

Playing together  
to build  
your  
relationship



Using praise and  
rewards to  
encourage positive  
behavior



Setting clear  
limits



Effective and  
positive discipline  
techniques

# It's Incredible! And Fun!

For parents  
with  
children  
aged 2-12

Parenting is a lot of hard work! Join with us to find ways to make parenting easier and fun for both you and your child.

**The Incredible Years® Parenting Program**

**Thursdays, December 5, 2019-April 9, 2020**

**Lunch 11:30am; Class 12-2pm**

**Wesley Family Services**

**310 Central City Plaza, New Kensington 15068**



**wesley  
family  
services**

*\*Adults only, childcare stipend available upon request*

Enjoy a meal, earn incentives and have fun while you learn!

**To schedule your enrollment session, contact:**

Shana Orlic

ParentWISE Program of Wesley Family Services

Ph: 724-217-8303, or via email at [shana.orlic@wfspa.org](mailto:shana.orlic@wfspa.org)

*\*Classes, incentives, and meal provided through a grant from the Children's Trust Fund*



**Pennsylvania  
Children's Trust Fund**