

Everyone needs a little help sometime.

AVAILABLE 24/7
CONFIDENTIAL ASSISTANCE

ABUSE:

National Sexual Assault Hotline 1-800-656-HOPE (4673)

Stop it Now! 1-888-PREVENT

United States Elder Abuse Hotline 1-866-363-4276

National Child Abuse Hotline 1-800-4-A-CHILD (422-4453)

Child Abuse Hotline / Dept of Social Services 1-800-342-3720

Child Abuse National Hotline 1-800-25ABUSE

Children in immediate danger 1-800-THE-LOST

Exploitation of Children 1-800-843-5678

Missing Children Help Center 1-800-872-5437

ADDICTION:

Alcohol Treatment Hotline (24 hours) 1-800-252-6465

Families Anonymous 1-800-736-9805

Cocaine Hotline (24 hours) 1-800-262-2463

Drug Abuse National Helpline 1-800-662-4357

BULLYING:

Anti-bullying hotline: 1-800-273-8255 (TALK)

Text: HOME to 741741

CARE GIVERS:

Elder Care Locator 1-800-677-1116

Well Spouse Foundation 1-800-838-0879

CRISIS #S (TEENS UNDER 18):

Girls and Boys Town 1-800-448-3000

Hearing Impaired 1-800-448-1833

Youth Crisis Hotline 1-800-448-4663

Teen Hope Line 1-800-394-HOPE

CRISIS PREGNANCY HELPLINE:

Crisis Pregnancy Hotline Number 1-800-67-BABY-6

CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential

LOCAL CRISIS CENTER: Pocatello

Southeast Idaho Behavioral Crisis Center

Mental health Service

1001 N 7th Ave · (208) 909-5177

Open 24 hours

DOMESTIC VIOLENCE:

National Domestic Violence Hotline 1-800-799-SAFE

National Domestic Violence Hotline Spanish 1-800-942-6908

Elder Abuse Hotline 1-800-252-8966

EATING DISORDERS:

Eating Disorders Awareness and Prevention 1-800-931-2237

Eating Disorders Center 1-888-236-1188

GRIEF/LOSS

Grief/Share 1-800-395-5755

LGBTQ?+

Helpline: 1-800-398-GAYS

Gay and Lesbian National Hotline 1-888-843-4564

Trevor Hotline (Suicide) 1-866-4-U-TREVOR

POISON:

Poison Control 1-800-942-5969

SELF-INJURY:

S.A.F.E. (Self-Abuse Finally Ends) 1-800-DONT-CUT

SUICIDE:

Suicide Hotline 1-800-273-TALK (8255)

