

# NOVEMBER

## DEAN'S MILL SCHOOL

### MENU

#### Meal Prices:

Breakfast: \$1.50  
 Reduced Price: \$0.30  
 Lunch: \$2.90  
 Reduced Price: \$0.40

*Alternate Lunch Options Available Daily!*

## - DAILY BREAKFAST CHOICES -

### Monday

Hot Breakfast Sandwich  
 Assorted Baked Goods  
 Chef's Choice

10/31

**Twisted Mozzarella Breadstick**  
 w/ marinara  
 Broccoli  
 Fruit of the Day/Juice

### Tuesday

Hot Breakfast Sandwich  
 Assorted Baked Goods  
 Pancakes  
 Chef's Choice

11/01

**Chicken Patty Sandwich**  
 Mashed Potatoes  
 Corn  
 Fruit of the Day/Juice

### Wednesday

Hot Breakfast Sandwich  
 Assorted Baked Goods  
 Chef's Choice

11/02

**Pasta w/ Meat Sauce**  
 Green Beans  
 Fruit of the Day/Juice

### Thursday

Hot Breakfast Sandwich  
 Assorted Baked Goods  
 Chef's Choice

11/03

**Hot Dog**  
 Steamed Carrots  
 Baked Beans  
 Fruit of the Day/Juice

### Friday

Hot Breakfast Sandwich  
 Assorted Baked Goods  
 Chef's Choice

11/04

**Choice of Pizza**  
 Assorted Veggie  
 Dippers  
 Hummus  
 Fruit of the Day/Juice

11/07

**Cheese Quesadilla**  
 Refried Beans  
 Corn  
 Fruit of the Day/Juice

11/08



11/09

**Pasta w/ Meatballs**  
 Marinara Sauce  
 California Veggie Blend  
 Fruit of the Day/Juice

11/10

**Popcorn Chicken**  
 Tater Tots  
 Baked Beans  
 Fruit of the Day/Juice

11/11



11/14

**Brunch for Lunch!**  
 Chicken Tenders & Waffles  
 Hashbrown  
 Fruit of the Day/Juice

11/15

**Beef Soft Taco**  
 Refried Beans  
 Cheese/Salsa/Lettuce  
 Fruit of the Day/Juice

11/16

**Pasta w/ Meat Sauce**  
 Broccoli  
 Fruit of the Day/Juice

11/17

**Chicken Pot Pie**  
 Mashed Potatoes  
 Holiday Feast  
 Dessert  
 Fruit of the Day/Juice

11/18

**Choice of Pizza**  
 Assorted Veggie  
 Dippers  
 Hummus  
 Fruit of the Day/Juice

11/21

**Mac 'n' Cheese**  
 Green Beans  
 Fries  
 Fruit of the Day/Juice

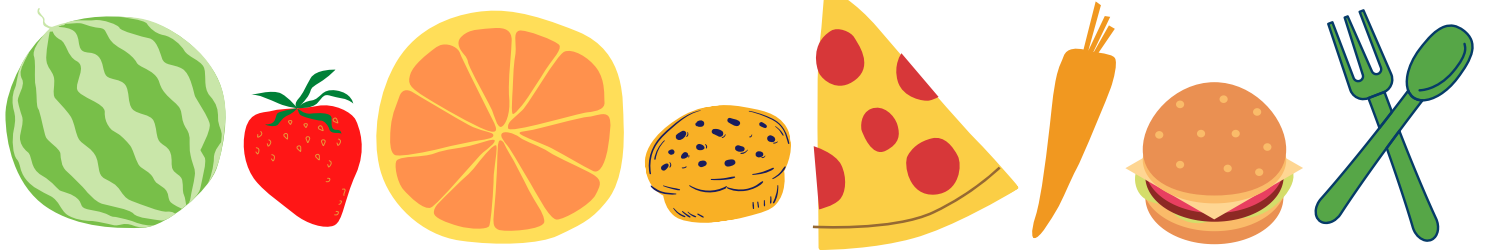
11/22

**Chicken Drumstick**  
 Honey Biscuit  
 Steamed Carrots  
 Fruit of the Day/Juice

11/23

**Choice of Pizza**  
 Assorted Veggie  
 Dippers  
 Hummus  
 Fruit of the Day/Juice





# SPS FOOD SERVICES - ELEMENTARY

## BREAKFAST MEALS

INCLUDE 2 OZ WHOLE GRAINS,  
½ CUP FRUIT, ½ CUP 100%  
JUICE, AND 1 CUP LOW FAT  
MILK

## LUNCH MEALS

INCLUDE 2 OZ PROTEIN, 2 OZ  
WHOLE GRAINS, FRUIT,  
VEGETABLE, AND 1 CUP FAT-  
FREE FLAVORED OR 1% MILK

**Daily Alternate Choices:** PB-Fluff-& J, Bone Builders

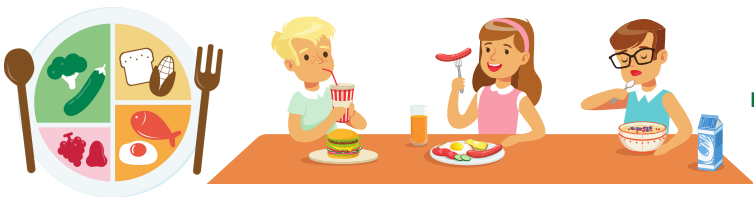
## DIETARY MODIFICATIONS

WE WORK WITH FAMILIES ON A VARIETY  
OF DIETARY MODIFICATIONS INCLUDING  
VEGETARIAN, GLUTEN FREE, DAIRY  
FREE AND MORE!

## FREE & REDUCED PRICE MEAL ELIGIBILITY

If you receive SNAP benefits or HUSKY A you may already be directly certified through the state for free or reduced price meals. Check your primary school contact email for a notification letter by searching your mailbox for "School meals eligibility."

If you think you may qualify please submit a free/reduced price meal application which may be obtained on our website or at the school's office.



## CONTACT

**STEPHANIE.DEASON@STONINGTONSCHOOLS.ORG**  
**TO MAKE ARRANGEMENTS OR FOR ANY FOOD**  
**SERVICES RELATED NEEDS!**



<https://www.facebook.com/SPSFoodServices>



spsfoodservices

[HTTPS://WWW.STONINGTONSCHOOLS.ORG/DEPARTMENTS/FOOD-SERVICES](https://www.stoningtonschools.org/departments/food-services)

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER*