

# NOVEMBER | 2022



## Trigg County Primary and Intermediate Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

Chocolate Chunk Bar  
Orange or Apple Juice  
Applesauce Cup  
Milk

1

Mini Waffle  
Orange or Apple Juice  
Tropical Fruit Cup  
Milk

2

Blueberry Muffin & Cheese stick  
Orange or Apple Juice  
Mandarin Orange Cup  
Milk

3

Sausage Pancake Sandwich  
Orange or Apple Juice  
Pineapple Cup  
Milk

4

Breakfast Bun  
Orange or Apple Juice  
Peach Cup  
Milk

7

Cinnamon Roll  
Orange or Apple Juice  
Applesauce Cup  
Milk

8

Chocolate Chunk Bar  
Orange or Apple Juice  
Tropical Fruit Cup  
Milk

9

Banana Muffin & Cheese stick  
Orange or Apple Juice  
Mandarin Orange Cup  
Milk

10

Sausage Pancake Stick  
Orange or Apple Juice  
Pineapple Cup  
Milk

11

Cinnamon Roll  
Orange or Apple Juice  
Peach Cup  
Milk

14

Mini Cinnis  
Orange or Apple Juice  
Applesauce Cup  
Milk

15

Mini Waffle  
Orange or Apple Juice  
Tropical Fruit Cup  
Milk

16

Apple Cinnamon Muffin &  
Cheese stick  
Orange or Apple Juice  
Mandarin Orange Cup  
Milk

17

Apple Cinnamon Toast  
Orange or Apple Juice  
Pineapple Cup  
Milk

18

Ooey Goey Cereal Bar  
Orange or Apple Juice  
Peach Cup  
Milk

21

Blueberry Bread  
Orange or Apple Juice  
Applesauce Cup  
Milk

22

Breakfast Bagel  
Orange or Apple Juice  
Tropical Fruit Cup  
Milk

23



24



25



28

Brookie  
Orange or Apple Juice  
Applesauce Cup  
Milk

29

Mini Waffle  
Orange or Apple Juice  
Tropical Fruit Cup  
Milk

30

Blueberry Muffin & Cheese stick  
Orange or Apple Juice  
Mandarin Orange Cup  
Milk

1

Sausage Pancake Stick  
Orange or Apple Juice  
Pineapple Cup  
Milk

2

Cinnamon Roll  
Orange or Apple Juice  
Peach Cup  
Milk

### News

Due to nationwide supply chain issues, menus are subject to change without notice.

This institution is an equal opportunity provider