

# Every girl should learn how to jump high in the air!

Lizi Eringa's ballet classes are built into every girl's week from PPI (Reception) to PPIII (Year 2). The girls are encouraged to co-ordinate their bodies, explore movement and develop their expression as they respond to music and rhythm. From jungle adventures to space rocket departures through dance, the girls express themselves as they dance together.

From these Foundation skills, in PPII (Year 1) the girls can progress to enter for the Pre-Primary in Dance Class Awards and add Beginners Modern and Tap as extra-curricular activities. They then look forward to Street Jazz Dance and Musical Theatre in Form 1 (Year 3).

With over 30 dance classes running weekly, there are lots of girls excelling in the Dance School and girls have the opportunity to explore all genres - Tap, Modern, Ballet, Street Jazz Dance and Musical Theatre.

Parents are welcomed on a regular basis to Dance Watching Week to share in their daughter's progress and her joy in dance.

[www.stcatherines.info/prep](http://www.stcatherines.info/prep)

Sarah Waller - Prep Registrar

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Lizi Eringa has been dancing since the age of 6! She has performed, taught and examined dance across the UK, Europe and Asia. She holds the Professional Dancer's Teaching Diploma from the Royal Academy of Dance.

Image:  
The joy of dance.



St Catherine's Prep  
BRAMLEY