



Monday October 31, 2022		Dining Hall Hours	
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Breakfast - 7:00-8:00 am Snack - 9:25-9:40 am Lunch - Both Lunches After School Treats - 2:40-3:00 pm
Meatless Monday!! Vegetarian Bolognese w/ Linguini, Boggiato Broccoli and Focaccia Bread		\$7.95	
Kitchen Table Free Range Chicken Cacciatore w/ Herbed Linguini and Garden Ratatouille		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$7.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$7.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Housemade Fudge Brownie Sundaes		4.50 - 4.95	
Tuesday November 1, 2022		Breakfast Boosters	
Breakfast Grill Chocolate Chip Pancakes w/ Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon		\$4.95	Organic yogurt, house made granola and assorted organic fruits
Platillos Latinos Taco Tuesday!!! Braised Free Range Chicken Tacos w/Slow Cooked Pinto Beans, Cilantro Rice, and Garden		\$7.95	
Platillos Latinos Hatch New Mexico Green chile Smothered Carnitas Burrito w/ Ranchero Beans and Cilantro Rice		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Spicy Korean Chicken Wings		4.50 - 4.95	
Wednesday November 2, 2022		Offered Daily	
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	Fresh Garden Salad Bar with organic vegetables, assorted toppings and house made dressing!
Global Adventure Chicken Pad Thai w/ Thai Noodles and Stir Fried Gai Lon		\$7.95	
Izakaya Japanese Ramen Bowl: Japanese Ramen Noodles, Miso Broth, Cage Free Egg, Dwelley Farms Sprouts, W		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Soft Pretzels w/ Honey Mustard		4.50 - 4.95	
Thursday November 3, 2022			
Breakfast Grill French Toast Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	
Market Grill Kansas City: BBQ Pork Spare-ribs, Cheesy Potato Casserole, and Braised Ratto Ranch Collard Green		\$7.95	
Passage to India Free Range Chicken Tikka Masala w/ Steamed Saffron Basmati Rice, Curried Vegetables, and Naan Bread		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats Free Range Chicken Asada Nachos		4.50 - 4.95	
Friday November 4, 2022			
Breakfast Grill Cage Free Scramble Eggs, Breakfast Potatoes, Applewood Smoked Bacon, Sausage		\$4.95	
Fun Food Friday Macaroni and Cheese Bar w/ Buffalo Chicken, Chopped Bacon, Boggiato Broccoli, Sautéed Mushrooms		\$7.95	
Fun Food Friday Memphis BBQ Style Hot Dogs w/ House-made BBQ Sauce, Cheddar Cheese and Onion Rings		\$7.95	
Market Grill Cast Iron Grilled Grass Fed Burger w/ House-made Chips		\$6.95	
Stone Hearth Oven Assorted Pizza, Cheese, Pepperoni, Combination		\$6.95	
Grab and Go Assorted Sandwiches, Assorted Salads		6.50 - 6.95	
After School Treats House-made Ice Cream Sandwiches		4.50 - 4.95	

Menu Key



It is important that an athlete's diet provide the right amount of energy, nutrients and fluids that the body needs. No single supplement can do this. It takes a variety of foods every day! Epicurean Group strives to provide student athlete's with the most nutrient dense and delicious food possible every single day!

Epicurean Group at Moreau Catholic High School

Chef / Manager:
Roger Stillman

Sous Chef:
Tom Huxley