

Bronxville Union Free School District Food and Nutrition News

Fall 2022

October 2022

Welcome to your Food and Nutrition newsletter! We are excited to share our story with you. The Bronxville team is thrilled to be back for the 2022-2023 school year to serve up happy and healthy meals throughout the district with delicious menu offerings and a variety of activities and programs.

As we continue to cook up student favorites for a tasty, satisfying lunch, We love seeing our students in the café enjoying meals, snacks, and beverages throughout the day. Menu offerings are rich in student favorites which feature top-tier products, local and/or organic produce when available, local bakery items, and a variety of classic and high-end beverages and snack items to keep our students powered up throughout the day.

See you in the café!



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Spotlight:

Seasonal Pick of
the Month: NY Apples

The produce highlight this month is Apples! October is also Farm to School Month. Our apples come from Upstate NY and will be served to all students during the fall season.



Apple season is from late August to November. But because apples keep well in storage, they are available year round.

Apples are very nutritious. They are filled with potassium, vitamin c, fiber , and antioxidants. (Tip: Keep the peels on!) Apples can even help prevent tooth decay and boost memory.

Did you know? Apple trees can live to about 100 years old.

chartwells 
serving up happy & healthy

We are Team Bronxville

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Bronxville's students leave the cafeteria happier and healthier than they came in. **We all have the same goal –delivering the best foodservice possible. We are excited to welcome some new faces on our own team this school year and we look forward to continuing to see our Bronxville students in our cafés this fall! Stay tuned for more updates as the months continue!**



Some of our Sushi options, offered weekly to MS/HS and faculty.

Our daily salad bar and smoothie /acai station full of fresh ingredients!



Nutrislice Menu Viewing and Ordering

Menus are available to view and pre-order from at:

<https://bronxvilleschool.nutrislice.com/>

Elementary Schools- meals must be pre-ordered by the cut-off time which is open one day before service until 9:00am in the morning of.

Middle & High School- Pre-ordering is available for each week and recommended to avoid waiting in line at the serving area.

Check your online payment portal at At www.MYSCHOOLBUCKS.com.

Parents may also drop off completed enrollment forms with check attached. Please make checks payable to "The Bronxville School Lunch Fund". Cash payments can be processed in person, when visiting the café.



← *please check for allergens in nutrislice before ordering.



Thanks for your support of our school lunch program!

 serving up happy & healthy