



Spaulding Breakfast Menu

November 2022

31 Waffles Scooby Cinnamon Grahams w/ String Cheese	1 French Toast Asst Cereal Bars w/ String Cheese	2 Donuts Asst Cereal Bars w/ String Cheese	3 Breakfast Sandwich Asst Muffin w/ String Cheese	4 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
7 Waffles Scooby Cinnamon Grahams w/ String Cheese	8 No School	9 Donuts Asst Cereal Bars w/ String Cheese	10 Breakfast Sandwich Asst Muffin w/ String Cheese	11 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
14 Waffles Scooby Cinnamon Grahams w/ String Cheese	15 French Toast Asst Muffins w/ String Cheese	16 Donuts Asst Cereal Bars w/ String Cheese	17 Breakfast Sandwich Asst Muffin w/ String Cheese	18 Pancakes Cinnamon or Strawberry Cream Cheese Bagel
21 Waffles Scooby Cinnamon Grahams w/ String Cheese	22 French Toast Asst Muffins w/ String Cheese	23 Donuts Asst Cereal Bars w/ String Cheese	24 No School	25 No School
28 Waffles Scooby Cinnamon Grahams w/ String Cheese	29 French Toast Asst Muffins w/ String Cheese	30 Donuts Asst Cereal Bars w/ String Cheese	1 Breakfast Sandwich Asst Muffin w/ String Cheese	2 Pancakes Cinnamon or Strawberry Cream Cheese Bagel

Parents! Need Extra \$\$\$?
Become a Food Service Sub!
Contact Kathy Carney at 860-668-3802
If your child receives free or reduce lunch then they also qualify for
free or reduce breakfast
Breakfast includes entrée, fruit, juice and milk.

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