

EES

Lunch

NOVEMBER | 2022



We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain changes. Free & Reduced meal applications are available all year at www.payschoolscentral.com. Approved applications may receive additional benefits.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31 Breaded Chicken Patty Sandwich 40
Broccoli & Cheese 7
Fresh Carrots 12
Diced Pears 16
Milk

1 **No School**
K-5th Grade Only

2 Mini Corn Dogs 33
Baked Beans 33
Fresh Carrots 12
Chocolate Chip Cookies 25
100% Juice
Milk

3 Soft Pretzel Bites 40
Cheese Sauce 5
Green Beans 4
Fresh Veggies
Applesauce 22
Milk

4 Mini Confetti Pancakes 36
Yogurt 15
Emoji Fries 18
Fresh Veggies
Strawberry Cup 22
Milk

7 Chicken Tenders 12
Cheesy Mashed Potatoes 22
Fresh Carrots 12
Sweet Roll 31
Applesauce 22
Milk

8 French Toast 45
Egg & Cheese Omelet 1
Potato Bites 19
Fresh Carrots 12
Blueberries W/Topping 12
Milk

9 Rotini Pasta W/Meat Sauce 24
Salad 2 W/Ranch Dip 2
Fresh Broccoli 5
Garlic Breadstick 24
Diced Pears 16 & Milk

10 Nachos W/Meat & Cheese 51
Refried Beans 31
Fresh Veggies
100% Juice
Milk

11 Mozzarella Cheese Sticks 33
Marinara Sauce 3
Green Beans 4
Fresh Veggies
Frozen Slushie Cup 22
Milk

14 Hotdog on a Bun 28
French Fries 20
Fresh Carrots 12
Diced Pears 16
Milk

15 Wedge Slice
Pepperoni Pizza 32
Seasoned Corn 24
Fresh Broccoli 5
Apple Slices 7
Milk

16 Walking Taco 29
Taco Meat, Doritos.
Lettuce & Cheese
Black Beans 31
100% Juice
Milk

17 Popcorn Chicken 16
Cheesy Mashed Potatoes 22
Fresh Carrots 12
Sweet Roll 31
Strawberry Cup 22
Milk

18 Cheese Pizza Rolls 41
Green Beans 4
Fresh Veggies
Applesauce 22
Milk

21 Mac & Cheese 27
Steamed Broccoli 6
Fresh Veggies
Chocolate Chip Muffin 28
Pineapple 20
Milk

22 Chicken Drumstick 6
Mashed Potatoes 21
Gravy 3
Fresh Veggies
Warm Biscuit 24
Flavored Applesauce 17
Milk

23 **No School**



25 **No School**

28 Breaded Chicken Patty Sandwich 40
Broccoli & Cheese 7
Fresh Carrots 12
Diced Pears 16
Milk

29 Pepperoni Pizza 27
Seasoned Corn 24
Fresh Veggies
Apple Slices 7
Milk

30 Corn Dog 30
Baked Beans 33
Fresh Carrots 12
Chocolate Chip Cookies 25
Diced Peaches 17
Milk

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The USDA No Charge Meal Waiver has expired. Please note that unless you have submitted a new 2022-2023 Free & Reduced Meal Application & been notified of approval, your student will be charged for their meal.

Meal Cost:

Lunch: Paid \$2.60,
Reduced \$0.40,
Free to those who qualify
Breakfast:
Paid \$1.00
Reduced & Free to those who qualify— No Charge

Charge policy: After 3 lunch charges, students will be offered a cheese sandwich, fruit, veggie, & milk until charges are paid.

Everyday 2nd main entrée Choice: grilled cheese sandwich (31) All other meal components come with the meal.

Carb Counts: White milk 13 / Chocolate milk 19 / Strawberry milk 19 / BBQ sauce 5 / Ketchup 2 / Mayo 2 / Veggie dip 2 / Banana 27 / Orange Slices 9 / Apple Slices 7 / Grapes 18 / Apple & Orange Juice 14 / Grape Juice 19