



Spaulding Lunch Menu

November 2022

31

Meatball Sub

Turkey & Cheese Sandwich
Popcorn Chicken Salad w/ a Roll

Corn

1

Pizza Sticks w/ Marinara Sauce

Turkey & Cheese Sandwich
Popcorn Chicken Salad w/ a Roll

Broccoli

2

Pancakes & Sausage

Turkey & Cheese Sandwich
Popcorn Chicken Salad w/ a Roll

Apple Sauce

3

Hamburger

Turkey & Cheese Sandwich
Popcorn Chicken Salad w/ a Roll

Baked Beans

4

Pepperoni or Cheese Pizza

Turkey & Cheese Sandwich
Popcorn Chicken Salad w/ a Roll

Green Beans

7

Chicken Patty on a Bun

Ham and Cheese sandwich
Chef Salad & a Roll

Mixed Vegetables

8

No School

9

Waffles & Sausage

Ham and Cheese sandwich
Chef Salad & a Roll

Hash Browns

10

Hot Dog

Ham and Cheese sandwich
Chef Salad & a Roll

Broccoli

11

Pepperoni or Cheese Pizza

Ham and Cheese sandwich
Chef Salad & a Roll

Green Beans

14

Cheeseburger

Turkey & Cheese Sandwich
Sandwich Italian Salad w/ Ham & a Roll

Tater Tots

15

Pizza Sticks w/ Marinara Sauce

Turkey & Cheese Sandwich
Italian Salad w/ Ham & a Roll

Carrots

16

French Toast & Sausage

Turkey & Cheese Sandwich
Italian Salad w/ Ham & a Roll

Apple Sauce

17

Early Release

18

Early Release

21

Popcorn Chicken

Ham & Cheese Grinder
Caesar Salad w/ a roll
Baked Beans

22

Pizza Sticks w/ Marinara Sauce

Ham & Cheese Grinder
Caesar Salad w/ a roll

Corn

23

Early Release

24

No School

25

No School

28

Toasted Cheese Melt

Turkey & Cheese Sandwich
Caesar Salad w/ a roll
Baked Beans

29

Pizza Sticks w/ Marinara Sauce

Turkey & Cheese Sandwich
Caesar Salad w/ a roll

Corn

30

French Toast Sticks & Sausage

Turkey & Cheese Sandwich
Caesar Salad w/ a roll
Hash Browns

1

Chicken Nuggets

Turkey & Cheese Sandwich
Caesar Salad w/ a roll
Tater Tots

2

Pepperoni or Cheese Pizza

Turkey & Cheese Sandwich
Caesar Salad w/ a roll
Broccoli

Available Daily:

Sunbutter & Jelly Sandwiches, Bagel Fun Lunches, Asst Fruits & Veggies, 1% Milk, Chocolate, Skim or Soy Milk, Asst Snacks

Cookies and Ice Cream Fridays only

Lunch includes entrée, milk, veggies, and/or fruit.

If your child receives free or reduce lunch, then they also qualify for free or reduce breakfast.