

What's on the Menu?

Rochester Community Schools: ATPS ACE Lunch Menu November 2022

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable sides, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.

School Foodservice Information: Price \$3.25 PAID, \$.40 REDUCED*, FREE if qualified*
A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

	Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2	3	4	
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	1/2 Day of School	
	7	8	9	10	11	
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	No School	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit	
	14	15	16	17	18	
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese (V) Green Salad Fruit	Quesadilla Fresh Cupped
	21	22	23	24	25	
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Corn Dog Vegetarian Baked Beans Cupped Fruit	No School Thanksgiving Recess	No School Thanksgiving Recess	No School Thanksgiving Recess	
	28	29	30			
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit			
CHOICE B:	Deli Turkey and Cheese Sub Sandwich	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Deli Turkey and Cheese Sub Sandwich	

Questions or comments? Food Service Director Marsha Dziewit 248-726-4650
Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.

This institution is an equal opportunity provider.

