



McAlister Lunch Menu

November 2022

<p>31</p> <p>Meatball Sub</p> <p>Turkey & Cheese Sandwich Popcorn Chicken Salad w/ a Roll</p> <p>Corn</p>	<p>1</p> <p>Pizza Sticks w/ Marinara Sauce</p> <p>Turkey & Cheese Sandwich Popcorn Chicken Salad w/ a Roll</p> <p>Broccoli</p>	<p>2</p> <p>Pancakes & Sausage</p> <p>Turkey & Cheese Sandwich Popcorn Chicken Salad w/ a Roll</p> <p>Apple Sauce</p>	<p>3</p> <p>Hamburger</p> <p>Turkey & Cheese Sandwich Popcorn Chicken Salad w/ a Roll</p> <p>Baked Beans</p>	<p>4</p> <p>Pepperoni or Cheese Pizza</p> <p>Turkey & Cheese Sandwich Popcorn Chicken Salad w/ a Roll</p> <p>Green Beans</p>
<p>7</p> <p>Chicken Patty on a Bun</p> <p>Ham and Cheese sandwich Chef Salad & a Roll</p> <p>Mixed Vegetables</p>	<p>8</p> <p>No School</p>	<p>9</p> <p>Waffles & Sausage</p> <p>Ham and Cheese sandwich Chef Salad & a Roll</p> <p>Hash Browns</p>	<p>10</p> <p>Hot Dog</p> <p>Ham and Cheese sandwich Chef Salad & a Roll</p> <p>Broccoli</p>	<p>11</p> <p>Pepperoni or Cheese Pizza</p> <p>Ham and Cheese sandwich Chef Salad & a Roll</p> <p>Green Beans</p>
<p>14</p> <p>Cheeseburger</p> <p>Turkey & Cheese Sandwich Sandwich Italian Salad w/ Ham & a Roll</p> <p>Tater Tots</p>	<p>15</p> <p>Pizza Sticks w/ Marinara Sauce</p> <p>Turkey & Cheese Sandwich Italian Salad w/ Ham & a Roll</p> <p>Carrots</p>	<p>16</p> <p>French Toast & Sausage</p> <p>Turkey & Cheese Sandwich Italian Salad w/ Ham & a Roll</p> <p>Apple Sauce</p>	<p>17</p> <p>Early Release</p>	<p>18</p> <p>Early Release</p>
<p>21</p> <p>Popcorn Chicken</p> <p>Ham & Cheese Grinder Caesar Salad w/ a roll</p> <p>Baked Beans</p>	<p>22</p> <p>Pizza Sticks w/ Marinara Sauce</p> <p>Ham & Cheese Grinder Caesar Salad w/ a roll</p> <p>Corn</p>	<p>23</p> <p>Early Release</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p>
<p>28</p> <p>Toasted Cheese Melt</p> <p>Turkey & Cheese Sandwich Caesar Salad w/ a roll</p> <p>Baked Beans</p>	<p>29</p> <p>Pizza Sticks w/ Marinara Sauce</p> <p>Turkey & Cheese Sandwich Caesar Salad w/ a roll</p> <p>Corn</p>	<p>30</p> <p>French Toast Sticks & Sausage</p> <p>Turkey & Cheese Sandwich Caesar Salad w/ a roll</p> <p>Hash Browns</p>	<p>1</p> <p>Chicken Nuggets</p> <p>Turkey & Cheese Sandwich Caesar Salad w/ a roll</p> <p>Tater Tots</p>	<p>2</p> <p>Pepperoni or Cheese Pizza</p> <p>Turkey & Cheese Sandwich Caesar Salad w/ a roll</p> <p>Broccoli</p>

Available Daily:

Sunbutter & Jelly Sandwiches, Bagel Fun Lunches, Asst Fruits & Veggies, 1% Milk, Chocolate, Skim or Soy Milk, Asst Snacks
Cookies and Ice Cream Fridays only
Lunch includes entrée, milk, veggies, and/or fruit.

If your child receives free or reduce lunch, then they also qualify for free or reduce breakfast.