

School Health Advisory Council Meeting: April 11, 2022

The meeting began at 5:30 pm

**Members Present:** Ryan Heger, Kimberly Raymond, Lenaya Robinson, Sarah Winkler, Elsie Lacy, Joshua Gilbert, Bethany Estrada, Veronica Alejo-Waits, Melissa O'Keefe, Jaclyn Keller, Shelly Weber

### **Meeting Minutes**

A motion was made by Jaclyn Keller to accept the minutes of the March 7, 2022 meeting as written, seconded by Lenaya Robinson

### **Wellness Plan Development**

Each school district that participates in the National School Lunch Program and/or school breakfast program is required to have a local wellness policy. Lockhart ISD's wellness policy is listed in policy FFA Local. The main areas addressed in the wellness policy are nutrition education and promotion, physical activity and other school-based activities. The wellness plan is developed by the SHAC to describe how the school district will implement the goals in the wellness policy. A committee has been formed to look at the development of the wellness plan. Shelly Weber, Sarah Winkler and Lenaya Robinson have met to start developing a plan to present to the committee. Shelly Weber presented the wellness plan as it has been developed so far.

### **Goals for 2022-2023 School Year**

Looking forward to next school year, the SHAC will continue to develop the wellness plan. The wellness plan committee will meet at the start of the school year to complete the wellness plan. The SHAC will also be looking at human sexuality education curriculum as per HB 1525 as directed by the Board. In addition, the SHAC will be looking for a curriculum on instruction on the prevention of child abuse, family violence, dating violence and sex trafficking as per SB 9 and as directed by the Board.

### **SHAC Officers and Members for 2022-2023 School Year and Future Meeting Dates**

Current SHAC Chairman Ryan Heger will be stepping down from his position and there will need to be a new chairman and secretary nominated. Shelly Weber mentioned that both of these positions need to be held by parents not employed by the school district. Ms. Weber mentioned that SHAC could choose to have two co-chairs, with one being a parent and one being a district employee. It was mentioned that having this setup may make a parent feel more comfortable stepping up to this position. A motion was made by Elsie Lacy and seconded by Jaclyn Keller to make a change to the SHAC by-laws to allow for two co-chairs with one being a parent and one being a district employee. The following members voted to approve this motion: Ryan Heger, Lenaya Robinson, Joshua Gilbert, Sarah Winkler, Elsie Lacy, Bethany Estrada, Jaclyn Keller, Melissa O'Keefe, Veronica Alejo-Waits, Shelly Weber. Melissa O'Keefe volunteered to serve as secretary of the SHAC for next year. The following meeting dates for the 2022-2023 school year were presented: September 12, October 10, November 14, January 9, February 13, April 10.

### **District Updates**

The district is continuing to monitor the Covid activity in the community and the numbers have thankfully been very low. The district is currently looking at the Leading Forward document to possibly make some changes.

The meeting adjourned at 6:31 pm