



مدرسة سنت كريستوفر
St Christopher's
School Bahrain



THE BRITISH INTERNATIONAL SCHOOL
ABU DHABI
A NORD ANGLIA EDUCATION SCHOOL

BSME SWIMMING CHAMPIONSHIPS 2023

Thursday 16 March, 2023

Hosted by St Christopher's School, Bahrain
&
British International School, Abu Dhabi

Venue :
Mohamed bin Zayed Sports City, Abu Dhabi

Hosts:	St Christopher's School, Bahrain & British International school, Abu Dhabi
Age groups:	8 & under, 9-10, 11-12, 13-14, 15 & over QT (see separate page) Proof of time must accompany all the entries
Meet format:	Meet will be pre-seeded. All individual events will be timed finals. For all the events, age groups will be combined for races but separated for results.
Meet rules:	This meet will be under FINA rules. Age cut off will be 31 August 2023.
Venue:	Mohamed bin Zayed Sports City , Abu Dhabi 10 lane 50m indoor pool with spectators and competitors seating. 25m outdoor pool - warm up and cool down
Date and timings:	Thursday 16 March 2023 Morning and afternoon sessions. Timings for warm up and races will be decided based on the received entries.
Entry Deadline:	Thursday 23 February 2023, 12pm midday (UAE time standards) All entries must be sent electronically to Yavor.Zahariev@staff.st-chris.net Entries can be sent whenever ready, could be earlier than the deadline.
Entry fees:	50 AED per individual entry and 100 AED per relay. Maximum of 4 individual and 2 relay entries per swimmer. <i>In order to cover the cost for hiring a facility , each school has to pay 500 AED to participate.</i> 5% VAT is included in the above fees.
Awards:	Medals for 1st, 2nd and 3rd place. Ribbons for 4-6th place. Hi-point trophy. All awards will be given per gender in each age group.
Meet Schedule:	Warm up : TBC Coaches meeting: TBC First race: TBC
Coaches' passes	100 AED (VAT included) Only coaches with passes will be allowed on pool deck and in the swimmers seating area
Awards	Medals for 1st, 2nd and 3rd place. Hi-point trophy for overall winner per gender in each age

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Code of conduct

1. The Competition will be held under FINA rules
2. One start rule will be applied. Over the head starts may be performed, this is at the organisers discretion.
3. Mohamed bin Zayed Sports City Swimming Pool will have two swimming pools that will be used during the day of the event. Competition pool will be used for warm up and racing. 25m pool will be used for warm up and cool down. Swimmers must be accompanied by the coach the entire time.
4. Electronic time systems will be used. Touch pads will be used for electronic timing, buttons and stop watches will be used for backup. HYTEK Meet manager and Meet mobile app will be the software operated in this meet.
5. All events will be timed finals, heat declared winner.
6. All entries must be submitted no later than the deadline : Friday 24 February 2023 midday (UAE time standard).
7. A swimmer will be allowed to select a maximum of 4 individual and 2 relays.
8. Team entries must be made via HYTEK zip files or Google sheet - both shared in the email.
 - HYTEK entries - 50 AED per individual race, 100 AED per relay.
 - Manual entries - 55 AED per individual race, 110 AED per relay. Please follow all the instructions given in the original email. Please submit the correct Date of Birth (DOB)
9. We understand that due to Covid pandemic, many swimmers were not able to compete regularly , therefore, we won't put a time frame on when the time was achieved, however, please DO NOT fabricate times.
- 10.No times (NT)- swimmers who have not achieved a time in an official meet, will not be accepted.
- 11.Qualifying times and proof of time - Competitors must have achieved the qualifying standards mentioned below. The entries must be accompanied by proof of time
 - Hy-tek users - please click on the box while submitting the HYTEK file
 - Manual entries - please include results from meets
- 12.Clubs must submit entries on the deadline or earlier. Late entries will not be accepted.
- 13.Withdraws must be made at the earliest possible. Refunds will not be given unless an exceptional circumstance.

14. Payment deadline is Thursday 1st March midday (UAE time standard)
15. Coaches passes will be provided on an order basis - 100 AED per pass. The passes must be worn at all times while in the pool building.
16. Marshalling area - all competitors will be expected to report to the marshalling area prior to their event. The organisers will announce each race in advance. Failing to report on time will result in withdrawal from the race.
17. Seating area :
 - Swimmers and coaches will be allocated a seating area by the organisers. Please follow all the guidelines and do not sit in different areas.
 - Parents and spectators will be allocated a seating area different from the swimmers/coaches. Please follow the guidelines and directions given by the security. There will be tickets on sale, distributed prior to the event.
18. Results - Full results in PDF and HYTEK zip file will be sent out to all teams maximum one day after the competition is finished.
19. Referee decision is final.
20. Mohamed bin Zayed sports city Swimming pool's rules and regulations have to be followed by all participants, parents and spectators the whole time. All staff members are there to do their job.
21. Should you wish to participate in, please request a Hytek file or a Google sheet for entries on this email : yavor.zahariev@staff.st-chris.net



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Events order

All individual events will be timed finals.

For all the events, age groups will be combined for races but separated for results.

Event No	Event	Gender
1/2	200m Freestyle	Girls/Boys
3/4	50m Breaststroke	Girls/Boys
5/6	100m Backstroke	Girls/Boys
7/8	50m Freestyle	Girls/Boys
9/10	100m Butterfly	Girls/Boys
11/12	8 & Under 200m Medley Relay	Girls/Boys
13/14	9 - 10 200m Medley Relay	Girls/Boys
15/16	11-12 200m Medley Relay	Girls/Boys
17/18	13-14 200m Medley Relay	Girls/Boys
19/20	15 & Over 200m Medley Relay	Girls/Boys
LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
Event No	Event	Gender
21/22	200m Individual Medley	Girls/Boys
23/24	50m Backstroke	Girls/Boys
25/26	100m Breaststroke	Girls/Boys
27/28	50m Butterfly	Girls/Boys
29/30	100m Freestyle	Girls/Boys
31/32	8 & Under 200m Freestyle Relay	Girls/Boys
33/34	9 - 10 200m Freestyle Relay	Girls/Boys
35/36	11-12 200m Freestyle Relay	Girls/Boys
37/38	13-14 200m Freestyle Relay	Girls/Boys
39/40	15 & Over 200m Freestyle Relay	Girls/Boys

Select maximum 4 individual events and 2 relays per swimmer.