

Good afternoon families,

October always seems to be an indecisive month. Some Octobers have had summer weather or hurricanes, and others have included 3 feet of snow. This week alone we witnessed spring, summer, and fall weather in the span of four days. When I thought about writing this opening, I realized this weather is very similar to teenagers...No two days are the same! #TheStrugglesReal Hopefully, we can all find humor in it. If you are looking for a resource to use with your child when discussing emotions, they are now familiar with the Mood Meter. We have been working on identifying, labeling, and understanding our emotions because this helps support emotional intelligence and expressive vocabulary. Attached is an example of the Mood Meter.

There are a few notes this week. Please see below.

- Picture retake is on Tuesday, November 15th.
- The Principal's Coffee is scheduled for Friday, November 4th at 9:30am if you would like to attend and hear about "all things middle school".
- Teal Team Day is 10/31 and that will complete our Team Days for this fall.
- Monday is Halloween and students are allowed to dress up. Please refer to these [dress code](#) guidelines for costumes during school.
- Please read the [DESSA parent letter](#) regarding the District's plan to pilot the Devereux Student Strengths Assessment (Mini) as a screening tool to better serve our students.
- You can view this month's Moments from the Middle here: [MMS Moments from the Middle](#) It is best viewed in presentation mode.
- A huge thank you to our MPA for sponsoring a wonderful Book Fair and to the MPA Special Education Co-Chairs for sponsoring a talk with Mrs. Sarah Ramaley about Direct Reading.

A note from the MPA:

- **All School Social**- Buy your tickets before the event is sold out! Please join us on November 11th at 7 pm for a fun night listening to great music from the band Hello Brooklyn at the Piedmont Club. Enjoy tasty pizza from our food truck and an open bar while catching up with old friends and making new ones. We hope to see you there!!! Click [here](#) for ticket purchase.

Thank you and have a restful weekend,

Karolyn

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