

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

Lunch

- Classic American Cheeseburger
- Tater Tots
- Boston Baked Beans
- **Turkey Ham & Cheese Sandwich**
- Fresh Fuji Apple
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli Salad with Raisins
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

1

Lunch

- **Turkey Corn Dog**
- **Muffin, Cheese, & Yogurt Fun Lunch**
- Fresh Orange Wedges
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Strawberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

2

Lunch

- **Italian Meat Spaghetti Sauce**
- Whole Grain Dinner Roll
- Spaghetti
- **Turkey and Cheese Sandwich**
- Fresh Fuji Apple
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli Salad with Raisins
- Fresh Carrots
- Garbanzo Beans
- 1% Low-fat Milk
- Chocolate Fat Free Milk

3

Lunch

- **Cheese Pizza**
- **Italian Power Pack**
- Fresh Orange Wedges
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Strawberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

4

7

Lunch

- **Beef Nachos**
- Tater Tots
- **Curry Chicken Salad**
- Whole Grain Hamburger Bun
- Sliced Fresh Apples
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli Salad with Raisins
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

8

Lunch

- **Turkey Corn Dog**
- **Cereal, Yogurt & Cracker Fun Lunch**
- Sliced Fresh Apples
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Cranberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

9

Lunch

- **Soft Beef Taco**
- **Turkey Ham and Cheese Chef Salad**
- Whole Grain Dinner Roll
- Sliced Fresh Apples
- Chilled Peaches
- Spinach and Cranberry Salad
- Broccoli Salad with Raisins
- Fresh Carrots
- Garbanzo Beans
- 1% Low-fat Milk
- Chocolate Fat Free Milk

10

Lunch

- **Orange Chicken Stir Fry**
- Brown Rice
- **Bagel, Egg & Cream Cheese Fun lunch**
- Sliced Fresh Apples
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Cranberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

11

Lunch

- **Bean & Cheese Burrito**
- **Turkey and Cheese Sandwich**
- Sliced Fresh Apples
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

14

Lunch

- **Classic American Cheeseburger**
- Tater Tots
- Boston Baked Beans
- **Turkey Ham & Cheese Sandwich**
- Sliced Fresh Apples
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli Salad with Raisins
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

15

Lunch

- **Turkey Corn Dog**
- **Muffin, Cheese, & Yogurt Fun Lunch**
- Sliced Fresh Apples
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Cranberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

16

Lunch

- **Campbell's Tomato Soup**
- Toasty Cheese Sandwich
- **Turkey and Cheese Sandwich**
- Sliced Fresh Apples
- Chilled Peaches
- Spinach and Cranberry Salad
- Broccoli Salad with Raisins
- Fresh Carrots
- Garbanzo Beans
- 1% Low-fat Milk
- Chocolate Fat Free Milk

17

Lunch

- **Cheese Pizza**
- **Italian Power Pack**
- Sliced Fresh Apples
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Cranberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

18

Lunch

- **Roasted Turkey with Gravy**
- Whole Grain Dinner Roll
- Apple Cranberry Crisp
- Mashed Potatoes
- Sliced Fresh Apples
- Cranberry Sauce
- Fresh Romaine Lettuce Mix
- Broccoli
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

21

Thanksgiving - No School

22

Thanksgiving - No School

23

Thanksgiving - No School

24

Thanksgiving - No School

25

Thanksgiving - No School

28

Lunch

- **Turkey Corn Dog**
- Tater Tots
- **Turkey Ham & Cheese Sandwich**
- Sliced Fresh Apples
- Chilled Peaches
- Fresh Romaine Lettuce Mix
- Broccoli Salad with Raisins
- Fresh Carrots
- 1% Low-fat Milk
- Chocolate Fat Free Milk

29

Lunch

- **Scrambled Eggs**
- Waffle
- Pork Sausage Patty
- **Cereal, Yogurt & Cracker Fun Lunch**
- Sliced Fresh Apples
- Chilled Diced Pears
- Fresh Romaine Lettuce Mix
- Fresh Celery Sticks
- Fresh Carrots
- Spinach and Cranberry Salad
- 1% Low-fat Milk
- Chocolate Fat Free Milk

30

Lunch

- **Butternut Squash Macaroni and Cheese**
- Whole Grain Dinner Roll
- **Turkey Ham and Cheese Chef Salad**
- Sliced Fresh Apples
- Chilled Peaches
- Spinach and Cranberry Salad
- Broccoli Salad with Raisins
- Fresh Carrots
- Garbanzo Beans
- 1% Low-fat Milk
- Chocolate Fat Free Milk

1

2

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

- Breakfast**
- Mini Cinnis
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

1

- Breakfast**
- Egg & Cheese Sandwich
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

2

- Breakfast**
- Breakfast Turkey Sausage Pizza
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

3

- Breakfast**
- Whole Grain Apple Cinnamon Muffin
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

4

- Breakfast**
- Mini French Toast
 - Syrup
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

7

- Breakfast**
- Egg & Cheese Sandwich
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

8

- Breakfast**
- Iced Cinnamon Roll
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

9

- Breakfast**
- Breakfast Turkey Sausage Pizza
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

10

- Breakfast**
- Chocolate Chip Muffin
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

11

- Breakfast**
- Mini French Toast
 - Syrup
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

14

- Breakfast**
- Mini Cinnis
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

15

- Breakfast**
- Egg & Cheese Sandwich
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

16

- Breakfast**
- Breakfast Turkey Sausage Pizza
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

17

- Breakfast**
- Whole Grain Apple Cinnamon Muffin
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
 - Chocolate Fat Free Milk

18

- Breakfast**
- Mini French Toast
 - Syrup
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese
 - Fresh Whole Fruit
 - Apple Juice
 - Orange Juice
 - 1% Low-fat Milk
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21



Thanksgiving - No School

22



Thanksgiving - No School

23



Thanksgiving - No School

24



Thanksgiving - No School

25



Thanksgiving - No School

28

- Breakfast**
- Egg & Cheese Sandwich
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese

29

- Breakfast**
- Iced Cinnamon Roll
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs
 - Low Fat Mozzarella String Cheese

30

- Breakfast**
- Breakfast Turkey Sausage Pizza
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Special Edition Trix
 - Cocoa Puffs

1

2