

November 2022

Elementary School AFTER SCHOOL MENU

Meal Prices

Students **No Charge**
Adult **\$4.95 – Cash only**

Milk choice available daily.

*Indicates item may contain pork.

Afterschool Meals are made possible with USDA funding. These meals are for students that participate in afterschool programs or care.

Allergy Information:

This menu may contain one or more of the following ingredients: milk, eggs, soybeans, and wheat. It does not contain peanuts or tree nuts per manufacturer labels.

~ Average gram (g) of carbohydrate
Menu subject to change due to product availability and weather delays/cancellations.

USDA is an equal opportunity provider, employer, and lender.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Tenders~12g Fresh Fruit Selection Fresh Vegetable Selection	2 French Toast Sticks~43g Chicken Sausage~0g Yogurt~20g Fruit Selection Fresh Vegetable Selection	3 Mini Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	4 Yogurt~15g String Cheese~1g Snack Cracker Apple Slices~8g Vegetable Selection
	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
7 Wowbutter Sandwich~70g Fruit Juice~15g Vegetable Selection	8 No School	9 Pizzable~18g Fresh Fruit Selection Fresh Vegetable Selection	10 Boneless Chicken Wings~15g Fresh Fruit Selection Fresh Vegetable Selection	11 Blueberry Muffin~27g Yogurt~15g Cheddar Cubes~1g Apple Slices~8g Vegetable Selection
		Cold Sandwich Option~32g	Cold Sandwich Option~32g	Cold Sandwich Option~32g
14 Deli Sandwich~32g Fresh Fruit Selection Fresh Vegetable Selection	15 Cheeseburger on Bun~30g Fresh Fruit Selection Fresh Vegetable Selection	16 French Toast Sticks~43g Chicken Sausage~0g Yogurt~20g Fruit Selection Fresh Vegetable Selection	17 Mini Corndogs~30g Fresh Fruit Selection Fresh Vegetable Selection	18 Yogurt~15g String Cheese~1g Snack Cracker Apple Slices~8g Vegetable Selection
	Cold Sandwich Option~32g	Cold Sandwich Option~32g		
21 Wowbutter Sandwich~70g Fruit Juice~15g Vegetable Selection	22 Cheese Bites~28g w/Pizza Sauce~7g Fresh Fruit Selection Fresh Vegetable Selection	23 Pizzable~18g Fresh Fruit Selection Fresh Vegetable Selection	24 No School	25 No School
	Cold Sandwich Option~32g	Cold Sandwich Option~32g		
28 Deli Sandwich~32g Fresh Fruit Selection Fresh Vegetable Selection	29 Chicken Tenders~12g Fresh Fruit Selection Fresh Vegetable Selection	30 French Toast Sticks~43g Chicken Sausage~0g Yogurt~20g Fruit Selection Fresh Vegetable Selection		