

NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS WRESTLING TEAM PHASE I & PHASE II

This club is for the beginner and experienced wrestlers looking to learn and improve on the fundamentals of wrestling. It will introduce & teach basic wrestling positions & moves from the up, down and neutral positions. Participants will learn wrestling with an emphasis on technique, positioning & sportsmanship in a fun, fast-paced atmosphere. Program instructed by Nicolet Wrestling Coaches. If you have questions about the program, please call Coach Tim at 414-690-0332 or email him at: tpanicucci@gmail.com

All wrestlers born 2016 and later will end March 9th to prepare the older wrestlers for the State qualifier.

Tuesdays & Thursdays,

Fall: Nov. 29 - Jan. 26 (skip 12/27 & 12/29)

Full Year: Nov. 29 - Jan. 26 (skip 12/27 & 12/29) & Jan. 31 - March 23

K4 - 2nd Grade: 6:00-6:45pm | 2nd-8th Grade: 7:00 - 7:45pm

Glen Hills Middle School

\$55.00R/\$65.00NR & \$100.00R/\$120.00NR

Program#: 111210-01, 02, 03, 04

REGISTER ONLINE AT:

[HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML](https://web2.vermontsystems.com/nicolet.html)

Nicolet Recreation Department | 6701 N. Jean Nicolet Rd. Glendale, WI 53217

Phone: (414) 351-7566 | Fax: (414) 351-4053

Website: <https://www.nicolet.us/activities/recreation.cfm>



**Find us on
facebook**