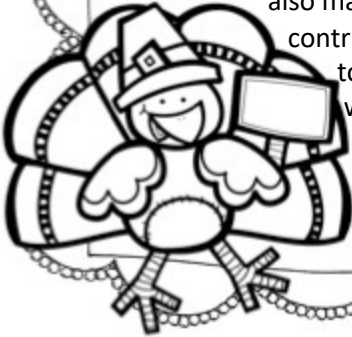


# Moore's Message

November 2022

## THANK YOU!! Fill the Nest Campaign

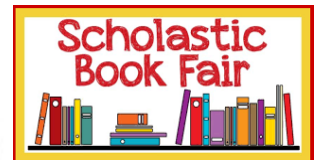
Our 2022 Fill the Nest Campaign has raised \$50,379 for our school! We are so grateful for the generosity of our students' family and friends. Our Moore Miles corporate sponsors and silent auction donors also made a HUGE contribution to our total. We cannot wait to show you how your gift will make a difference at Moore.



## Scholastic Book Fair November 14-17

The book fair is back again and parents are welcome to come in and shop with your child. Students will visit with their classes and we will have it open before school as well. You can also set up an eWallet instead of sending cash or check with your child. For instructions, visit our book fair website <https://bookfairs.scholastic.com/bf/mooreonline>. Volunteers are also needed to help students find the perfect book and work the registers. You can sign up for a shift on our sign up genius: <https://www.signupgenius.com/go/904084aaba722a2fe3-fall1>.

Keep an eye out for your child's class date and time in your teacher's upcoming newsletters!



## Loaves of Thanks, Thursday, Nov. 17

It is time for PTO's annual Loaves of Thanks for our amazing staff at Moore! Each year, PTO asks parents to provide mini-loaves of sweet or savory bread to our teachers and staff. If you can bake or buy mini-loaves of your favorite bread, please sign up below and let us know!

<https://m.signupgenius.com/#!/showSignUp/30e0a49ada72aa6f49-loaves/37418149>

Please include the type of bread and how many loaves you will be providing. We need loaves delivered to Moore on Wednesday, November 16th and Thursday morning, November 17th. Loaves can be left on the cart in the carline or in the front office at drop off or pick up!

We appreciate your help in thanking Moore's teachers and staff!



## CRANIUM CARNIVAL Thursday, November 3 5:30-7:00 p.m.

A fun-filled night at Moore Elementary to celebrate **READING, MATH, & SCIENCE**. There will be activities, experiments, and games for all students!

Join us for a book walk, math games, STEM challenges, estimation station, scavenger hunt and more! Don't miss it!

### Notes from Nurse Sanders

Do you know the best way to avoid illness? It is actually just good old handwashing! Washing hands with soap and water is the best way to reduce the number of germs. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.

It's also that creepy crawly season... yep... lice season! Sorry parents but it's true! Please remind your student about the importance of not sharing hats, coats, hairbands, etc.

If your child becomes ill while at school and we call for you to pick them up, it is extremely important that you pick them up in a timely manner. If you cannot get to school within 30 minutes, please make sure there is someone on your emergency list that can arrive within that time frame.

As always, if I can be of any assistance to you or your student, don't hesitate to contact me!

*Sherry Sanders, RN*

## Be Nice Ambassadors

Join us in congratulating our Moore Elementary "Be Nice" Ambassadors for 2022-2023! Each grade level chose students that exemplify good citizenship qualities and are always kind to everyone! Congrats to the following students:

<i>PreK:</i>	<i>Kaidynce Carter</i>
<i>Kindergarten:</i>	<i>Sam Dodd &amp; Rae Maberry</i>
<i>1<sup>st</sup> Grade:</i>	<i>Claire Reagan &amp; Anthony Urbanek</i>
<i>2<sup>nd</sup> Grade:</i>	<i>Molly Mee &amp; Adarsh Vidyam</i>
<i>3<sup>rd</sup> Grade:</i>	<i>Brycen Williams &amp; Graycen Baker</i>
<i>4<sup>th</sup> Grade:</i>	<i>Jerusha John &amp; William Almammat</i>

*No act of kindness, however small is ever wasted.*



## **BE NICE WEEK** November 7-11

All FSSD schools will be competing again this year in a week-long challenge to help support The NOOK (Needs Of Our Kids), a non-profit that serves urgent needs of families through referral by local schools.

Bring in your NICKELS the week of November 7-11 to help The NOOK raise money to provide new essentials (coats, shoes, socks, underwear, shirts, pants, basic hygiene items and feminine hygiene) for local children in need. The NOOK is partnering with schools in our community to eliminate barriers to education for kids in crisis so the child can focus as much energy as possible on achieving in the classroom.

Other money denominations and checks are also appreciated!

**NOOK**  
Needs Of Our Kids



**THANK YOU** to our numerous parent volunteers who helped with Moore Miles and Fill the Nest as well as those who donated items to our bake sale and silent auction! We appreciate you very much!

A special thank you goes to:

Mary Smith  
Elizabeth Fellows  
Kim Lockard  
Jenny Narciso  
Courtney Koctar  
Joy Howard  
Jennifer Thorington  
Shalacy Griffin  
Bethany Dixon  
Ana Reisdorf  
Danielle Nunnery  
Crystal Furmanek



## How To Lessen The Chances Of Getting A Cold Or The Flu

Peak flu activity occurs between December and March. That is why winter is often associated with the flu. Here are some tips to help avoid getting the illness.

- Wash your hands frequently with soap and water to remove germs. Hand sanitizer can be used when it is not possible to wash your hands.
- Get Active with regular, moderate exercise to boost immune systems. Studies have shown that being active can help reduce cold and flu episodes.
- Get plenty of sleep. Sleep deprivation can weaken the immune system and increase the risk of getting sick.
- Have a well-balanced diet. Eat meals with plenty of colorful fruits and vegetables to boost immune systems. Consider foods rich in vitamins C & D.
- Decrease your stress. Elevated stress hormones can lead to decreased immunity. Allow plenty of down time for rest and creative play.
- Avoid germ sharing. Commonly shared items can be breeding grounds for germs. Teach children to never share straws, cups, or anything that makes contact with the mouth and face. When sick, students should be kept at home to prevent germs from spreading to others.

## Common Sense Media

Your child has taken part in classroom lessons from Common Sense Education. Common Sense helps kids learn the habits and skills they need to use technology safely and responsibly in school, at home, and beyond.

### WHAT IS DIGITAL CITIZENSHIP?

Kids today may seem like experts at using technology, but the digital world requires all kinds of skills and habits that kids don't just pick up as they go. Digital citizenship helps them learn those skills. The Common Sense lessons help kids in grades K-2 develop healthy media habits and learn how to be safe online. Lessons for kids in grades 3-4 continue to focus on screen time and online safety.

### WHAT FAMILIES CAN DO

Common Sense Education provides resources to help you support your kid's learning. We will be sending home tip sheets and more information to help grow digital citizens! You can visit the Common Sense website at [www.common sense media.org](http://www.common sense media.org) for more.

Working together with Common Sense Education, we can prepare today's kids to think critically and use tech in positive, creative, and powerful ways.

# November

- 3<sup>rd</sup> Cranium Carnival**
- 8<sup>th</sup> No School**
- 10<sup>th</sup> Thanksgiving Lunch**
- 11<sup>th</sup> Veteran's Day Parade**
- 14-17 Book Fair**
- 17<sup>th</sup> Advisory Council Mtg**
- 18<sup>th</sup> Early Dismissal**
- 21-25 Thanksgiving Break**
- 30<sup>th</sup> World Traveler Day**

## You're Invited To Thanksgiving Lunch!

**Thursday, November 10**

Join us for a delicious lunch prepared by our amazing cafeteria staff! Your child's teacher will post their class lunch time in the grade level newsletter.



## Mr. C's Counselor's Corner

**YES ... THE HOLIDAYS ARE AROUND THE CORNER!** Here is some information whether you have a need or want to help!

*Does your family need assistance ...  
.... to provide gifts for your child(ren)? Here are some community resources:*

- "The Manger" (GraceWorks) - register **ASAP until Nov.26** at [www.graceworksministries.net/2022-manger/](http://www.graceworksministries.net/2022-manger/) or call 615-807-0039 (M/W/F 10-2)
- "Shop with a Cop" - to register contact FSSD social workers Ms. Fisher ([fisherama@fssd.org](mailto:fisherama@fssd.org)) or Ms. Lopez ([lopezmel@fssd.org](mailto:lopezmel@fssd.org)) **before Thanksgiving break.**
- "MES Wish List" - Please contact Mr. C (see my contact info below) **by Wed., November 9,** for your child(ren) under 18 to be anonymously sponsored by someone in our MES community.

## Mr. C's Counselor's Corner

*Would you like to support ...  
... a child of one of our MES families by providing some gifts for him/her?*

- "Wish Lists" will be available to do so. You can either let me know or they will be in the front office starting Tues., Nov. 15. There will be more information, but if you choose to participate, gifts do not need to exceed \$100 per child, and should be delivered to the school unwrapped, by Wednesday, December 7.
- "2022 Graceworks Food Drive" will be Nov. 28 through Dec. 16. Please help us reach our goal of 2,000 food items and provide food to those in our community again this year!

*Whether questions about needing support or about sponsoring, be sure to let me know.*

Mr. C – Your MES School Counselor  
[coberlybru@fssd.org](mailto:coberlybru@fssd.org)  
615-790-4700 x. 3307

Thanksgiving  
Break  
**NO SCHOOL!**



Thanksgiving  
Break  
November 21-25



## LOST AND FOUND

Our lost and found is already overflowing with jackets!  
Parents and students are invited to look through our lost and found for missing items.  
Parents please write your child's name on their coats, jackets, hats, lunch boxes, and water bottles so we can return them to their rightful owner.

