

High School Lunch Menu November 2022

Lunch prices paid \$3.00, reduced \$0.40 and free

Turn in a Free/ Reduced meal application to see if you qualify for discounted meals.

Meal components include: 1 entrée, grains, fruit/vegetables and milk. Students must take 3 components with at least ½ c. fruit or vegetable to make a complete meal.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1. All beef hot dog on w/w bun Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	2. Chimichanga Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	3. Pulled Pork on w/w bun Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	4. Popcorn chicken Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk
7. Chicken tenders Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	8. Hamburger or cheeseburger on w/w bun Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	9. Corn dog Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	10. Turkey gravy, mashed potatoes, fruit cup, cranberries, w/w dinner roll, dessert milk	11. PIR Day No School
14. Beef taco nachos Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	15. Meatball sub Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	16. Chicken patty on w/w bun Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	17. Assorted pizza Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	18. Chicken nuggets Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk
21. Breaded chicken leg Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk	22 Cook's choice	23. Thanksgiving Holiday No School	24 Thanksgiving Holiday No School	25. Thanksgiving Holiday No School
28. Cook's choice fruit, veggies and milk	29. Breakfast for lunch fruit, veggies and milk	30. Hamburger or Cheese burger on w/w bun Sub sandwiches Chef salad Chicken Caesar salad fruit, veggies and milk		