# Avon Middle School North Newsletter

November 2022



### Connect with us!

@avonnorth1

1251 N. Dan Jones Road, Avon, ...

317.544.5500

mnattendance@avon-schools.o...

avon-schools.org/msnorth

### **AMSN Office Staff**

Matt Hines, Principal
Ginger Davis, 8th grade Assistant Principal
Ranesha Lee, 7th grade Assistant Principal
Ed Faughnan, Dean/Athletic Director
Andrea Davasher, 8th grade Counselor
Allison West, 7th grade Counselor

E + R = O

AN EVENT + YOUR RESPONSE - THE OUTCOME

You can't change the event, but you can change your response which will change the outcome.

## Principal's Message - November 2022

Avon North Families.

We enjoyed welcoming our students back from Fall Break this week! I had multiple teachers tell me they could not wait to see their students as they missed them over break. We are extremely fortunate to have a caring and compassionate staff at AMSN.

In the coming weeks, you and your child will receive information about our popcorn fundraiser to raise funds for our student activities and the Mary Lee Maier Food pantry. We are setting a school-wide goal of reaching 1500 popcorn orders sold and an individual goal of 3 popcorn orders per student. A school-wide convocation is planned for December 8th to recognize individuals and the student body

for reaching the goal. The funds will be used to provide rewards and activities for our students including the end-of-year celebration.

On November 11th, AMSN will celebrate Veterans Day through virtual WINN activities. Please see the information below about the specific learning activities that will be available for your child.

As you know, our mission is for all students and staff to belong, learn, and grow. Our teachers work hard to implement engaging learning activities and use regular formative assessments to support student learning and growth. Along with teacher assessments, standardized testing is administered to determine student achievement and growth. Northwest Evaluation Association (NWEA) provides national standardized testing that is administered multiple times throughout the year providing data demonstrating achievement and growth in mathematics and reading. The data provides more information for teachers to develop targeted instructional strategies for classes and students.

The following dates will be designated as NWEA testing during Math and English/Language Arts classes:

- 7th Grade Math: November 30, December 1 & 2
- 8th Grade ELA: December 5, 6, & 7
- 7th Grade ELA & 8th Grade Math: December 14, 15, & 16

As you can see, we have a multitude of events planned for the month of November. We look forward to a great month of learning, growing and belonging at North!

We Are North. We Are One. Matt Hines

# Congratulations to Our 1st Qtr. Outstanding Orioles!

Outstanding Orioles are chosen each quarter. Each team chooses a student that exhibits the following qualities:

- · Outstanding classroom participation and positive attitude
- · Good school citizenship

Congratulations to the following:

Moses Lo, Haven Hughes, Rian Hobbs, Wren Upchurch, Rodiat Gbadamosi, Dylan Hanes, Kierstyn Earnhart, and Isabelle Flatt. Also pictured: Mrs. Brown and Mr. Hines



# **September Students of the Month - Congratulations!!!**









# **E-Learning Day is November 8!**

Attention parents and caregivers: Be sure to place our scheduled e-learning day for the 2022-23 school year—November 8—on your calendars.

Students will not be reporting to school that day. Instead, all of their school activities will take place online. Students will receive information and instructions as the day approaches.

Please plan accordingly.

## **Veterans Day**

Veterans Day Slideshow: for those who would like to have their family member's picture included in the Veterans day slide show please email Mrs. Matthews at <a href="mailto:gbmatthews@avon-schools.org">gbmatthews@avon-schools.org</a>

Please include the following information:

A picture of the Veteran family member-include Veteran's name, how related to North's student, branch served and if they served in wartime.

All pictures and information need to be submitted no later than **Thursday**, **November 3**.



North students will celebrate Veteran's Day on Friday, November 11, 2022 during WINN time through:

- Slideshow of North students and staff family members who are veterans
- Video with information about the Tomb of the Unknown Soldier at Arlington National Cemetery and the changing of the guard
- Information about the history of Veterans Day in the US
- Class discussion questions about Veterans Day
- Recordings of our 8th grade band, choir and orchestra playing patriotic music



### **School Play**

AMSN Theater presents "The Last Gladiator"

Two thieves rob the wrong girl and find themselves competing to be the "last gladiator standing." This is Rome like you've never seen it!

Friday November 11th at 7:00pm Saturday November 12th at 7:00pm Sunday November 13th at 2:00pm

All tickets are \$8.00 at the door



# **Thanksgiving Break**

No School on November 23, 24, 25

### Join FAN!!

If you are interested in supporting our teachers through positive messages and gifts, then consider joining FAN (Families at North) to help uplift our educators. Please e-mail Mrs. Davis (<u>vldavis@avon-schools.org</u>) if you are interested and would like more information.







### **Music Department News**

November 4th will be our performing arts pictures for the yearbook. All students must wear their concert dress to school that day. Concert Dress includes the black performing arts polo, black pants, black socks, and black shoes, a black belt is optional. If your student does not have any of the aforementioned items, please contact your students music teacher directly *before* November 2nd, 2022.

### **Orchestra News**

Orchestra Families – keep a look out in your parent square messages for upcoming important information about our winter concert and extra rehearsals that will occur, before and after school leading up to the concert. If you ordered spirit wear, those items should be in shortly from our vendor.

Practicing – all orchestra families should hear your student practicing daily at home to prepare for class each day. Practicing is our version of homework that students need to be doing to succeed in class. If you have questions of how to support your student in their positive practice habits, please reach out to me.

Contact Information – Mr. Keith Ziolkowski, <a href="mailto:kmziolkowski@avon-schools.org">kmziolkowski@avon-schools.org</a> or ParentSquare

Please click on the Athletic Calendar below for the schedule of all the events.

Ticket prices for games and matches -

- Adults \$5.00 (adults age 62 and over are Free)
- Students with Avon Middle School ID \$4.00
- Children under age 5 are Free.
- Athletic Pass \$30.00 for 10 games purchase at the gate

Edward W. Faughnan Athletic Director/Dean of Students

### Athletic Calendar

Athletic Calendar

Please refer to the map below for instructions on AM dropoff/PM pick-up for car riders

# Avon Middle School North Traffic Flow 22-23





## **Building Access**

In Avon Schools, safety of our students and staff is our highest priority. A building access intercom system was installed at AMSNorth. Visitors will press the doorbell and be asked to identify yourself and provide a reason for your visit. Thank you for your patience in adapting to this updated, more secure system.

### **Counselor's Corner**

### FINISH THE FIRST SEMESTER STRONG

With it being November, the finish line is in sight for the end of the first semester. Soon we will be in 2023 and all grades will be reset. However, that does not mean that there is not still work to be done. It is important that students finish strong so that they can begin the second semester confident and in good standing!



Here are 4 ways that students can finish the semester strong:

- 1) Give yourself a good reason. We are not going to suggest to you that it's time to get pumped up about all the work you have ahead of you. Let's be real. But if you're an expert at telling yourself why you shouldn't do your work, maybe now's a good time to change the script. Start by paying attention to what goes through your mind when you consider doing schoolwork. Some examples:
  - I'd rather do something else.
  - It's so boring.
  - I don't know where to start.
  - I don't understand the material.

Some ideas for more useful self-talk messages:

- If I get some studying done now, I won't worry about it when I do something fun later.
- Boring work isn't going to get more interesting later, so I should get started and take short breaks when it's hard to focus.
- If I open the textbook, look through my notes, and read the assignment guidelines, at least it's a step in the right direction. Once I get going, it'll get easier.
- I'll understand the material better if I search for main ideas first and focus on the details later. Catch the negative thoughts when they occur and replace them with new beliefs. With practice, you'll have more useful beliefs without having to implement them intentionally.
- **2) Show anxiety who's boss.** If you're avoiding schoolwork, worrying about it, and feeling tense because of it, staying calm and productive will be tough. Instead of doing things that escalate anxiety, do the opposite.
  - To address avoidance, do at least a little bit of work consistently. Schedule 30 minutes if you think that's all you can handle. You might surprise yourself and do much more. Or, if you choose to stop and do another 30 minutes later, you're less likely to criticize yourself for doing less.
  - Being productive early and often beats last-minute cramming for worrying less. If worrying continues, write down your concerns and the steps you need to take to address them. This will give your mind a break so you can focus on your work instead of the ideas that make you anxious. You can always go back to your notes later to review your worries and their solutions.
  - If you're struggling with physical tension, take a break for deep breathing, yoga, cardio, meditation, or a warm bath.
- **3) Get a study buddy.** Working with a classmate or a friend has many benefits. Scheduling time to study with another person works because
  - You're less likely to skip out on work if it means breaking a commitment to a friend.
  - Discussing course concepts with someone else can enhance your retention of the material.
  - Having someone to chat with during breaks makes the work seem less tedious.
  - Working with a partner is a good opportunity to get out of the house and away from distractions that might pull you away from studying.
  - Even if you're working on different things, having company might boost your intrinsic motivation to get things done.
- **4) Use problem-focused coping strategies.** When things get stressful, activities that give you a short-term break might seem like the answer. *Emotion-focused coping strategies* can make you feel better for a few hours, which is why it's so easy to turn to things like social media, napping, watching TV, creative work, visiting friends, or eating junk food (of course, some of these are better choices than others). But when you have papers and projects to complete and final exams looming, the work needs to get done at some point. Don't forget to use *problem-focused coping strategies* to stay on track:
  - · Look at your syllabus.
  - Figure out what needs to get done and how long it will take.
  - Schedule time to work and put it in your smartphone or other electronic calendar. Set email or pop-up reminders.
  - Do you have important or challenging things to do that you're likely to avoid? Can you work on those things first?

- Identify obstacles. What might get in the way of achieving your goals? What can you do about it?
- Reach out to your teachers. Let them know you'd like to finish strong and that you'd appreciate their advice.







# Hendricks County Health Partnership

# Youth Empowerment Programs

# Have you signed up yet?

This is a four year full-ride scholarship for incomeeligible students in Indiana. You must apply while your student is in middle school.

### **Office Procedures**

#### Attendance:

If a student is absent from school, a parent or guardian must call the school at 317-544-5500 by 10:00 am to report the absence or send an email to <a href="MNattendance@avon-schools.org">MNattendance@avon-schools.org</a>

### **Early Dismissal:**

When students have to leave school early for special appointments, a note from a parent or guardian must be brought from home to secure an "Early Dismissal" slip from the office. The note must be brought to the front office before school starts.

### **Tardy to School:**

If a student arrives after 9:20 am, he/she must sign in at the office before going to class. If a student reaches 5 tardy slips to school, he/she will receive an after school detention for each tardy after the fifth one (per semester).

#### **AM/PM Car Rider Procedures:**

Cars must merge into one lane before reaching Door 1. In the morning, students are not to leave the cars before 9:00! The doors are not unlocked until 9:10 am. Students are to stand socially distanced in the main hall until the 9:10 am bell rings.

In the afternoon, students wait for their cars as they stand along the car-loading section of the sidewalk. Drivers are to pull their cars along the sidewalk ALL THE WAY DOWN TO THE YELLOW SIGN THAT READS: STUDENT DROPOFF. When it rains, students will be dismissed from the cafeteria by radio when driver arrives at the student drop-off section of the curb. Student's name is to be posted on the passenger window.

#### **Homework Request:**

Parents and students may obtain homework assignments through Schoology and monitor grades through Power Parent.

### Lunch:

Please note that we do not accept food for students delivered from restaurants or outside delivery services.

#### **Student Pick-up from Extra-Curricular Activities:**

Any student who is picked up on the north side will need to be picked up in the football parking lot. The students may be athletes or ones involved in extra-curricular clubs/activities. We will block the north drive coming off of Dan Jones Road from the Northwest corner all the way to the tennis courts. We will also block the entrance/exit into the football parking lot from this street. If you enter off of Dan Jones Road, please know that you will need to proceed all the way around the building using the front drive to get to the football parking lot. The best way to enter is off of 10th street.

We are asking for all parents to wait for their children in the football parking lot spaces for safety concerns. Due to the number of athletes and students involved in other extra-curricular events walking to and from the building, it is important that we keep curbs clear of cars. This allows for drivers to see children better. This also allows for our student athletes to see traffic. All of our students' safety is of utmost concern, so we are asking for your help in making our campus as safe as possible. Thank you from the entire Avon North Administrative staff.

# Follow the link to access PowerSchool, Schoology, and ParentSquare







## Cafeteria News



### **Cafeteria News**

School breakfast and lunch prices are:

Breakfast - \$1.85

Lunch - \$2.95

Click on the link below to view the lunch menu.

 $\frac{https://avon-schools.nutrislice.com/menu/avon-middle-school-north/lunch/2021-08-20}{$ 

### **FACS Classes taking donations**

The Family and Consumer Science classes are always open to donations of thread, buttons, or felt. If you have any of these items to spare, we will gladly take it off your hands!

Thank you,

Mrs. Hicks, FACS Teacher







**Food Pantry Flyer** 

Reminder!

Food Pantry Flyer -Spanish

