

NOVEMBER 2022

FUN FACTS:

Cranberries are native to America and Wisconsin grows more cranberries than any other state.







Breakfast Prices **Lunch Prices**
 Paid: \$1.80 Paid: \$3.20
 Reduced: \$0.30 Reduced: \$0.40



ACE'S CORNER



Elementary School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com</p>	<p>Berry French Toast 1 Fudge Poptart w/String Cheese</p> <p>Chicken Nuggets w/Pretzel Rod Ace's Cereal Fun Pack</p> <p>Green Beans, Side Salad, Fresh Red Pepper Strips, Fresh Orange, Applesauce</p>	<p>Mini Strawberry CC Bagels 2 Yogurt w/Graham Crackers</p> <p>Cheesy Hot Dog Ace's Cereal Fun Pack</p> <p>Vegetarian Baked Beans, Fresh Broccoli, Celery Sticks, Fresh Banana, Apple Slices</p>	<p>Mini Cinnamon Rolls 3 Blueberry Muffin w/String Cheese</p> <p>Cheeseburger Ace's Cereal Fun Pack</p> <p>Steamed Carrots, Side Salad, Grape Tomato, Fresh Orange, Diced Peaches</p>	<p>Chocolate-Filled Crescent 4 Lucky Charms w/Hard Boiled Egg</p> <p>Mozzarella Sticks & Sauce Ace's Cereal Fun Pack</p> <p>Golden Sweet Corn, Cucumber Slices, Edamame, Fresh Apple, Raisins</p>
<p>Banana Chocolate Oatmeal Round 7 Trix Cereal Bar/Hard Boiled Egg</p> <p>Tyson Chicken Tenders w/Pretzel Rod MYO Flatbread Pizza Kit</p> <p>Winter Veggie Blend, Baby Carrots, Garbanzo Beans, Apple Slices, Craisins</p>	<p>NO SCHOOL 8</p> 	<p>Cinnamon Raisin Bagel 9 Yogurt/Choc. Tiger Bites</p> <p>Mini Corn Dogs MYO Flatbread Pizza Kit</p> <p>Green Beans, Fresh Broccoli, Celery Sticks, Fresh Banana, Apple Slices</p>	<p>Ham & Cheese English 10 Muffin</p> <p>Cheerios Cereal/String Cheese Chicken Patty Sandwich MYO Flatbread Pizza Kit</p> <p>Golden Sweet Corn, Side Salad, Grape Tomato, Fresh Grapes, Diced Pears</p>	<p>Blueberry Waffles 11 Banana Muffin/Hard Boiled Egg</p> <p>Pepperoni Pizza MYO Flatbread Pizza Kit</p> <p>Peas & Carrots, Red Pepper Strips, Baby Carrots, Fresh Apple, Raisins</p>
<p>Oatmeal Raisin Benefit Bar 14 Golden Grahams/Hard Boiled Egg</p> <p>Cheeseburger Blueberry Muffin Fun Pack</p> <p>Green Beans, Baby Carrots, Garbanzo Beans, Apple Slices, Craisins</p>	<p>Appel Frudel 15 Cinnamon Poptart/String Cheese</p> <p>Beef Nachos Blueberry Muffin Fun Pack</p> <p>Kickin' Pinto Beans, Side Salad, Fresh Zucchini, Fresh Orange, Applesauce</p>	<p>Cinnamon Dazzle Breakfast Roll 16 Chocolate Muffin/Bug Bites</p> <p>Grilled Cheese Sandwich Blueberry Muffin Fun Pack</p> <p>Steamed Peas, Fresh Broccoli, Celery Sticks, Fresh Banana, Apple Slices</p>	<p>Sausage Breakfast Pizza 17 Yogurt/String Cheese</p> <p>Popcorn Chicken w/ Cheez- Its Blueberry Muffin Fun Pack</p> <p>Steamed Carrots, Side Salad, Grape Tomato, Fresh Orange, Mixed Fruit</p>	<p>Powders Sugar Donut Holes 18 Team Cheerio Bar/Hard Boiled Egg</p> <p>Pizza Crunchers Blueberry Muffin Fun Pack</p> <p>Golden Sweet Corn, Red Pepper Strips, Baby Carrots, Fresh Apple, Raisins</p>
<p>NO SCHOOL 21</p> 	<p>NO SCHOOL 22</p> 	<p>NO SCHOOL 23</p> 	<p>NO SCHOOL 24</p>	<p>NO SCHOOL 25</p> 
<p>Banana Chocolate Benefit Bar 28 Trix Cereal/String Cheese</p> <p>Hot Dog Ace's Yogurt Fun Pack</p> <p>Green Beans, Baby Carrots, Cold Green Peas, Apple Slices, Craisins</p>	<p>Mini Maple Waffles 29 Cocoa Puff Bar/Hard Boiled Egg</p> <p>French Toast & Sausage Ace's Yogurt Fun Pack</p> <p>Tater Tots, Cucumber Slices, Side Salad, Fresh Orange, Applesauce</p>	<p>Chocolate Chip Oatmeal Round 30 Apple Cinnamon Muffin/Honey Belly Buns</p> <p>Max Snaxx Pizza Sticks w Sauce Ace's Yogurt Fun Pack</p> <p>Vegetarian Baked Beans, Fresh Broccoli, Celery Sticks, Fresh Banana, Apple Slices</p>	<p><i>Did you know?</i> *Our grains are whole-grain rich. *Breakfast cereals are reduced sugar. *We offer fresh fruit and veggies everyday! *100% fruit juice offered everyday with Breakfast & Lunch! *1% Milk & Fat Free Chocolate Milk Available Daily!</p>	

GIVE THANKS FOR CRANBERRIES

Cranberries do more than bring bright color and flavor to the Thanksgiving table. They contain moderate levels of vitamin C, dietary fiber, and the essential dietary mineral manganese, as well as other essential micronutrients in minor amounts. Fresh cranberries aren't very tasty eaten out of hand. They are hard, sour, and bitter. Therefore, about 95 percent of cranberries that are harvested end up processed, sweetened, and turned into cranberry juice and the sauce we enjoy on Thanksgiving. They are also sold dried and sweetened. Raw berries can be cut up and added directly to batter for cakes, muffins, and scones, and mix especially well with pumpkin. Have you ever tried pumpkin-cranberry bread? It's delicious!

ACTIVITY: THANKSGIVING CROSSWORD

Cranberries are a big part of Thanksgiving! Use the clues below to fill in the correct answers

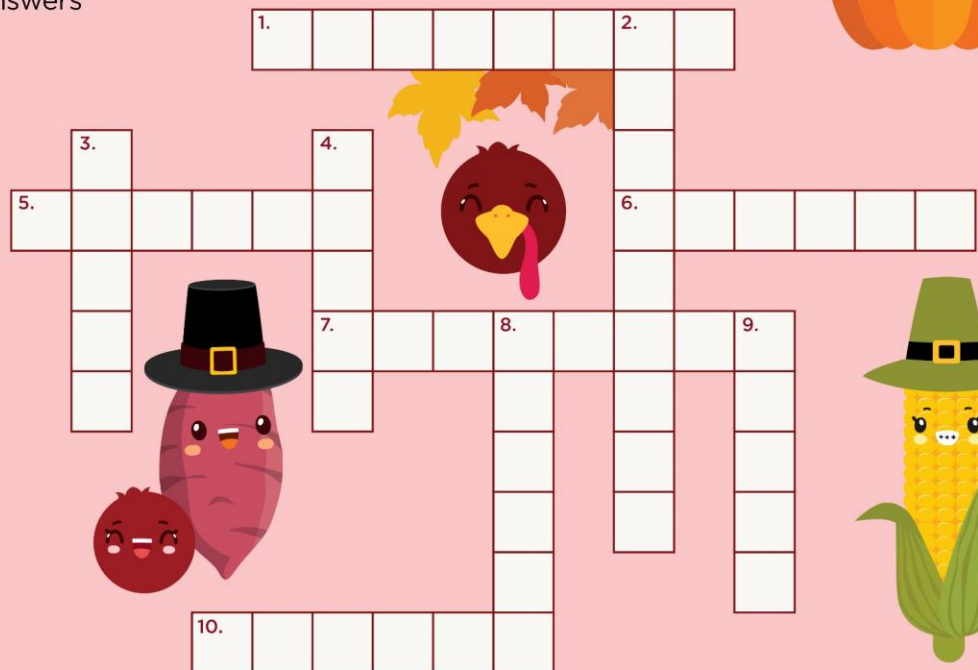
SEE ANSWERS BELOW

ACROSS

1. People who move to a new area with few or no inhabitants.
5. Reddish growth that covers the throat and neck of a turkey
6. Thanksgiving falls in this season
7. Fills up the bird and then fills up the people
10. Main course at Thanksgiving supper

DOWN

2. Another word for family members
3. Another name for corn
4. A celebration with large quantities of food
8. People we visit on Thanksgiving
9. Yummy sauce to pour over turkey



JOKE ANSWER: It saw the cranberry dressing.
 ACTIVITY ANSWER: ACROSS | 1-Settlers; 2-Relatives; 3-Maize; 4-Feast; 5-Wattle; 6-Autumn; 7-Stuffing; 8-Family; 9-Gravy; 10-Turkey; DOWN | 2-Relatives; 3-Maize; 4-Feast; 5-Wattle; 6-Family; 7-Gravy.

ACE'S JOKE OF THE MONTH



Q. WHY WAS THE TURKEY ASHAMED?

SEE ANSWER BELOW

DID YOU KNOW?

THE ORIGINAL ENERGY BAR

Cranberries are one of the few fruits native to North America. Back in the day, cranberries were used as food and medicine. Native Americans would combine cranberries, fat, and ground venison to make a survival cake known as pemmican.

BERRIES BOUNCE AND FLOAT

Small pockets of air inside the fruit enable cranberries to bounce and float.

