

<p><u>Breakfast Meal Pattern Requirements</u> Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p><u>Lunch Meal Pattern Requirements</u> Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>*All infant/toddler meals will contain only hot/soft vegetables.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>November 1 Breakfast: Corn Muffin, Orange, 100% Fruit Juice, Milk Lunch: Baked Mac & Cheese, Broccoli, Pears, Milk</p>	<p>November 2 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Early Dismissal</p>	<p>November 3 Breakfast: Banana Bread, Apple Slices, 100% Fruit Juice, Milk Lunch: Burritos, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>November 4 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
<p>November 7 Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Peaches, Milk</p>	<p>November 8 Breakfast: Muffin Tops, Orange, 100% Fruit Juice, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk</p>	<p>November 9 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Hamburgers, WW Bun, Cheese, Crinkle Fries, Carrots, Mandarin Oranges, Milk</p>	<p>November 10 Breakfast: Pancakes, Apple Slices, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans,, Applesauce, Milk</p>	<p>November 11 No School</p>
<p>November 14 Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk</p>	<p>November 15 Breakfast: Banana Bread, Orange, 100% Fruit Juice, Milk Lunch: American Chop Suey, Carrots, Pears, Milk</p>	<p>November 16 Breakfast: Cereal, Banana, 100% Fruit Juice or Milk Lunch: Chicken Patty Sandwich on a WW bun, Salad, Mandarin Oranges, Milk</p>	<p>November 17 Breakfast: Breakfast Buns, Apple Slices, 100% Fruit Juice, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk</p>	<p>November 18 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk</p>
<p>November 21 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Peaches, Milk</p>	<p>November 22 Breakfast: Pancakes, Orange, 100% Fruit Juice, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk</p>	<p>November 23 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Early Dismissal</p>	<p>November 24 No School</p>	<p>November 25 No School</p>
<p>November 28 Breakfast: Cereal, Apple, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk</p>	<p>November 29 Breakfast: Corn Muffin, Orange, 100% Fruit Juice, Milk Lunch: Baked Mac & Cheese, Broccoli, Pears, Milk</p>	<p>November 30 Breakfast: Cereal, Banana, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Mandarin Oranges, Milk</p>	<p>Nov 2022</p>	

Available milk includes skim, whole and 1%

The USDA is an equal opportunity provider