



SECONDARY BREAKFAST NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sausage Breakfast Burrito* Cereal* or Cereal Bar* Oranges Milk	Biscuit* & Sausage Sandwich Cereal* or Muffin* Applesauce Milk	Sausage and Egg Breakfast Bites Cereal* or Muffin* Banana Milk	Cinnamon Roll* Cereal* or Cereal Bar* Peaches Milk
7	8	9	10	11
Cinnamon Stuffed Bagel* Cereal* or Muffin* Grapes Milk	Mini Banana Bread* Cereal* or Muffin* Strawberries Milk	Breakfast Pizza* Cereal* or Muffin* Oranges Milk	Waffles* Cereal* or Muffin* Mixed Fruit Milk	Breakfast Sandwich* Cereal* or Cereal Bar* Banana Milk
14	15	16	17	18
Blueberry Bread Slice* Cereal* or Muffin* Apples Milk	Pancakes* Cereal* or Cereal Bar* Grapes Milk	Bagel* & Sausage Sandwich Cereal* or Muffin* Strawberries Milk	Strawberry Stuffed Bagel* Cereal* or Muffin* Banana Milk	No School! Have a great weekend!
21	22	23	24	25
Donuts* Cereal* or Muffin* Peaches Milk	French Toast* Cereal* or Cereal Bar* Strawberries Milk	No School!	Happy Thanksgiving!	No School!
28	29	30		
Pancake On a Stick* Cereal* or Muffin* Applesauce Milk	Sausage Breakfast Burrito* Cereal Bar* or Muffin* Grapes Milk	Breakfast Pizza* Cereal* or Muffin* Peaches Milk		*=WHOLE GRAIN OPTIONS
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				