

## ARHS COMMUNITY HAPPENINGS NEWSLETTER, October 28, 2022

**Amity in the News:** Our innovative Science Research Program is going to be featured on Channel 8 News on Tuesday, Nov. 1, as part of their “What’s Right With Schools” feature. This program is produced jointly with the Connecticut Association of Schools, and we are thrilled to be showing off our Spartan scientists and their research projects. The school will be featured during the 6:00 am and 5:30 pm newscasts, so we hope you can see it at one of those times.

**Homecoming Dance:** The Homecoming Dance, one of the major annual rituals in any high school, will take place on Saturday, Nov. 19, from 7:00-10:00 pm. The ARHS Student Government organizes the dance, which will be held here at the school. Tickets for the dance went on sale this week, and they will be on sale until Nov. 13. Tickets can be purchased through the “Forms” function of PowerSchool. Information on dance expectations and parameters can be found on the Homecoming Ticket Form in PowerSchool. The ticket price for the Homecoming Dance is \$22.00 per person. A fee will be generated in PowerSchool within 24 hours after submitting this form. When the fee is generated in PowerSchool, you will get an email letting you know you can pay on MyPaymentsPlus.

Right now, students can purchase tickets for themselves, and on Nov. 3 tickets for guests from other schools will also go on sale as space permits. Students bringing a Non-Amity guest must complete a Homecoming [Permission Slip](#) (available at this link) that must be completed and returned to their administrator by Monday, November 14, 2022.

***Go Spartans!***

**Andre Hauser**

**Principal**

### **Amity Happenings and Information**

- **Virtual Keynote Speaker:** Parents, please join us for a virtual presentation on Nov. 3 at 6:30 with Dr. Alicia Farrell who will present *The Pressure to be Perfect and Its Unintended Consequences*. We are raising our children in complicated times where performance is valued

over character. In such a competitive world, parents, educators, and leaders are unwittingly passing on to their children pressure to be perfect. In turn, our children are feeling inadequate, anxious, overwhelmed, stressed, scared, and tired. This talk is designed to address how we arrived at this place and what we can do about it. To register for the webinar, please [click here](#). You will receive a confirmation email with the link to join the webinar after registering. Topics the keynote will address include:

- The pressure our kids are under to be perfect and how we got here.
  - How we counterbalance this pressure to ensure well-adjusted children with grit and resilience.
  - What the difference is between stress and anxiety. How to recognize each of our children and tools to support them as they learn to navigate these emotions.
  - When and when not to seek professional help. When and when not to use medication.
  - What the relationship is between the pressure to be perfect and the nationwide increase of anxiety disorders, addiction, and suicide in our children
- **Interested in Science or Teaching as a career?** Consider enrolling in Science Mentorship, a 0.5 credit science elective that meets 2:30-3:30 each Wednesday from Nov 30 to April 19<sup>th</sup>. In this class, students learn about water quality monitoring techniques, including chemical and biological testing methods. They work to develop fun and engaging lessons to teach these concepts to 6<sup>th</sup> graders in Bethany, culminating in an all-day field study of wetlands at Racebrook Tract. This is the perfect opportunity for students who may be interested in education and/or environmental studies! Interested students should get an application from Mrs. Nork (room 253) or Mrs. Nevolis (room 274) or see the bulletin board in the science hallway. Applications are due by Friday, Nov 18<sup>th</sup>!
  - **Underclass Photo Makeups and Retakes:** Underclass photo makeup and retake sessions will be held on Thursday, November 3, in the library. No appointments are necessary; students may drop by during either their SSP session or a study hall period. Makeup sittings are free for any students who were absent on their original picture day in September, but there is a \$5 fee for retakes; checks should be made out to Robert Taylor Photography. Students desiring retakes will also need to return their original photo packages, including all photos.
  - **Eighth Annual Yearbook Grad Ad Design Night:** Interested in purchasing a grad ad? Not sure where to begin? Our eighth annual *Embers* Grad Ad Design Night will be held on Wednesday, November 16<sup>th</sup>, from 4:30 p.m. to 7:00 p.m. in the ARHS library media center (conveniently scheduled on the same night as parent-teacher conferences). Take care of everything at once—complete all the paperwork, pay (cash or check), scan your photos, sit down with a yearbook staff member to craft the perfect dedication for your graduating senior, and approve it right on the spot. You can sign up on the yearbook website, or by clicking [here](#). Sample ads from previous ads are also available for viewing [here](#).

## Senior Happenings

- **Senior Yearbook Pose Selection:** Seniors who had their portraits taken with Robert Taylor must choose a yearbook pose by Tuesday, November 1<sup>st</sup>. Students who do not select a pose by this date will have one chosen for them. Complete instructions for pose selection can be found on the [senior FAQ page](#) on the yearbook website, [amityembers.com](http://amityembers.com).
- **Senior Yearbook Quote Submissions:** Members of the Class of 2023 can submit quotes that they feel represent them for inclusion alongside their senior portraits in the 2023 edition of *Embers*. Students may submit up to two quotes: a first and second choice. All quotes must meet

the yearbook's standards. Students can access both the standards and the submission form in the Class of 2023 Google Classroom. All submissions are due on October 31.

- **Senior Baby Photos for Yearbook:** The yearbook staff is now collecting baby pictures for inclusion in *Embers 2023*. Scan your photos and upload them directly to us! Visit [amityembers.com](http://amityembers.com) and click "Submit Photos" beneath either the "For Seniors" or "For Parents" tabs. Please send only high-resolution photos and note that we cannot print any copyrighted professional portraits. Please keep submissions to just one per student. If you submit more than one, the yearbook staff will select a single photo for inclusion in the yearbook. All photo submissions are due on Friday, December 16. Write to [embers@amityschools.org](mailto:embers@amityschools.org) with any clarifying questions.
- **Senior Throwback Photos for the Yearbook:** The yearbook staff is collecting "throwback" photos of current seniors to be featured in the yearbook. The inclusion of these photos is an opportunity for seniors to highlight their shared experiences and memories from "back in the day" with some of their oldest friends—fellow seniors who they've known for many years, possibly going back to the very beginning of their education (or before). Please send in your photos using the submission form on the yearbook website, [amityembers.com](http://amityembers.com). Submissions are due on Friday, December 16.

### College and Career of the Week

[Endicott College](#) (EC) is in Beverly, Massachusetts, 30 miles northeast of downtown Boston. Originally established as a women's college [in 1939](#), Endicott currently enrolls about 4,000 students in undergraduate, graduate, and doctoral co-educational programs. Eight academic schools offer more than [80 programs](#) including 4+1 programs in Bioinformatics, Homeland Security Studies, and Nursing. Despite the major, all students will complete 3 [internships](#) during their undergraduate studies. Student [life is active](#) on campus and there are [21 athletic teams](#) that compete in the [Commonwealth Coast Conference](#) (NCAA-D3). [Annual tuition, room and board](#) is approximately \$54,000 (2022-2023). To learn more, please visit EC's [admissions website](#), or schedule a [virtual tour here](#).

"[Administrative services and facilities managers](#) plan, direct, and coordinate activities that help an organization run efficiently" (Bureau of Labor Statistics, 2021). [AS&F managers](#) can be found in a variety of industries and usually require a bachelor's degree and industry experience to obtain employment. Many [managerial jobs](#) are found in industries such as healthcare, engineering, finance, and sports-related organizations. [Sports management](#) is a rapidly growing field and a popular major with many college students. The average salary for AS&F managers is \$100,170 and *average* job growth (7%) is expected through 2031 (BLS, 2021). To learn more, check out these websites: the [American Management Association](#), the [American Business Women's Association](#) and the [North American Society for Sports Management](#).

*Some colleges that offer programs in management/sports management include:*

Endicott College	University of Connecticut	Univ of Central Florida
UMAINE/Orono	Adelphi University	St. John's University
Springfield College	University of New Haven	Endicott College
Fairleigh Dickinson Univ	Merrimack College	UMASS/Boston
Assumption University	SUNY/Coll of Tech Delhi	Temple University
Lasell University	Western New Eng Univ	FLA State University

or visit [NAVIANCE](#) to search for more choices!

### Notes from the Counseling Department

- Students who might want to attend college overseas - check out this "Study in Ireland" virtual info session on Wednesday, Nov. 2, and drop in anytime between 5-9pm. [Click HERE](#) for more information.
- **JUNIORS & SENIORS** - If you are interested in learning more about NROTC scholarships for college, please attend a **brief meeting on Thursday, November 3rd at 11:00am in the Career Center**. Sgt. Andrew Dahl of the US Marine Corps will conduct a brief session on NROTC scholarships and how to apply for them. For more [information, click here](#).
- **ATTENTION SENIORS: FREE FEEDAY for college applications at all CT state universities: November 15th is Application Free Fee Day** with all 5 of our CT State Universities, so apply on November 15th and save money! This includes: UCONN, Southern CT, Central CT, Western CT, and Eastern CT.
- **Upcoming Volunteer Opportunity:** The **Race Brook PTSO** is looking for volunteers for their **Election Bake Sale at High Plains Community Center** starting at **3:00pm on Tuesday, Nov. 8<sup>th</sup>**. Two-hour shifts are available, or you can work the whole evening. Please see Mrs. Vallie in the Career Center to sign up!
- **College Visits:** Visits from college representatives will conclude on November 11<sup>th</sup>. Here is a list of the remaining visits: [visit listing HERE](#).
- **U.S. ARMY VISIT-** A representative from the United States Army will be visiting Amity High School during all lunch waves on Tuesday, Nov. 1st from 10:30am to 12:30pm. This visit will be set up outside of the cafeteria to chat with interested students.
- **Yale New Haven Hospital is accepting applications for their 2023 Spring High School Volunteer Program.** Students interested in learning more about the healthcare field, giving back to their community, and exploring possible career paths are invited to apply. Students must be 15 years of age and fully vaccinated for COVID-19, including the booster. Students need to be available to commit to the 11-week program (1/30-4/14/2022) and volunteer a minimum of 20 hours to the hospital. You will be assigned one day during the week at either the York Street Campus or Saint Raphael Campus and volunteer a total of two hours per week (3 p.m. - 5 p.m.). Upon receipt of your application, you will be invited to a virtual informational interview. If you are interested in applying for the 2023 Spring Volunteer Program, **please carefully review the [Spring High School Volunteer Information Guide](#)**, and complete the [application](#). Submit your application to [volunteerservices@ynhh.org](mailto:volunteerservices@ynhh.org) by **Nov. 19, 2022**
- Need help with financial aid? For general assistance or to log in to a virtual help session, visit [fafsact.org](http://fafsact.org) . OR check out this [family FAFSA guide here](#).

### Athletic Department

- **WINTER SPORTS INFORMATION WEBINAR (MUST ATTEND FOR ALL STUDENTS AND PARENTS):** Our annual winter sports webinar will be held on **WEDNESDAY Nov. 2, at 6:30pm**. You must register for the webinar to gain access to this important information. This is a **MUST ATTEND** events for all students and parents/guardians to receive valuable information about athletic department policies, protocols, and procedures. The webinar will also include breakout sessions with our coaches where sport specific information will be given, such as tryout information,

schedules, and much more. [PLEASE REGISTER FOR THE WINTER SPORTS WEBINAR BY CLICKING HERE](#)

- As a part of our increased effort to provide a safe environment at football games, backpacks and any other large storage bags or containers, as well as outside food and beverages, will no longer be allowed into the stadium during football games. This includes water bottles, jugs, or other containers (coffee cups, etc....). A full menu of food and beverages will be on sale at each game, which supports our local youth football program. Thank you for supporting us in our efforts to provide a safe and enjoyable environment at our large events and supporting the youth of our district.

### **Amity HS Athletics Booster Club**

- Membership signups are going on now! Help us to support ALL athletes by becoming a member today! Join here: <https://docs.google.com/forms/d/e/1FAIpQLSfxdB1gAEQ-ukkACc3cB76EgXfC3rAxeuQYtZZ7gZfawF8AFg/viewform>
- For PayPal payment: [https://www.paypal.me/AthleticsBoosterClub?locale.x=en\\_US](https://www.paypal.me/AthleticsBoosterClub?locale.x=en_US)
- Please join us for our monthly meetings! We meet the first Thursday of every month in AHS room 501 at 6:30pm. Our next meeting is scheduled for November 3rd.
- Please like and follow us on Facebook at Amity HS Athletics Booster Club (<https://www.facebook.com/goamityspartans>) for complete up to date info and upcoming events.
- Fundraise with us! Clean out your closets for the Booster Club. We have begun collecting gently used new shoes, sneakers, and cleats. We will be collecting through the Thanksgiving Day game on 11/23. There are 2 drop offs: the entrance to the stadium and in the front hallway at the high school.
- Available now! Amity "A" decal stickers. Get them while you can. Please email [goamityspartans@gmail.com](mailto:goamityspartans@gmail.com) to order. Cash or PayPal payments accepted. We will drop off to you or arrange a pickup at the high school.

Catch the Spartans Spirit! Good luck this weekend Amity athletes!

### **Parent-Teacher-Student Organization (PTSO) Information**

- **Join today!** Support the PTSO and your student by joining us today! To access our membership form, please visit [amityptso.org](http://amityptso.org), click on Membership, and then Click Here to join!
- **Attend our monthly meetings:** Our next meeting will take place on Thursday, November 17<sup>th</sup> at 7pm in the media center. We hope to see you there!
- **Donations through Amazon Smile:** Donate to the PTSO every time you shop, at no cost to you, by visiting [this site](#) and selecting Amity High School PTSO Inc as the charity of your choice.
- **Facebook Group:** Join our virtual community by visiting [this page](#) and answering the security questions required to gain access.

