup (46.00 g)		Lucky Charms Cereal Cup (46.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Lucky Charms Cereal Cup (46.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)	
Apple Juice Box 4 oz. Box (14.00 g)		Pop-Tart Blueberry Flavored (38.00 g)		Lucky Charms Cereal Cup (46.00 g)		Chicken Biscuit (37.00 g)		Lucky Charms Cereal Cup (46.00 g)	
Banana (29.00 g)		Pop-tart Strawberry Flavored (38.00 g)		Applesauce Cup (14.00 g)		Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)		Cinnamon Bun (30.00 g)	
Orange Slices in Bags (10.50 g)		Mozzarella String Cheese (1.00 g)		Grape Juice 4 oz. Carton (19.00 g)		Fruit Punch Juice 4 oz. Box (15.00 g)		Mixed Fruit Cups (15.00 g)	
Fresh Orange (15.39 g)		Craisins (28.00 g)		1% White Milk (13.00 g)		Granny Smith Apple (25.10 g)		Orange Juice 4 oz. Carton (14.00 g)	
1% White Milk (13.00 g)		Pink Lady Apple (25.00 g)		Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)	
Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)		Skim Milk (13.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)	
Skim Milk (13.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Strawberry Milk (19.00 g)		Skim Milk (13.00 g)		Skim Milk (13.00 g)	
Fat Free Strawberry Milk (19.00 g)		Skim Milk (13.00 g)		Soy Milk (20.10 g)		Fat Free Strawberry Milk (19.00 g)		Fat Free Strawberry Milk (19.00 g)	
Soy Milk (20.10 g)		Fat Free Strawberry Milk (19.00 g)		Maple Syrup (4.00 g)		Soy Milk (20.10 g)		Soy Milk (20.10 g)	
		Soy Milk (20.10 g)				Jelly Packet- Grape (9.00 g)			
	<b>7 Nov</b>		<b>8 Nov</b>		<b>9 Nov</b>		<b>10 Nov</b>		<b>11 Nov</b>
Cinnamon Toast Crunch Cereal Cup (44.00 g)		Banana Mini Pancakes (37.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		Blueberry Muffin (30.00 g)	
Cocoa Puffs Cereal Cup (47.00 g)		Maple Mini Pancakes (35.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)	
Honey Nut Cheerios Cereal Cup (45.00 g)		Confetti Mini Pancakes (36.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Cocoa Puffs Cereal Cup (47.00 g)	
Lucky Charms Cereal Cup (46.00 g)		Blueberry Mini Waffles (37.00 g)		Lucky Charms Cereal Cup (46.00 g)		Lucky Charms Cereal Cup (46.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)	
Apple Juice Box 4 oz. Box (14.00 g)		Cinnamon Mini Waffles (35.00 g)		Breakfast Pizza (24.00 g)		Steak Biscuit (37.00 g)		Lucky Charms Cereal Cup (46.00 g)	
Banana (29.00 g)		Maple Mini Eggo Waffles (35.00 g)		Applesauce Cup (14.00 g)		Granny Smith Apple (25.10 g)		Omelet (1.00 g)	
Orange Slices in Bags (10.50 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)		Grape Juice 4 oz. Carton (19.00 g)		Flavored Sour Raisins (36.00 g)		Mixed Fruit Cups (15.00 g)	
Fresh Orange (15.39 g)		Cocoa Puffs Cereal Cup (47.00 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)		Orange Juice 4 oz. Carton (14.00 g)	
1% White Milk (13.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)	
Fat Free Chocolate Milk (20.00 g)		Lucky Charms Cereal Cup (46.00 g)		Skim Milk (13.00 g)		Skim Milk (13.00 g)		Fat Free Chocolate Milk (20.00 g)	
Skim Milk (13.00 g)		Craisins (28.00 g)		Fat Free Strawberry Milk (19.00 g)		Fat Free Strawberry Milk (19.00 g)		Skim Milk (13.00 g)	
Fat Free Strawberry Milk (19.00 g)		Grapefruit Segments (12.25 g)		Soy Milk (20.10 g)		Soy Milk (20.10 g)		Fat Free Strawberry Milk (19.00 g)	
Soy Milk (20.10 g)		Fresh Pear (25.00 g)				Jelly Packet- Grape (9.00 g)		Soy Milk (20.10 g)	
		1% White Milk (13.00 g)							
		Fat Free Chocolate Milk (20.00 g)							
		Skim Milk (13.00 g)							

# Menu Calendar Report - November, 2022

Generated on: 9/21/2022 10:51:25 AM by Emily House

Site: ALL  
 Meal Type: Breakfast  
 Site Group: Middle School  
 Menu Line: Main

		8 Nov											
		14 Nov		15 Nov		16 Nov		17 Nov		18 Nov			
		Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)											
Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pop-Tart Blueberry Flavored (38.00 g) Pop-tart Strawberry Flavored (38.00 g) Mozzarella String Cheese (1.00 g) Craisins (28.00 g) Pink Lady Apple (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Blueberry Muffin (30.00 g) Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Yogurt, Cherry or Raspberry (14.00 g) Yogurt, Strawberry Banana Danimals (14.00 g) Yogurt, Strawberry Danimals (14.00 g) Yogurt, Vanilla Danimals (14.00 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Chicken Biscuit (37.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Granny Smith Apple (25.10 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pancake Wrapped Sausage on a Stick (17.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)					
		21 Nov		22 Nov		23 Nov		24 Nov		25 Nov			
		28 Nov		29 Nov		30 Nov		1 Dec		2 Dec			
Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Chicken Sausage Pancake Slider (17.00 g) Applesauce Cup (14.00 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g)		Dutch Waffle (45.81 g) Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Mixed Fruit Cups (15.00 g) Orange Juice 4 oz. Carton (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Apple Juice Box 4 oz. Box (14.00 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Steak Biscuit (37.00 g) Granny Smith Apple (25.10 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g)		Plain Biscuit (28.00 g) Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Cup (47.00 g) Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pork Sausage Links Craisins (28.00 g) Grapefruit Segments (12.25 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g)					



# Menu Calendar Report - November, 2022

Generated on: 9/21/2022 10:51:25 AM by Emily House

Site: ALL  
 Meal Type: Breakfast  
 Site Group: Middle School  
 Menu Line: Main

28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g)	Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)	Fat Free Chocolate Milk (20.00 g) Skim Milk (13.00 g) Fat Free Strawberry Milk (19.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)

Carbohydrate values in grams follow the Menu Item name

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:43:04 PM by Emily House

Site: ALL  
 Meal Type: Lunch  
 Site Group: Middle School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
<b>31 Oct</b>	<b>1 Nov</b>	<b>2 Nov</b>	<b>3 Nov</b>	<b>4 Nov</b>
Chicken Sandwich (39.00 g) Served With: - Ketchup Packet - Mayonnaise Packets Green Beans (4.68 g) Potato Smiles (40.00 g) Served With: - Ketchup Packet Potato Smiles Emoji Shapes (36.10 g) Served With: - Ketchup Packet Spinach & Arugula Salad (5.36 g) Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cherry Blossom Chicken (27.00 g) Served With: - Fried Rice Asian Frozen - Sweet & Sour Packets 250ct Baby Carrots (4.50 g) Steamed Cabbage (5.86 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Beef Hotdog (33.00 g) Served With: - Ketchup Packet - Mustard Packets Baked Beans (30.00 g) Cole Slaw (14.59 g) Curly Fries (17.00 g) Served With: - Ketchup Packet Fresh Pear (25.00 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Beefy Nachos White Cheese (7.51 g) Served With: - Chips, Tortilla Chips Single Bags 1W 1oz - Sour Cream Low Fat Packets 100ct - Taco Sauce Baby Carrots (4.50 g) Refried Beans with Jalapenos (27.79 g) Salsa Dunk Cup (5.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Mozzarella Breadstick Twists (34.00 g) Corn (17.96 g) Marinara Dunk Cups (7.00 g) Steamed Broccoli (3.70 g) Fresh Apple Slices in Bags (8.50 g) Fresh Strawberries (6.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)
<b>7 Nov</b>	<b>8 Nov</b>	<b>9 Nov</b>	<b>10 Nov</b>	<b>11 Nov</b>
Cheeseburger (32.00 g) Served With: - Ketchup Packet - Mustard Packets Baked Beans (30.00 g) Garden Salad with Ranch (4.22 g) Tater Tots (14.00 g) Served With: - Ketchup Packet Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Crunchy Chicken Tacos (9.09 g) Served With: - Sour Cream Low Fat Packets 100ct - Taco Sauce - Taco Shells, Crunchy Ranchero Black Beans (20.39 g) Salsa Dunk Cup (5.00 g) Shredded Lettuce & Diced Tomato (2.85 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Pepperoni Pizza (34.00 g) Baby Carrots (4.50 g) Cheesy Broccoli (6.87 g) Corn (17.96 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Nuggets (16.00 g) Served With: - Grain, Roll Frozen Sweet Yeast 1.5oz WG - Honey Mustard Dunk Cup - Ketchup Packet Green Beans (4.68 g) Whipped Potatoes (14.86 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Grilled Cheese Sandwich Individually Wrapped (30.96 g) Baby Carrots (4.50 g) Cucumber slices (1.90 g) Marinara Dunk Cups (7.00 g) Fresh Apple Slices in Bags (8.50 g) Fresh Strawberries (6.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:43:04 PM by Emily House

Site: ALL  
 Meal Type: Lunch  
 Site Group: Middle School  
 Menu Line: Main

14 Nov	15 Nov	16 Nov	17 Nov	18 Nov
Chicken Sandwich (39.00 g) Served With: - Ketchup Packet - Mayonnaise Packets Potato Smiles (40.00 g) Served With: - Ketchup Packet Potato Smiles Emoji Shapes (36.10 g) Served With: - Ketchup Packet Spinach & Arugula Salad (5.36 g) Steamed Squash (4.00 g) Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Beef Hotdog (33.00 g) Served With: - Ketchup Packet - Mustard Packets Baked Beans (30.00 g) Cole Slaw (14.59 g) Curly Fries (17.00 g) Served With: - Ketchup Packet Fresh Pear (25.00 g) Grapefruit Segments (12.25 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Breaded Chicken Drumstick (6.00 g) Served With: - Grain, Roll Frozen Sweet Yeast 1.5oz WG - Hot Sauce, Red. Sodium Packs - Sauce, BBQ Individual 200ct Glazed Sweet Potatoes (29.87 g) Green Beans (4.68 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Spaghetti with Meat Sauce (31.59 g) Served With: - Grain, Garlic Toast WG Heat And Serve Cheesy Broccoli (6.87 g) Corn (17.96 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Chips, Nacho Chips, Ranch Flavor WG Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g) Mango Flavored Vegetable Juice 4 oz. Box (14.00 g) Salsa Dunk Cup (5.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)
21 Nov	22 Nov	23 Nov	24 Nov	25 Nov

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:43:04 PM by Emily House

Site: ALL  
 Meal Type: Lunch  
 Site Group: Middle School  
 Menu Line: Main

28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
Cheesy French Bread (30.00 g) Corn (17.96 g) Marinara Dunk Cups (7.00 g) Steamed Broccoli (3.70 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Nuggets (16.00 g) Served With: - Grain, Roll Frozen Sweet Yeast 1.5oz WG - Honey Mustard Dunk Cup - Ketchup Packet Green Beans (4.68 g) Whipped Potatoes (14.86 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cheeseburger (32.00 g) Served With: - Ketchup Packet - Mustard Packets Baked Beans (30.00 g) Garden Salad with Ranch (4.22 g) Sweet Potato Waffle Fries (23.00 g) Served With: - Ketchup Packet Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Nachos with White Cheese (8.24 g) Served With: - Chips, Tortilla Chips Single Bags IW 1oz Pinto Beans (18.25 g) Salsa Dunk Cup (5.00 g) Tater Tots (14.00 g) Blue Raspberry Slushy (15.00 g) Cherry Lemonade Slushy Cup (20.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g) Taco Sauce (1.00 g)	Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Mayonnaise Packets - Mustard Packets Baby Carrots (4.50 g) Cucumber slices (1.90 g) Fresh Apple Slices in Bags (8.50 g) Fresh Strawberries (6.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)

Carbohydrate values in grams follow the Menu Item name

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
31 Oct	1 Nov	2 Nov	3 Nov	4 Nov
Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Chicken Sausage Pancake Slider (17.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Chicken Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g)
Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Cocoa Puffs Cereal Cup (47.00 g)	Cocoa Puffs Cereal Cup (47.00 g)	Cocoa Puffs Cereal Cup (47.00 g)	Cocoa Puffs Cereal Cup (47.00 g)	Cocoa Puffs Cereal Cup (47.00 g)
Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	French Toast Sticks (34.67 g) Served With: - Misc, Syrup Sugar Free Cups 100ct	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Honey Nut Cheerios Cereal Cup (45.00 g)	Honey Nut Cheerios Cereal Cup (45.00 g)	Honey Nut Cheerios Cereal Cup (45.00 g)	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Honey Nut Cheerios Cereal Cup (45.00 g)
Lucky Charms Cereal Cup (46.00 g)	Lucky Charms Cereal Cup (46.00 g)	Lucky Charms Cereal Cup (46.00 g)	Lucky Charms Cereal Cup (46.00 g)	Lucky Charms Cereal Cup (46.00 g)
Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Plain Biscuit (28.00 g) Served With: - Gravy Mix White Pepper - Jelly, Grape Packets 200ct
Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
Steak Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct	Flavored Sour Raisins (36.00 g)	Applesauce Cup (14.00 g)	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Lucky Charms Cereal Cup (46.00 g)
Apple Juice Box 4 oz. Box (14.00 g)	Orange Juice 4 oz. Carton (14.00 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)	Honey Nut Cheerios Cereal Cup (45.00 g)	Plain Biscuit (28.00 g) Served With: - Gravy Mix White Pepper - Jelly, Grape Packets 200ct
Mandarin Orange Cup (16.00 g)	1% White Milk (13.00 g)	Fruit Punch Juice 4 oz. Box (15.00 g)	Lucky Charms Cereal Cup (46.00 g)	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
1% White Milk (13.00 g)	Fat Free Chocolate Milk (20.00 g)	1% White Milk (13.00 g)	Pop-Tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
			Craisins (28.00 g)	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
			Fresh Pear (25.00 g)	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
			1% White Milk (13.00 g)	Fresh Apple Slices in Bags (8.50 g)
			Fat Free Chocolate Milk (20.00 g)	Peach Cup (13.00 g)
				1% White Milk (13.00 g)

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	
7 Nov		8 Nov	9 Nov		11 Nov
<p>Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Steak Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct Apple Juice Box 4 oz. Box (14.00 g)</p>	<p>Banana Mini Pancakes (37.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Blueberry Mini Waffles (37.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Mini Waffles (35.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Confetti Mini Pancakes (36.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Maple Mini Eggo Waffles (35.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct</p>	<p>Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Chicken Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Applesauce Cup (14.00 g)</p>		<p>Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Plain Biscuit (28.00 g) Served With: - Gravy Mix White Pepper - Jelly, Grape Packets 200ct Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry &amp; Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups</p>	

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

<p>Mixed Fruit Cups (15.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Pop-Tart Blueberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Pop-tart Strawberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Flavored Sour Raisins (36.00 g)                  Orange Juice 4 oz. Carton (14.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)                  Fruit Punch Juice 4 oz. Box (15.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p><b>10 Nov</b>                  Blueberry Muffin (30.00 g)                  Served With:                  - Dairy, Yogurt Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  - Omelet with Cheese                  Breakfast Bun (39.00 g)                  Cinnamon Toast Crunch Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Cinnamon Toast Crunch Cereal Cup (44.00 g)                  Cocoa Puffs Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Cocoa Puffs Cereal Cup (47.00 g)                  Golden Graham Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Honey Nut Cheerios Cereal Cup (45.00 g)                  Lucky Charms Cereal Cup (46.00 g)                  Pop-Tart Blueberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Pop-tart Strawberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Craisins (28.00 g)                  Fresh Pear (25.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Fresh Apple Slices in Bags (8.50 g)                  Peach Cup (13.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>
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# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School

Meal Type: Breakfast

Site Group: High School

Menu Line: Main

Mon	Tue	Wed	Thu	Fri
14 Nov	15 Nov	16 Nov		18 Nov
Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt		Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt
Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups		Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)	Breakfast Bun (39.00 g)		Breakfast Bun (39.00 g)
Chicken Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct	Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz		Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cinnamon Toast Crunch Cereal Cup (44.00 g)		Cinnamon Toast Crunch Cereal Cup (44.00 g)
Cinnamon Toast Crunch Cereal Cup (44.00 g)	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz		Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Cocoa Puffs Cereal Cup (47.00 g)	Cocoa Puffs Cereal Cup (47.00 g)		Cocoa Puffs Cereal Cup (47.00 g)
Cocoa Puffs Cereal Cup (47.00 g)	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz		Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz
Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz	Honey Nut Cheerios Cereal Cup (45.00 g)	Honey Nut Cheerios Cereal Cup (45.00 g)		Honey Nut Cheerios Cereal Cup (45.00 g)
Honey Nut Cheerios Cereal Cup (45.00 g)	Lucky Charms Cereal Cup (46.00 g)	Lucky Charms Cereal Cup (46.00 g)		Lucky Charms Cereal Cup (46.00 g)
Lucky Charms Cereal Cup (46.00 g)	Pancake Wrapped Sausage on a Stick (17.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct	Plain Biscuit (28.00 g) Served With: - Gravy Mix White Pepper - Jelly, Grape Packets 200ct		Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt
Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt	Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt		Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups		Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt
Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt	Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt		Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups
Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups	Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups		Steak Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct
Applesauce Cup (14.00 g)	Flavored Sour Raisins (36.00 g)	Fresh Apple Slices in Bags (8.50 g)		Apple Juice Box 4 oz. Box (14.00 g)
Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)	Orange Juice 4 oz. Carton (14.00 g)	Peach Cup (13.00 g)		Mandarin Orange Cup (16.00 g)
Fruit Punch Juice 4 oz. Box (15.00 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)		1% White Milk (13.00 g)
1% White Milk (13.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)



# Menu Calendar Report - November, 2022

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

<p>Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p style="text-align: right;"><b>17 Nov</b></p> <p>Blueberry Muffin (30.00 g)                  Served With:                  - Dairy, Yogurt                  Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Breakfast Bun (39.00 g)                  Cinnamon Toast Crunch Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Cinnamon Toast Crunch Cereal Cup (44.00 g)                  Cocoa Puffs Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Cocoa Puffs Cereal Cup (47.00 g)                  Dutch Waffle (45.81 g)                  Golden Graham Cereal Bar (30.00 g)                  Served With:                  - Crackers, Cheez-it, Whole Grain, 175/0.75 oz                  Honey Nut Cheerios Cereal Cup (45.00 g)                  Lucky Charms Cereal Cup (46.00 g)                  Pop-Tart Blueberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt                  Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Pop-tart Strawberry Flavored (38.00 g)                  Served With:                  - Dairy, Yogurt                  Cherry/Rasp SS Cups                  - Dairy, Yogurt Strawberry &amp; Banana SS Cups                  - Dairy, Yogurt Strawberry SS Cups                  - Dairy, Yogurt Vanilla SS Cups                  Craisins (28.00 g)                  Fresh Pear (25.00 g)                  1% White Milk (13.00 g)                  Fat Free Chocolate Milk (20.00 g)                  Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>	<p>Fat Free Strawberry Milk (19.00 g)                  Skim Milk (13.00 g)                  Soy Milk (20.10 g)</p>
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# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
<b>21 Nov</b>	<b>22 Nov</b>	<b>23 Nov</b>	<b>24 Nov</b>	<b>25 Nov</b>
<b>28 Nov</b>	<b>29 Nov</b>	<b>30 Nov</b>		<b>2 Dec</b>
Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Steak Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct Apple Juice Box 4 oz. Box (14.00 g)	Banana Mini Pancakes (37.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Blueberry Mini Waffles (37.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Breakfast Bun (39.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Mini Waffles (35.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Confetti Mini Pancakes (36.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Maple Mini Eggo Waffles (35.00 g) Served With: - Misc, Syrup Sugar Free Cups 100ct	Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Chicken Biscuit (37.00 g) Served With: - Jelly, Grape Packets 200ct Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Applesauce Cup (14.00 g)		Blueberry Muffin (30.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Breakfast Bun (39.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cinnamon Toast Crunch Cereal Cup (44.00 g) Cocoa Puffs Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Cocoa Puffs Cereal Cup (47.00 g) Golden Graham Cereal Bar (30.00 g) Served With: - Crackers, Cheez-it, Whole Grain, 175/0.75 oz Honey Nut Cheerios Cereal Cup (45.00 g) Lucky Charms Cereal Cup (46.00 g) Plain Biscuit (28.00 g) Served With: - Gravy Mix White Pepper - Jelly, Grape Packets 200ct Pop-Tart Blueberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Pop-tart Strawberry Flavored (38.00 g) Served With: - Dairy, Yogurt Cherry/Rasp SS Cups - Dairy, Yogurt Strawberry & Banana SS Cups - Dairy, Yogurt Strawberry SS Cups - Dairy, Yogurt Vanilla SS Cups Fresh Apple Slices in Bags (8.50 g)

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

			1 Dec		
Mixed Fruit Cups (15.00 g)	Pop-Tart Blueberry Flavored (38.00 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)	Blueberry Muffin (30.00 g)	Peach Cup (13.00 g)	
1% White Milk (13.00 g)	Served With:	Fruit Punch Juice 4 oz. Box (15.00 g)	Served With:	1% White Milk (13.00 g)	
Fat Free Chocolate Milk (20.00 g)	- Dairy, Yogurt Cherry/Rasp SS Cups	1% White Milk (13.00 g)	- Dairy, Yogurt Cherry/Rasp SS Cups	Fat Free Chocolate Milk (20.00 g)	
Fat Free Strawberry Milk (19.00 g)	- Dairy, Yogurt Strawberry & Banana SS Cups	Fat Free Chocolate Milk (20.00 g)	- Dairy, Yogurt Strawberry & Banana SS Cups	Fat Free Strawberry Milk (19.00 g)	
Skim Milk (13.00 g)	- Dairy, Yogurt Strawberry SS Cups	Fat Free Strawberry Milk (19.00 g)	- Dairy, Yogurt Strawberry SS Cups	Skim Milk (13.00 g)	
Soy Milk (20.10 g)	- Dairy, Yogurt Vanilla SS Cups	Skim Milk (13.00 g)	- Dairy, Yogurt Vanilla SS Cups	Soy Milk (20.10 g)	
	Pop-tart Strawberry Flavored (38.00 g)	Soy Milk (20.10 g)	- Omelet with Cheese		
	Served With:		Breakfast Bun (39.00 g)		
	- Dairy, Yogurt Cherry/Rasp SS Cups		Cinnamon Toast Crunch Cereal Bar (30.00 g)		
	- Dairy, Yogurt Strawberry & Banana SS Cups		Served With:		
	- Dairy, Yogurt Strawberry SS Cups		- Crackers, Cheez-it, Whole Grain, 175/0.75 oz		
	- Dairy, Yogurt Vanilla SS Cups		Cinnamon Toast Crunch Cereal Cup (44.00 g)		
	Flavored Sour Raisins (36.00 g)		Cocoa Puffs Cereal Bar (30.00 g)		
	Orange Juice 4 oz. Carton (14.00 g)		Served With:		
	1% White Milk (13.00 g)		- Crackers, Cheez-it, Whole Grain, 175/0.75 oz		
	Fat Free Chocolate Milk (20.00 g)		Cocoa Puffs Cereal Cup (47.00 g)		
	Fat Free Strawberry Milk (19.00 g)		Golden Graham Cereal Bar (30.00 g)		
	Skim Milk (13.00 g)		Served With:		
	Soy Milk (20.10 g)		- Crackers, Cheez-it, Whole Grain, 175/0.75 oz		
			Honey Nut Cheerios Cereal Cup (45.00 g)		
			Lucky Charms Cereal Cup (46.00 g)		
			Pop-Tart Blueberry Flavored (38.00 g)		
			Served With:		
			- Dairy, Yogurt Cherry/Rasp SS Cups		
			- Dairy, Yogurt Strawberry & Banana SS Cups		
			- Dairy, Yogurt Strawberry SS Cups		
			- Dairy, Yogurt Vanilla SS Cups		
			Pop-tart Strawberry Flavored (38.00 g)		
			Served With:		
			- Dairy, Yogurt Cherry/Rasp SS Cups		
			- Dairy, Yogurt Strawberry & Banana SS Cups		
			- Dairy, Yogurt Strawberry SS Cups		
			- Dairy, Yogurt Vanilla SS Cups		
			Craisins (28.00 g)		
			Fresh Pear (25.00 g)		
			1% White Milk (13.00 g)		
			Fat Free Chocolate Milk (20.00 g)		
			Fat Free Strawberry Milk (19.00 g)		
			Skim Milk (13.00 g)		
			Soy Milk (20.10 g)		

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:16:41 PM by Emily House

Site: Gainesville High School  
Meal Type: Breakfast  
Site Group: High School  
Menu Line: Main

Carbohydrate values in grams follow the Menu Item name

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:18:30 PM by Emily House

Site: Gainesville High School  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
31 Oct	1 Nov	2 Nov	3 Nov	4 Nov
Cheesy French Bread (30.00 g) Served With: - Vegt, Marinara Dunk Cups Chicken Nuggets (19.20 g) Served With: - Grain, Roll Fresh Delivered 12ct 1.25oz - Honey Mustard Dunk Cup - Ketchup Packet - Sauce, BBQ Individual 200ct Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Green Beans (4.68 g) Whipped Potatoes (22.30 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cheese Pizza (34.00 g) Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Lime Flavored IW WG - Mayonnaise Packets - Mustard Packets Walking Chicken Taco (12.80 g) Served With: - Chips, Tortilla Rounds IW 2oz For HS - Sour Cream Low Fat Packets 100ct - Taco Sauce Corn (17.96 g) Pinto Beans (18.25 g) Salsa Dunk Cup (5.00 g) Shredded Lettuce & Diced Tomato (2.85 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Pink Lady Apple (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cheeseburger (32.00 g) Served With: - Ketchup Packet - Mayonnaise Packets - Mustard Packets Harvest Fruit Salad (72.75 g) Mozzarella Breadstick Twists (34.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Baked Beans (30.00 g) Cherry or Grape Tomatoes (2.90 g) Curly Fries (25.50 g) Served With: - Ketchup Packet Shredded Lettuce & Sliced Tomato (2.90 g) Tater Tots (21.00 g) Served With: - Ketchup Packet Fresh Pear (25.00 g) Grapefruit Segments (12.25 g) Mixed Fruit Cups (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)	Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Cheese Fantastix - Mayonnaise Packets - Mustard Packets Mac & Cheese with Cheddar Cheese Sauce (40.51 g) Served With: - Grain, Roll Fresh Delivered 12ct 1.25oz Nacho Average Salad (69.97 g) Pepperoni Pizza (34.00 g) Baby Carrots (4.50 g) Steamed Broccoli (3.70 g) Granny Smith Apple (25.10 g) Grape Juice 4 oz. Carton (19.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)	Beef Hotdog (33.00 g) Served With: - Ketchup Packet - Mustard Packets Mini Hot Pockets with Pepperoni and Cheese (35.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Baked Beans (30.00 g) Cole Slaw (14.59 g) Sweet Potato Waffle Fries (23.00 g) Served With: - Ketchup Packet Applesauce Cup (14.00 g) Orange Slices in Bags (10.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:18:30 PM by Emily House

Site: Gainesville High School  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Main

7 Nov	8 Nov	9 Nov	10 Nov	11 Nov
<p>Breaded Chicken Drumstick (6.00 g)                      Served With:                      - Grain, Roll Fresh                      Delivered 12ct 1.25oz                      - Hot Sauce, Red. Sodium Packs                      - Sauce, BBQ Individual 200ct                      Cheesy French Bread (30.00 g)                      Served With:                      - Vegt, Marinara Dunk Cups                      Chicken Caesar Salad (45.75 g)                      Peanut Butter and Grape Jelly Sandwich (32.00 g)                      Served With:                      - Chips, Nacho Chips, Ranch Flavor WG                      - Dairy, Light Mozzarella String Cheese NOI                      Soybutter &amp; Grape Jelly Sandwich (28.00 g)                      Served With:                      - Chips, Nacho Chips, Ranch Flavor WG                      - Dairy, Light Mozzarella String Cheese NOI                      Glazed Sweet Potatoes (44.80 g)                      Green Beans (4.68 g)                      Banana (29.00 g)                      Blue Raspberry Slushy (15.00 g)                      Cherry Lemonade Slushy Cup (20.00 g)                      Orange Slices in Bags (10.50 g)                      1% White Milk (13.00 g)                      Fat Free Chocolate Milk (20.00 g)                      Fat Free Strawberry Milk (19.00 g)                      Skim Milk (13.00 g)                      Soy Milk (20.10 g)</p>	<p>Beefy Nachos White Cheese (7.51 g)                      Served With:                      - Chips, Tortilla Rounds IW 2oz For HS                      - Sour Cream Low Fat Packets 100ct                      - Taco Sauce                      Cheese Pizza (34.00 g)                      Chicken, Turkey, &amp; Cheese Sandwich (27.00 g)                      Served With:                      - Chips, Chili Lime Flavored IW WG                      - Mayonnaise Packets                      - Mustard Packets                      Corn (17.96 g)                      Ranchero Black Beans (20.39 g)                      Salsa Dunk Cup (5.00 g)                      Shredded Lettuce &amp; Diced Tomato (2.85 g)                      Pineapple Cup (15.00 g)                      Pink Lady Apple (25.00 g)                      1% White Milk (13.00 g)                      Fat Free Chocolate Milk (20.00 g)                      Fat Free Strawberry Milk (19.00 g)                      Skim Milk (13.00 g)                      Soy Milk (20.10 g)</p>	<p>Chicken Sandwich (39.00 g)                      Served With:                      - Ketchup Packet                      - Mayonnaise Packets                      Harvest Fruit Salad (72.75 g)                      Mozzarella Breadstick Twists (34.00 g)                      Served With:                      - Vegt, Marinara Dunk Cups                      Peanut Butter and Grape Jelly Sandwich (32.00 g)                      Served With:                      - Chips, Sunchips WG Cheddar                      - Dairy, Light Mozzarella String Cheese NOI                      Soybutter &amp; Grape Jelly Sandwich (28.00 g)                      Served With:                      - Chips, Sunchips WG Cheddar                      - Dairy, Light Mozzarella String Cheese NOI                      Baby Carrots (4.50 g)                      Baked Beans (30.00 g)                      Curly Fries (25.50 g)                      Served With:                      - Ketchup Packet                      Shredded Lettuce &amp; Sliced Tomato (2.90 g)                      Thick Cut Oven Fries (30.08 g)                      Served With:                      - Ketchup Packet                      Fresh Pear (25.00 g)                      Grapefruit Segments (12.25 g)                      Peach Cup (13.00 g)                      1% White Milk (13.00 g)                      Fat Free Chocolate Milk (20.00 g)                      Fat Free Strawberry Milk (19.00 g)                      Skim Milk (13.00 g)                      Soy Milk (20.10 g)                      Ranch Dressing (1.00 g)</p>	<p>Chicken, Turkey, &amp; Cheese Sandwich (27.00 g)                      Served With:                      - Chips, Chili Cheese Fantastix                      - Mayonnaise Packets                      - Mustard Packets                      Country Fried Steak (17.00 g)                      Served With:                      - Grain, Roll Fresh                      Delivered 12ct 1.25oz                      - Gravy Mix White Pepper                      Nacho Average Salad (69.97 g)                      Pepperoni Pizza (34.00 g)                      Steamed Broccoli (3.70 g)                      Whipped Potatoes (22.30 g)                      Golden Delicious Apple (23.00 g)                      Mandarin Orange Cup (16.00 g)                      1% White Milk (13.00 g)                      Fat Free Chocolate Milk (20.00 g)                      Fat Free Strawberry Milk (19.00 g)                      Fat Free Vanilla Milk (19.00 g)                      Soy Milk (20.10 g)</p>	<p>Grilled Cheese Sandwich Individually Wrapped (30.96 g)                      Served With:                      - Vegt, Marinara Dunk Cups                      Mini Hot Pockets with Pepperoni and Cheese (35.00 g)                      Served With:                      - Vegt, Marinara Dunk Cups                      Peanut Butter and Grape Jelly Sandwich (32.00 g)                      Served With:                      - Chips, Nacho Chips, Cheese Flavor RF 1oz                      - Dairy, Light Mozzarella String Cheese NOI                      Soybutter &amp; Grape Jelly Sandwich (28.00 g)                      Served With:                      - Chips, Nacho Chips, Cheese Flavor RF 1oz                      - Dairy, Light Mozzarella String Cheese NOI                      Baby Carrots (4.50 g)                      Steamed Squash (4.00 g)                      Applesauce Cup (14.00 g)                      Orange Slices in Bags (10.50 g)                      1% White Milk (13.00 g)                      Fat Free Chocolate Milk (20.00 g)                      Fat Free Strawberry Milk (19.00 g)                      Skim Milk (13.00 g)                      Soy Milk (20.10 g)                      Ranch Dressing (1.00 g)</p>

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:18:30 PM by Emily House

Site: Gainesville High School  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Main

Mon	Tue	Wed	Thu	Fri
<b>14 Nov</b>	<b>15 Nov</b>	<b>16 Nov</b>	<b>17 Nov</b>	<b>18 Nov</b>
Cheeseburger (32.00 g) Served With: - Ketchup Packet - Mayonnaise Packets - Mustard Packets Harvest Fruit Salad (72.75 g) Mozzarella Breadstick Twists (34.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Baked Beans (30.00 g) Cherry or Grape Tomatoes (2.90 g) Curly Fries (25.50 g) Served With: - Ketchup Packet Shredded Lettuce & Sliced Tomato (2.90 g) Tater Tots (21.00 g) Served With: - Ketchup Packet Fresh Pear (25.00 g) Grapefruit Segments (12.25 g) Mixed Fruit Cups (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)	Cheese Pizza (34.00 g) Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Lime Flavored IW WG - Mayonnaise Packets - Mustard Packets Crunchy Chicken Tacos (9.09 g) Served With: - Taco Shells, Crunchy Corn (17.96 g) Refried Beans with Jalapenos (27.79 g) Salsa Dunk Cup (5.00 g) Shredded Lettuce & Diced Tomato (2.85 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Pink Lady Apple (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g) Taco Sauce (1.00 g)	Beef Hotdog (33.00 g) Served With: - Ketchup Packet - Mustard Packets Mini Hot Pockets with Pepperoni and Cheese (35.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Baked Beans (30.00 g) Garden Salad with Ranch (4.22 g) Sweet Potato Waffle Fries (23.00 g) Served With: - Ketchup Packet Applesauce Cup (14.00 g) Orange Slices in Bags (10.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Cheese Fantastix - Mayonnaise Packets - Mustard Packets Nacho Average Salad (69.97 g) Pepperoni Pizza (34.00 g) Spaghetti with Meat Sauce (31.59 g) Served With: - Grain, Garlic Toast WG Heat And Serve Baby Carrots (4.50 g) Cheesy Broccoli (6.87 g) Grape Juice 4 oz. Carton (19.00 g) Pink Lady Apple (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)	Cheesy French Bread (30.00 g) Served With: - Vegt, Marinara Dunk Cups Chicken Caesar Salad (45.75 g) Chicken Nuggets (19.20 g) Served With: - Grain, Roll Fresh Delivered 12ct 1.25oz - Honey Mustard Dunk Cup - Ketchup Packet - Sauce, BBQ Individual 200ct Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Green Beans (4.68 g) Whipped Potatoes (22.30 g) Banana (29.00 g) Orange Slices in Bags (10.50 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)
<b>21 Nov</b>	<b>22 Nov</b>	<b>23 Nov</b>	<b>24 Nov</b>	<b>25 Nov</b>

# Menu Calendar Report - November, 2022

Generated on: 10/13/2022 12:18:30 PM by Emily House

Site: Gainesville High School  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Main

	28 Nov	29 Nov	30 Nov	1 Dec	2 Dec
	Breaded Chicken Drumstick (6.00 g) Served With: - Grain, Roll Fresh Delivered 12ct 1.25oz - Hot Sauce, Red. Sodium Packs - Sauce, BBQ Individual 200ct Cheesy French Bread (30.00 g) Served With: - Vegt, Marinara Dunk Cups Chicken Caesar Salad (45.75 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Ranch Flavor WG - Dairy, Light Mozzarella String Cheese NOI Glazed Sweet Potatoes (44.80 g) Green Beans (4.68 g) Banana (29.00 g) Blue Raspberry Slushy (15.00 g) Cherry Lemonade Slushy Cup (20.00 g) Orange Slices in Bags (10.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Beefy Nachos White Cheese (7.51 g) Served With: - Chips, Tortilla Rounds IW 2oz For HS - Sour Cream Low Fat Packets 100ct - Taco Sauce Cheese Pizza (34.00 g) Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Lime Flavored IW WG - Mayonnaise Packets - Mustard Packets Corn (17.96 g) Ranchoero Black Beans (20.39 g) Salsa Dunk Cup (5.00 g) Shredded Lettuce & Diced Tomato (2.85 g) Pineapple Cup (15.00 g) Pink Lady Apple (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Chicken Sandwich (39.00 g) Served With: - Ketchup Packet - Mayonnaise Packets Harvest Fruit Salad (72.75 g) Mozzarella Breadstick Twists (34.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Shredded Lettuce & Sliced Tomato (2.90 g) Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Sunchips WG Cheddar - Dairy, Light Mozzarella String Cheese NOI Baby Carrots (4.50 g) Served With: - Ranch Packets Fat Free Baked Beans (30.00 g) Curly Fries (25.50 g) Served With: - Ketchup Packet Thick Cut Oven Fries (30.08 g) Served With: - Ketchup Packet Fresh Pear (25.00 g) Grapefruit Segments (12.25 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g)	Cherry Blossom Chicken (27.00 g) Served With: - Fried Rice Asian Frozen - Sweet & Sour Packets 250ct Chicken, Turkey, & Cheese Sandwich (27.00 g) Served With: - Chips, Chili Cheese Fantastix - Mayonnaise Packets - Mustard Packets General Tso Chicken (26.00 g) Served With: - Fried Rice Asian Frozen - Sweet & Sour Packets 250ct Nacho Average Salad (69.97 g) Pepperoni Pizza (34.00 g) Baby Carrots (4.50 g) Steamed Cabbage (5.86 g) Golden Delicious Apple (23.00 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)	Grilled Cheese Sandwich Individually Wrapped (30.96 g) Served With: - Vegt, Marinara Dunk Cups Mini Hot Pockets with Pepperoni and Cheese (35.00 g) Served With: - Vegt, Marinara Dunk Cups Peanut Butter and Grape Jelly Sandwich (32.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Soybutter & Grape Jelly Sandwich (28.00 g) Served With: - Chips, Nacho Chips, Cheese Flavor RF 1oz - Dairy, Light Mozzarella String Cheese NOI Cucumber slices (1.90 g) Steamed Broccoli (3.70 g) Applesauce Cup (14.00 g) Orange Slices in Bags (10.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Fat Free Strawberry Milk (19.00 g) Skim Milk (13.00 g) Soy Milk (20.10 g) Ranch Dressing (1.00 g)

Carbohydrate values in grams follow the Menu Item name