



ELEMENTARY BREAKFAST NOVEMBER 2022

Monday		Tuesday		Wednesday		Thursday		Friday	
		1		2		3		4	
		Sausage Breakfast Burrito*	Cereal*	Sausage & Egg Breakfast Bites	Cinnamon Roll*				
		Cereal* or Cereal Bar*	Muffin*	Cereal* or Muffin*	Cereal* or Cereal Bar*				
		Oranges	Applesauce	Banana	Peaches				
		Milk	Milk	Milk	Milk				
7		8		9		10		11	
Cinnamon Stuffed Bagel*		Mini Banana Bread*	Cereal*	Waffles*	Breakfast Sandwich*				
Cereal* or Muffin*		Cereal* or Muffin*	Muffin*	Cereal* or Muffin*	Cereal* or Cereal Bar*				
Grapes		Strawberries	Oranges	Mixed Fruit	Banana				
Milk		Milk	Milk	Milk	Milk				
14		15		16		17		18	
Blueberry Bread*		Pancakes*	Cereal*	Strawberry Stuffed Bagel*	No School!				
Cereal* or Muffin*		Cereal* or Cereal Bar*	Muffin*	Cereal* or Muffin*	Have a great weekend!				
Apples		Grapes	Oranges	Banana					
Milk		Milk	Milk	Milk					
21		22		23		24		25	
Donuts*		Breakfast Pizza*	No School!	Happy Thanksgiving!	No School!				
Cereal* or Muffin*		Cereal* or Cereal Bar*							
Peaches		Strawberries							
Milk		Milk							
28		29		30					
Pancake* on a Stick		Sausage Breakfast Burrito*	Cereal*	Additional Fresh Fruits and					
Cereal* or Muffin*		Cereal Bar* or Muffin*	Muffin*	Vegetables available daily					
Applesauce		Grapes	Peaches						
Milk		Milk	Milk						
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*=whole grain options