

Pike Middle School Counselors and Social Workers Newsletter

november newsletter: gratitude



Important Dates

Nov 8: E-learning Day
November 11th: Veteran's
Day
Nov 1-11: Clear Sight Testing
Nov 21-25: Thanksgiving
Break
National Adoption
Awareness Month
National Caregivers
Appreciation Month
Native American Heritage
Month
Child Safety Protection
Month
National Diabetes
Awareness Month
National Epilepsy Month


What are we doing to teach this in our schools?

The definition of gratitude is the quality of being thankful, ability to feel appreciation, and intent to receive or return kindness. We will be doing short gratitude lessons during advisory period, gratefulness tree, helping out our school, toiletry drive.



What Parents can do at Home:

- Making "thank you" a regular phrase.
- Talking about gratitude.
- Contributing to family chores.



[Click here
for more
ideas!](#)

Resources



Homelessness:
Call 211



Suicide Hotline: call
or text 988



[Food Pantry.
Dates](#)



[Food Services
Link](#)



[Transportation
Services Link](#)



[Skyward Link](#)