



DUBLIN SCHOOL HEALTH CENTER

Introduction:

The Dublin School Health Center provides health services for all boarding students as well as day students when they are on campus and engaged in school activities. This guide will serve as an introduction to our services as well as answer any frequently asked questions you may have.

Contact Information:

The best way to contact the Health Center is through the Health Portal in the SNAP Health Center.. We are a small but mighty staff but we spend most of our time with your student and therefore we can't always get to the phone. We answer messages as quickly as we are able, but messaging through the Health Portal both alerts us and helps us all be able to respond as soon as one of us is available.

Health Center Phone: 603-563-1241

Health Center email: nurse@dublinschool.org

Staff:

Margaree Jordan RN, MSN: Health Services Director: mjordan@dublinschool.org

Nicole Orwiler RN: Clinical Nurse: nmaxcy@dublinschool.org

Kate Jagodzinski, ATC: Athletic Trainer: kjagodzinski@dublinschool.org

Bethann Clauss, LICSW: School Counselor: bclauss@dublinschool.org

Health Center Overview:

The Health Center currently consists of a main office, a bathroom, a clinical/medication room, a counselor's office, two patient rooms (one 3 bedroom and one single) and a separate isolation section for students needing isolation/quarantine (this is a separate floor that can accommodate overnight stays). We look forward to the completion of our new Health Center space, which will greatly increase capacity and privacy and add additional patient and treatment rooms.



Hours Of Operation:

The Health Center is staffed and open for walk-ins, appointments, and medication at the following hours. Evening medications are given by the nurse or the Duty Team Leader in Campus Central at dinner time. After hours medical emergencies and concerns are handled by the Duty Team Leader and/or the nurse on call.

In general, students in need of rest or care during an illness will stay in the Health Center during the hours of operation. Students do not typically stay in the Health Center overnight - though there may be circumstances where this happens. Seniors may rest in their dorm rooms if the nurse approves, but may be asked to stay in the Health Center if continued assessment and monitoring is needed.

Monday, Tuesday, Wednesday, Friday: 7:30a - 4:30p

Thursday: 8:30a - 4:30p

Saturday: 8:00a -2p

Sunday: 9a - 2p

Nursing Standards of Care:

The great public health pioneer and nurse Lillian Wald described nursing as “love in action” and that is how we approach the care of our students at Dublin. We recognize our role as caregivers for those on the cusp of adulthood, and we strive for exceptional communication and care of both the student and their family. Wald embraced a philosophy that considered physical, emotional, social, spiritual, and environmental variables in the well-being of individuals and communities. A pioneer in the provision of holistic health care, Wald’s methods encompassed what we now know as the biopsychosocial model of health care. This model recognizes that the psychosocial dimensions (psychological, socioeconomic, and cultural), along with the biologic aspects, contribute to an individual’s functioning in the circumstances of disease or illness. We approach the student as a whole person, and embrace collaboration with both our health care colleagues and the school community in our model of care.

As for the nitty-gritty...

- Standard nursing triage protocols are used in supporting our nursing decision making (Briggs, Schmitt-Thompson).
- SNAP Health System is our electronic health record and is used for documentation, tracking and communication.
- We strive to align with the standards and recommendations of the New Hampshire School Nurses Association and the National Association of School Nurses.



Medication:

All medications including prescriptions, over-the-counter medications, and supplements must be kept and administered by the Health Center staff. Exceptions are made for “rescue” inhalers and oral contraceptives - these medications may be kept with the student with an associated signed agreement. Prescription medication can be refilled at the CVS Pharmacy in Peterborough NH. You must call CVS and place your insurance and a co-pay card on file in order to facilitate timely refills. The SNAP Health System will alert you when your student is running low on a medication.

New Medication: If at all possible we discourage initiating a new medication while your student is at school except for acute problems (e.g. an antibiotic for an infection). If a new medication needs to be started please reach out to the nursing staff to discuss prior to initiation. All new medications require a new prescription order form be completed prior to administration.

Dosage Changes: Changes to existing medication dosages should be reviewed first with the nursing staff. Dosage changes can be authorized by a provider by emailing nurse@dublinschool.org or uploading documentation through the Health Portal.

Controlled Medications: Controlled medications such as stimulants are tightly monitored and tracked by the nursing staff. Usage of narcotic pain medication at school is strongly discouraged except in acute circumstances.

Transfer of Medications: Your student should drop off medications in the Health Center at designated times as soon as they return from break. The Health Center will pack up medications when students leave campus and will communicate with students regarding pick-up times. Families will be sent counts of controlled medications only. If you would prefer to drop off or pick up medications for your student that must be done during staffed hours, please contact the nurses for further instructions.

Communication:

We encourage communication through the SNAP Health Portal, as this allows all staff to see messages and communicate with families. We do not generally call or message families every time a student visits the Health Center, but these visits are viewable in the portal and will alert you when your student comes with a concern or receives an unscheduled medication.

Communication standards are as follows:

Email/portal message to parent/guardian: multiple missed medication dosages, acute illness or injury without need for provider evaluation, refill of medication needed, clarification needed on medication or something else, schedule routine medical appointment,

Call to parent/guardian: Significant medication concerns, worsening acute illness or injury, need for urgent care/emergency evaluation (we will not always call PRIOR to going - depends on circumstance), out of medication.



Collaboration:

The Health Center has established a partnership with the Pediatrics Department at Dartmouth Hitchcock Keene. Your student will be pre-registered in order to receive care there when needed.

The Health Center collaborates with the following local providers for routine, specialty and emergent care:

Hospitals: Monadnock Community Hospital (Peterborough) and Cheshire Medical Center (Keene).

Pediatrics and Adolescent Medicine: Dartmouth Hitchcock - Keene Pediatrics (Keene)

Orthopaedics: Dartmouth Hitchcock - Keene and Monadnock Orthopaedics (Keene)

Dental: Children's Dentistry of Dublin (Dublin)

Ophthalmology: EyeWorks (Keene)

Urgent Care: Cheshire Medical Center and Convenient MD (Keene)

Pharmacy: CVS Pharmacy (Peterborough)

We look forward to working with you and your student!