

Social-Emotional Strengths and 21st C. Skills Developed through The Arts Checklist

SELF-AWARENESS

- | | |
|---|--|
| <input type="checkbox"/> IDENTIFYING EMOTIONS | <input type="checkbox"/> GROWTH MINDSET |
| <input type="checkbox"/> ACCURATE SELF-PERCEPTION | <input type="checkbox"/> SELF-CONFIDENCE |
| <input type="checkbox"/> RECOGNIZING STRENGTHS | <input type="checkbox"/> SELF-EFFICACY |
-

SELF-MANAGEMENT

- | | |
|--|---|
| <input type="checkbox"/> IMPULSE CONTROL | <input type="checkbox"/> PLANNING and ORGANIZATIONAL SKILLS |
| <input type="checkbox"/> SELF-DISCIPLINE | <input type="checkbox"/> STRESS MANAGEMENT |
| <input type="checkbox"/> SELF-MOTIVATION | <input type="checkbox"/> GOAL SETTING |
-

SOCIAL AWARENESS

- | | |
|---|---|
| <input type="checkbox"/> UNDERSTANDING PERSPECTIVES | <input type="checkbox"/> RESPECT FOR OTHERS |
| <input type="checkbox"/> EMPATHY | <input type="checkbox"/> EXPRESSING GRATITUDE |
| <input type="checkbox"/> APPRECIATING DIVERSITY | |

RESPONSIBLE DECISION MAKING

IDENTIFYING PROBLEMS

REFLECTING

ANALYZING SITUATIONS

ETHICAL RESPONSIBILITY

SOLVING PROBLEMS

PERSONAL BEHAVIOR

EVALUATING

RELATIONSHIP SKILLS

CURIOSITY-OPEN
MINDEDNESS

ROLE REFLECTION

SOCIAL ENGAGEMENT

IMPACT

RELATIONSHIP BUILDING

TEAMWORK