

SAAS OUTDOOR & TRAVEL PUGET SOUND SAILING

June 19-23, 2023

18-21 Middle School Students - Cost: \$1150

TRIP LEADERS: Harvey Hinman, Todd Rotkis

The SAAS Outdoor/Travel Program, in partnership with Sound Experience, is excited to announce a Puget Sound summer sailing trip offered to current 6th - 8th grade students.

Students will explore the waterways of the Puget Sound while staying aboard the 133' schooner vessel, the Adventuress. Over the 5 day trip, students will be active members of the crew, taking part in all aspects; from cooking to night watches. Participants will experience what it takes to keep the Adventuress in tip-top shape and the importance of working together to make it all work. In addition, students will have the opportunity to learn about what makes this area so unique - the Puget Sound.

Prerequisites: No sailing experience is required - just your sea legs and sense of adventure! There will be one in-person pre-trip meeting to answer questions and check gear.

Trip Goals: Build connection and cohesion amongst the participants on this trip. This program is designed to educate students about the wonders of Puget Sound and ways they can help protect it.

Innovative, hands-on teaching strategies, conducted under sail on the waters of Puget Sound stimulate students to learn by making science real, accessible, and exciting.

Students work cooperatively to set Adventuress' sails. Students rotate through five discovery stations that can include Marine Life, Plankton, Ocean Acidification, Nautical Skills, Navigation, Mechanical Advantage and Life Aboard Ship.



Itinerary:

The program and sailing schedule are often based on the winds, currents, and tides. We don't plan a set itinerary because we find that it limits program possibilities and does not make the best use of a sailing vessel.

Here is what a typical day might look like:

The Morning:

Days begin with a morning wake-up call at 0700. Breakfast is around 0800. Each watch will have a different morning chore assignment after breakfast. The different chores for the morning include preparing and cleaning up breakfast, cleaning below decks and topsides, and preparing the sails and deck.

The Day:

During the day, you'll spend most of your time with your watch group. Your watch leaders and other crew members will help you learn new sailing skills and share their knowledge of Puget Sound. You'll be responsible for sailing the ship for a portion of the day and cleaning up one meal per day. You will also have some free time each day for reading, naps, journaling, and other personal needs.

The Evening:

When we get to our destination for the day, we drop anchor, tidy the ship, and eat dinner. Evenings are a time for the whole group to gather in the main cabin to share an evening program. The program may consist of songs, stories, or other group activities. Each Watch is responsible for keeping an eye on the ship for a one-hour anchor watch—staying awake to make sure the ship

is safe. This is a wonderful time to enjoy the peaceful beauty of a tall ship at anchor in Puget Sound: stars, sounds of night animals, and glowing plankton in the water. All anchor watches are led by a qualified watch leader who will assist you in taking readings of the ship's positions.

Contact Information:

For any further questions please email:
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To register for the trip, complete any necessary trip surveys and find more information, please visit our SAAS trips page by following the link here:



www.seattleacademy.org/student-life/outdoortravel



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