

School Health Advisory Council Meeting: September 12, 2022

The meeting began at 5:33 pm

Members Present: Lenaya Robinson, Kenneth Elliott, Jaclyn Keller, Alexandra Leos, Stephanie Camarillo, Ethan Peters, Chase Lore, Bethany Estrada, Emily Bacom, Shelly Weber, Nicole Burnett, Elsie Lacy, Daniela Moctezuma, Claudia Valle

Meeting Minutes

Shelly Weber mentioned that the minutes needed to be edited with additional information that was covered in the meeting. Melissa O'Keefe volunteered to serve in the SHAC secretary position. A motion was made by Lenaya Robinson to accept the minutes of the April 11, 2022 meeting with the correction, seconded by Jaclyn Keller.

Role of the SHAC

The vision of the SHAC is to create a healthier community by positively influencing staff, students and families to make health life choices. The mission of the SHAC is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of the Lockhart ISD educational community. The purpose of the SHAC is to assist the District in ensuring that local community values are reflected in the District's coordinated school health programs and to make recommendations to the District and the Board of Trustees. The SHAC is an advisory committee. The components of the coordinated school health program include nutritional services, health services, counseling and social services, physical education, health education, family and community involvement, health promotion for staff, healthy school environment. The majority of SHAC members are required to be parents of students enrolled in the district that are not employed by the district. There will be a minimum of 5 regular meetings per year. All meetings are open to the public. Decisions are reached by majority vote.

Update on SHAC Bylaws

Updated SHAC bylaws will be sent out for membership to review. The bylaws will need to be updated to reflect the change that was made last meeting about changing the officer positions. The SHAC voted to change the Chair and Vice-chair positions to two Co-chair positions in which one of the co-chairs may be a district employee.

Narcan in Schools

Shelly Weber informed the SHAC that all of the schools in Lockhart ISD will have Narcan available in the clinics for opioid overdoses. The school resource officers also carry Narcan. We have developed a training program for staff to educate them about how to recognize the need to Narcan and how to administer the medication if needed. A question was brought up about what the district is doing to support and provide resources to families of students that have a drug overdose. The district will look into what we can do to help these families.

Human Sexuality Instruction

As required by House Bill 1525, in May the Board of Trustees adopted a resolution convening the SHAC to make recommendations regarding curriculum materials for human sexuality instruction. The SHAC must hold two public meetings on the curriculum materials before adopting recommendations to present to the Board of Trustees. The district will need to receive written parental consent prior to a student participating in the instruction. There was discussion about how to receive consent from the parent as it must be by "opting-in" the student. Parents will have to right to review or purchase a copy of the curriculum materials and/or remove their student from any part of the instruction. The instruction must be suitable for the subject and grade level for which the curriculum materials are intended and reviewed by academic experts. The SHAC will also be looking at instruction about child abuse, family violence, dating violence and sex trafficking as required by Senate Bill 9. We will be looking at different options for human sexuality to bring to the SHAC. We will be looking at what each curriculum has to offer and how comprehensive the health TEKS are covered. We will also be looking at the common curriculum being used in other surrounding districts.

District Updates

Mental Health - The district has hired social workers to provide services to students through counseling, education, case management.

Member Comments

The idea of bringing back a separate health class was brought up. Shelly Weber mentioned that the SHAC needs a parent co-chair. Shelly also requested to move the next meeting from October 10 to October 17. The SHAC membership agreed to moving the meeting. Elsie Lacy mentioned that there will be a food handlers training class and a certified food management training.

Future Meeting Dates: November 14, January 9, February 13, April 10

Meeting adjourned at 6:38