



2021-2022 Wellness Policy Report

Arvin Union School District



We met these goals:

- ✓ Promotion of participation of students, parents, community members, and staff was expanded through Parent Square and emails. Attendance was improved at Wellness Committee meetings.
- ✓ Nutrition Promotion posters were purchased, distributed, and displayed in all school cafeterias.
- ✓ Nutrition education has been a component of afterschool and summer school programs.
- ✓ Physical activity time expectations were made explicit in the district wellness policy update.
- ✓ Celebrations continue to focus on activities and foods meeting the wellness policy guidance for parties, incentives, and food sales.

Our Wellness Goals

We are still working on these:



- ✗ Health education and nutrition education on school menus, Parent Square, and the district website has begun and will be an explicit focus as well as updating marketing language.
- ✗ Training for staff, especially noon duty, focused on promoting healthy eating, appropriate use of share tables, and monitoring of seated time to eat to follow goals of the wellness policy.
- ✗ Continue to expand family/community engagement as it pertains to wellness through Parent Square, Safe School Ambassadors, Parent Ambassador Project, and staff meetings.
- ✗ Continue to promote non-food celebrations with support from the Wellness Committee to construct a list of alternative incentives.
- ✗ The district is committed to planning for Community Schools which will include addition of language for mental health and social-emotional well-being to our Wellness policy.
- ✗ Update our Wellness Policy to include language for physical education and wellness standards, curriculum, and to acknowledge single subject assigned PE teachers.

District Wellness Committee

*Meets 5 times per year about school health and safety

*Led by District Superintendent

*Designates district and school officials to ensure that schools use the wellness policy

Current members include: parents, students, administrators, food services staff, school board members, community partners, teachers

Our District Wellness Policy

District Wellness Powerpoint

<https://www.arvinschools.com/userfiles/4/my%20files/2021%202022%20wellness%20policy%20review%20draft.pptx?id=3669>

District Wellness AR5030

<https://www.arvinschools.com/userfiles/4/my%20files/ar5030%20-%20student%20wellness.pdf?id=3670>

Wellness Policy Components with % of schools compliant for each area:

- ☑ Nutrition Education 100% compliant
- ☑ Nutrition Promotion 100% compliant
- ☑ Physical Activity 100% partially compliant
- ☑ Other Student Wellness 100% partially compliant
- ☑ State/Federal Meal Standards 100% partially compliant
- ☑ Foods Offered but not sold 100% partially compliant
- ☑ Celebrations 100% compliant
- ☑ Rewards 100% compliant
- ☑ Marketing 100% partially compliant



- 📅 Partnership with Stanford Project to Increase School Meal Participation to Promote Child Health begun October 14, 2021
- 📅 Wellness Committee Meetings
 - November 2, 2021
 - January 13, 2022
 - February 10, 2022
 - March 2, 2022
 - April 20, 2022
- 📅 Wellness Committee report to the School Board April 19, 2022
- 📅 Approval of AR 5030 Student Wellness Policy May 17, 2022
- 📅 2021-2022 School Wellness Policy Report posted to website with Wellness policy and committee agendas/minutes June 24, 2022
- 📅 2021-2022 School Wellness Policy Report provided to School Board June 28, 2022

Planning, Tracking, and Sharing

